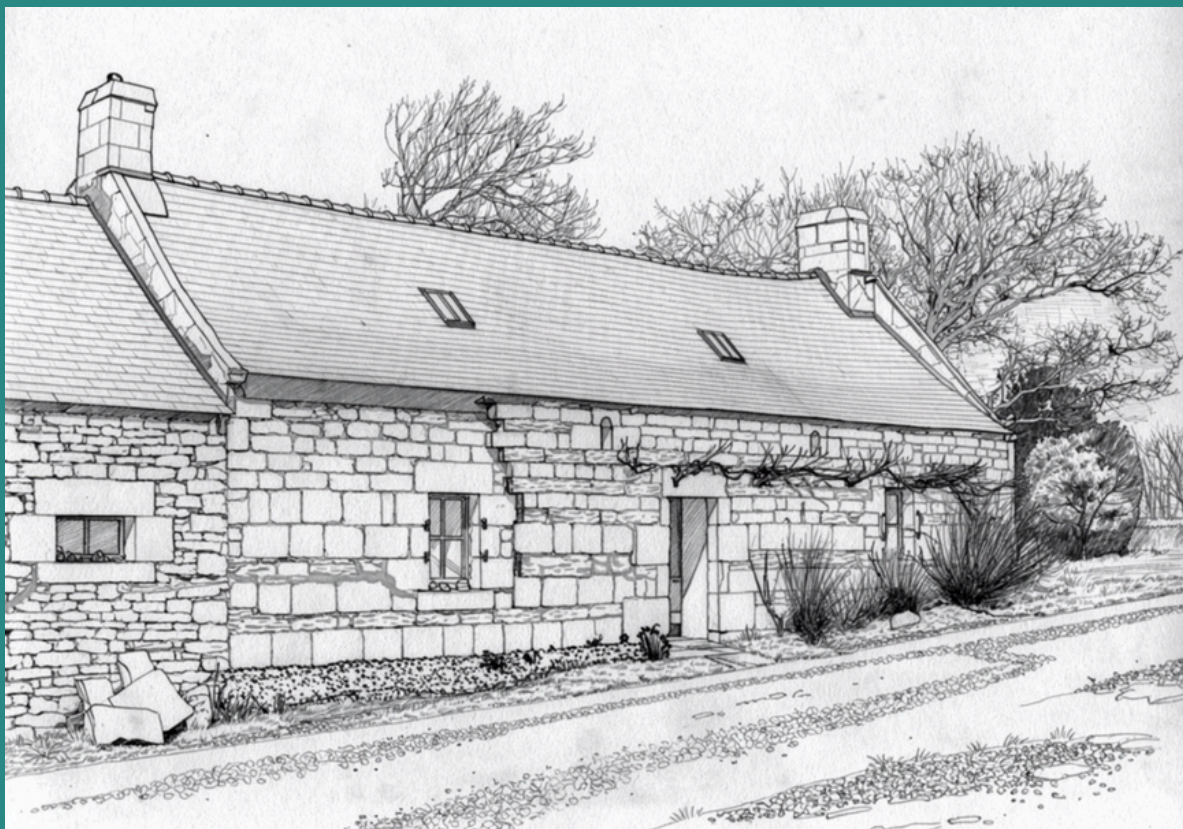


# COME IMAGINE & BUILD ... THE HOUSE OF THE FUTURE

USING PERMACULTURE PRINCIPLES AND LOW-TECH TOOLS

*DU 09 AU 23 AOÛT 2026*



## Association L'île au Vent

*Founded in 2021, the association aims to promote permaculture and agroecology through community education. Located in the heart of a farm overlooking the ocean, it offers hands-on workshops on vegetable gardens, forest gardens, and food, organises cultural events, and welcomes groups and families. Located in a coastal region, it is affiliated with the Iroise Marine Nature Park and is a partner of the AESTO association. Since 2024, the association has been a partner of Solidarités Jeunes.*

## Once upon a time...

This is the story of a small farm in Brittany, in Finistère (Finis Terrae, meaning “the end of the earth”), and of an organisation called L'Île au Vent; a place that has served as an intergenerational community for several years and is run using permaculture principles.

A welcoming farm for young people participating in international work camps.

A farm connected to the ocean, maintaining strong links between land and sea in partnership with the organisations AESTO and YSTOPIA.

A lively farm with folk dances and artistic and cultural gatherings.

A farm for food lovers, with its vegetable gardens and permaculture forest garden.

A farm that uses sustainable energy (low-tech solutions).

A farm that preserves life (through waste reduction, composting, dry toilets, etc.)

In short, a farm where guests believe in cooperation, mutual support, and living together in harmony.

