

A-ROUND TABLES

PEACE EDUCATION AND INTERCULTURAL LEARNING
THROUGH NON FORMAL EDUCATION AND FOOD

THE PROJECT

DATES

26 August: Arrival day

27 August – 03 September 2026: Youth Exchange (8 days of activities)

04 September: Departure day

AIM

To promote peace-education and conflict management among young people through non-formal education, food and culinary practices.

TOPICS:

- **Peace Education**
- **Conflict Management**
- **Intercultural Learning**

METHODOLOGY:

The youth exchange will be based on **non-formal education - NFE methodologies**, promoting: **learning by doing**, participation and **learner-oriented strategies**. The educational approach proposed sees every activity based on specific learning objectives to ensure participation, dynamism, active involvement and the development of skills and competences of individuals and groups. A variety of tools and practices will be experimented to meet the different learning styles and needs and to actively involve learners with different expertise and profiles.

Moreover, as a follow up of the above mentioned projects, the youth exchange will propose some activities including “cooking together, sharing food and practices around the food preparation and meals time” to explore the topics of peace education, conflict management and intercultural learning.

OBJECTIVES

- to promote exchange, understanding and intercultural learning among young people
- to raise awareness on peace-education and conflict management through non-formal education and interactive workshops about food



GENERAL BACKGROUND

The youth exchange has to be considered the follow-up, and therefore a second step in the work undertaken through two projects implemented by Lunaria in 2026:

ECHOES - Youth Work Tools for Conflict Management and Peace Education: training course, aimed to promote peace-building and conflict management among young people through **non-formal education** and **theatre-based techniques**, involving participants from the European and SWANA regions. Training based on the combination of non-formal education - NFE methodologies and theatre-based techniques.

MELTING PoTs - Educational Approaches and Sustainable Tools for Youth Projects: European workshop, aimed to develop non-formal education approaches, practices and tools, through food and alimentation, to further develop awareness on sustainability in the mobility projects targeted to young people and youth workers. Workshop implementing using non-formal education - **NFE methodologies** and **interactive workshops about food**.

Therefore, the current youth exchange, aims to move forward, further developing the work on conflict management and peace education within the EU and SWANA areas and to further incorporate the action on sustainability by exploring the integration between **food** and **non-formal education**. In fact, food and alimentation are integral part of the pedagogical approach applied: proposing the self-management of the hosting structures, enrolling cooks' expertise in collective cooking and different dietary needs, but also with some knowledge about non-formal education. This, in order to propose a coherent and complete learning experience for participants.

PREPARATORY VISIT – APV

The youth exchange foresees the implementation of an online Preparatory Visit, two days long, targeted to group leaders and facilitators. The APV is normally implemented, approximately one month before the beginning of the youth exchange and aims to gather the future group leaders in order to prepare the upcoming Youth Exchange – YE. The APV is targeted to the future group leaders of the youth exchange, **(preferences will be given to those who have already participated in ECHOES training course - April 2026 and Melting PoTs workshop – February 2026, in order to ensure continuity and coherence in the educational approach).**

COUNTRIES INVOLVED IN THE ACTIVITY

4 countries from SWANA (Southwest Asian and North African) and European Union

TARGET GROUP

young people (aged between 18 - 25) interested in the topic and 1 group leader per country (18+).

HOSTING PLACE

VENUE

CASA LABORATORIO IL CERQUOSINO, Località San Faustino 22, 05018, Orvieto (TR), Italy.

ACCOMMODATION

Casa Laboratorio Il Cerquosino is located in a marvelous place in the countryside surrounded by nature, a bit isolated at 30 minutes from the city of Orvieto. The accommodation is equipped with: dormitory with bunk beds, a multi-purposed room and an outdoor space for workshops, shared toilets and showers, a professional kitchen and a dining room for free time and meals. It will be prepared and served by our kitchen staff.

Il Cerquosino is managed by following **sustainable practices** (such as community life, garbage recycling, responsible water use, responsible electricity use, etc.) and participants will be invited to follow them. **Participants will be involved in the daily maintenance tasks:** cleaning of the common spaces and support in the kitchen management (cleaning dishes, setting the tables, etc.).

Due to the sometimes unpredictable water shortage in Italy, some water cuts may occur in the hosting facilities. In case of water cut, the use of the water in the hosting structure (for showers, toilets) could be rearranged. For the whole duration of the project, drinkable water will always be guaranteed.

We kindly remind everybody to inform us on scambi@lunaria.org about any specific needs concerning food or allergies.

FOOD AND LODGEMENT COSTS FOR ALL THE ACTIONS

Covered by the coordinating organization at 100%.

 **THE AGENDA WILL NOT INCLUDE A VISIT OF THE SURROUNDING NEIGHBOURING CITIES.**

 **NO WIFI IN THE VENUE**

FINANCIAL CONDITION

The refund of the travel costs is only possible if participants travel from and return to the country of their sending organisation.

In order to be as sustainable as possible, Lunaria invites participants to choose the **greenest travel option** possible (e.g. carpooling, train, bus). Please, check the budget available in the table below.

Participants' travel costs will be refunded only upon the **presentation of all the original travel documents (paper and online)**.

Normally the refund process can take, approximately, **4-6 months**.

The travel costs are refunded according to the Travel Distance Calculator of the EACEA (table below):

TRAVEL DISTANCE

- 100 – 499 km
- 500 – 1999 km
- 2000 – 2999 km

STANDARD TRAVEL

211,00 €
309,00 €
395,00 €

GREEN TRAVEL

285,00 €
417,00 €
535,00 €

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

IMPORTANT NOTE: Only participants who choose the **Green Travel** option have 4 days of flexibility to travel to the venue. They can manage in the most suitable way for them (e.g. 2 extra days before the official arrival + 2 extra days after the official departure day; 1 extra day before the arrival, 3 extra days after the departure day).

 **FOR ANY SPECIFIC SITUATION FROM WHAT MENTIONED ABOVE, PLEASE CONTACT LUNARIA AT SCAMBI@LUNARIA.ORG**

INSURANCE

Lunaria provides insurance during the project period for civil liability (only for possible accidents in project activities or those caused by participants).

Participants are strongly recommended to bring their **own Health Insurance Card** if they have one and to take travel insurance.

However, participants are not insured for personal belongings, and neither the host nor Lunaria can be held responsible for these during the project.



HOW TO PARTICIPATE

Please, fill the **Application Form** here:

<https://forms.gle/gThq3VvVFapehumt8>

IMPORTANT NOTE BEFORE SENDING THE APPLICATION: Lunaria kindly reminds everybody to inform us about any specific needs concerning food and allergies or any health remarks (e.g. physical or intellectual specific needs).