## Let's write this story together...

We believe in the philosophy of community-based education, and to that end, we would like to work together to develop a renovation project for one of the farmhouses, which will be used by young people.

This house represents the home of the future, renovated entirely using natural materials and low-tech tools to ensure ergonomics and functionality.

The key themes are the protection of living ecosystems, respect for biodiversity, and the impact of human activity on the Earth's natural resources.

### The challenge:

How can we actually reduce our impact? ...

What if we brainstormed some solutions together?

*L'Île au Vent is a place for living, learning, and experiencing. Inspired by the principles of permaculture and agroecology, the organisation has been developing a nurturing ecosystem rich in biodiversity since 2018.*



*We invite you to come and immerse yourself in this ecosystem and help shape the Youth Centre project.*

## OBJECTIVES

***Get involved!***

***You'll be among the first participants in the youth centre that will be developed over the coming years.***

### ***The Youth House... Why?***

***This traditional dwelling, designed and renovated by young people themselves using eco-construction techniques and low-tech tools, will eventually serve as a long-term home where young people can create their own living space.***

***This place, where every use and function will become a transformative experience, will raise awareness and demonstrate that it is possible to live comfortably while living simply.***

### ***Why take part in this project?***

- Explore ergonomics and usability through Low-tech approaches***
- Reflect on the needs of tomorrow in a changing world***
- Identify materials and construction methods***
- Design and develop practical plans***

## LOCATION AND CONDITIONS



*L'île au Vent is located 15 minutes from Douarnenez, 20 minutes from Quimper (train station), 45 minutes from Brest, and 5 minutes from the ocean.*

### *Accommodations and meals:*

*You will stay in Ploéven in individual tents. Bathroom facilities will be available, including two showers and two dry toilets.*

*Meals are provided and included in the trip budget. We will take turns preparing meals. We will prioritise local and/or organic ingredients. We will limit our meat consumption to twice a week. We look forward to sharing our recipes and culinary creativity.*

***Dates: August 9–23, 2026 (including travel days)***

***20 participants from 4 different countries (EU member states) (Estonia, Italy, France, Spain)***

***4 participants (ages 18–30) and 1 group leader(18+)***

***Location: Ploéven, Finistère, France***

***Travel expenses of all participants will be reimbursed in accordance with the Erasmus+ 2026 Program Guide.***

***MORE INFORMATION about our organisation:***

***[https://www.instagram.com/stories/lile\\_au\\_vent/  
lileauvent.org](https://www.instagram.com/stories/lile_au_vent/lileauvent.org)  
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## PROGRAM

### *Under construction...*

#### **Mornings (Monday to Friday):**

- **Work together to design and plan a youth centre, renovated using eco-friendly construction methods and equipped with low-tech tools.**
- **Opportunities to explore permaculture and low-tech solutions.**
- **Experimental workshop on raising fly larvae to recycle organic waste from dry toilets.**
- **Participate in hands-on learning by making earthen plaster.**
- **Design the plans for the youth house...**
- **Garden, harvest, and cook local, organic, and mostly meat-free meals.**

#### **Afternoons (Monday to Friday):**

- **Various workshops on sustainable development and citizenship: Participate in philosophical discussions on these topics: our basic needs and global sustainability**
- **Visit our socially conscious partner producers**
- **Support our mental health and well-being in a world that can sometimes be anxiety-inducing by TAKING ACTION and finding solutions together, which will boost our creativity and self-esteem.**
- **Everyone knows something, everyone has something to learn: offer tangible learning opportunities to the community and take an interest in others' learning proposals (Knowledge Market): what skills or life lessons can you offer the community, and what would you like to learn?**
- **Possibility of organise boat trips?**
- **AND OF COURSE, ALL YOUR suggestions are welcome!**
- **Every day, two or three of you will prepare meals (recipes decided together),**
- **which will also allow you to become active participants in community life.**

## **CELEBRATIONS AND OPENING UP TO OTHERS:**

- *We invite you to join us at the Douarnenez Film Festival: this year's featured country is Morocco.*
- *An international dinner with local residents, partners, members of the Local Exchange Trading System (LETS), and friends of the Île au Vent association.*
- *A performance by a local choir.*
- *And, of course, the joys of the beach and the seaside.*

## **ACCOMMODATION AND DINING / LIVING TOGETHER:**

- *A kitchen under the shed with a sea view; the vegetable garden and greenhouses are nearby.*
- *A campsite with individual tents overlooking the sea (showers and dry toilets).*
- *Everyone will be able to take responsibility for daily tasks (cooking, emptying the toilets, tidying up, and cleaning) thanks to a chore schedule.*