



# OASIS

**Peace-building and Conflict Management  
through Non Formal Education**

## INFOSHEET

### DATES

05th December: Arrival  
06th- 13th December 2024  
14th December: Departure

### VENUE

CASA LABORATORIO IL  
CERQUOSINO, Località San Faustino  
22, 05018, Orvieto (TR), Italy

### CONTACTS

**Email:** [scambi@lunaria.org](mailto:scambi@lunaria.org)

**Lunaria office:** +39 06 84242487

### Lunaria mobile phone:

Communicated via e-mail and be active only from the evening before the arrival day to the end of the Youth Exchange.

### ACCOMMODATION

Casa Laboratorio Il Cerquosino is located in a marvellous place in the countryside surrounded by nature, a bit isolated at 30 minutes from the city of Orvieto. It is composed by: dormitory with bunk beds, a multi-purposed room and an outdoor space for workshops, shared toilets and showers, a professional kitchen and a dining room for free time and meals. It will be prepared and served by our kitchen staff. We kindly remind everybody to inform us on [scambi@lunaria.org](mailto:scambi@lunaria.org) about any specific needs concerning food or allergies. Il Cerquosino is managed by following sustainable practices (such as community life, garbage recycling, responsible water use, responsible electricity use, etc.) and participants will be invited to follow these ones. Participants will be involved in the daily maintenance tasks: cleaning of the common spaces and support in the kitchen management (cleaning dishes, setting the tables, etc.). Due to the sometimes unpredictable water shortage in Italy, some water cuts may occur in the hosting facilities. In case of water cut, the use of the water in the hosting structure (for showers, toilets) could be rearranged. For the whole duration of the project, drinkable water will always be guaranteed.

 **NO WIFI IN THE VENUE**



# THE PROJECT

## AIM

To develop skills and competences to strengthen **peace-building** and **conflict management** actions at local, national and European level, through non formal education and **theatre techniques**.

The program includes **two main intensive workshop sessions**, one in the morning and one in the afternoon.

The agenda will not include a visit to the city of the surrounding neighbouring cities.

## OBJECTIVES

- to promote exchange, understanding and intercultural learning;
- to raise awareness on peace-building and conflict management, to afterwards promote participation and active citizenship

## WHAT TO BRING WITH YOU...

- Original paper tickets: bus, train, and boarding pass, etc.  
(All tickets should be uploaded in the shared drive that Lunaria will share with you).
  - **Sleeping bag**
  - Towels, shampoo, toothbrush and toothpaste
  - Slippers/Flip-flop for shower and indoor spaces
  - Comfortable clothes for workshops
  - Raincoat
  - Trekking shoes or outdoor shoes
  - Water bottle
  - Anything participants might need away from home (medicines, cigarettes etc.
- There will not be time to go to shopping)**
- Typical music, games, food and anything that participants would like to share with the group
  - Cash in case of need (using cash is still common in Italy)

## ...AND

- **Your curiosity** to learn from different situations you might experience in the project
- Your **open mindedness** about the different realities and cultures you might encounter
- **Yourself!** Try to be yourself despite the differences you may have with the others
- Your active **participation**
- A **collaborative attitude** with your fellow adventurers

# TRAVEL TICKETS AND REFUND



**BEFORE PURCHASING TRAVEL TICKETS,  
READ CAREFULLY THE FOLLOWING INFORMATION.**

## TRAVEL ITINERARY AND DATES

The refund of the travel costs is only possible if participants travel from and return to the country of their sending organisation.

Participants are expected to arrive on the official arrival day and leave on the official departure day of the project: **late arrival and early departure are not allowed.**

On the other hand, **regarding the possibility of arriving a few days early or leaving a few days late**, it is possible if necessary, but the total number of extra travel days should not exceed 3 days.

## FOR THE ARRIVAL DAY

**Meeting point in Orvieto Train station:** 5th of December, between 5:00 – 7:00 PM CET (Central European Time).

We will communicate the precise schedule for pick-up service which you will be asked to respect.

**NOTE: Don't take flights landing in the evening because there are not many public transports to arrive at Orvieto. Pick up services cannot be guaranteed.**

## FOR THE DEPARTURE DAY

Drop off is planned:

**14th December between 7:00 - 8:30 AM** CET (Central European Time).

**NOTE: Please find flights leaving from Italy in the afternoon/evening. Orvieto is on average 1.5 hours by train from Rome, so check all your travel connections (train + plane).**



# FINANCIAL CONDITION

In order to be as sustainable as possible, Lunaria invites participants to choose the **greenest travel option** possible (e.g. carpooling, train, bus). Please, check the budget available in the table below.

Participants' travel costs will be refunded only upon the **presentation of all the original travel documents (paper and online)**.

At the end of the activity, after the reception and check of all the original tickets, the bank transfer will be done to the **sending organization bank account** which will then forward it to the participants.

Normally the refund process can take, approximately, **4-6 months**.

The travel costs are refunded according to the Travel Distance Calculator of the EACEA (table below).

TRAVEL DISTANCE	STANDARD TRAVEL	GREEN TRAVEL
• 100 - 499 km	180,00 €	210,00 €
• 500 - 1999 km	275,00 €	320,00 €
• 2000 - 2999 km	360,00 €	410,00 €

## NOT REFUNDABLE

- Travel costs not respecting the guidelines above mentioned
- **No proof of payment** presented (no tickets or boarding pass or any invoice)
- **Taxis or Uber** (except in case there are no other public transports available late at night/early in the morning)
- All the costs incurred **out of the official project dates**

## TRAVEL TICKETS AND INVOICES

Participants are asked to keep **all the original tickets and invoices** needed for the refund.

**By 10 days after the project:** participants will be asked to fill and sign the **Reimbursement Request Form** (Lunaria will provide the official template) and all the return tickets in a scanned version (bus/ train /metro /plane /boarding pass).

Lunaria suggests participants to send the way back travel documents in originals (paper version) **to their sending organization.**

**FOR ANY SPECIFIC SITUATION FROM WHAT MENTIONED ABOVE, PLEASE CONTACT LUNARIA OR YOUR SENDING ORGANISATION BEFORE PURCHASING YOUR TICKETS.**

## FOOD AND LODGEMENT COSTS for all the actions

Covered by the coordinating organization at 100%.

# HOW TO GET THERE

## **FROM ROME FIUMICINO AIRPORT TO ROME TERMINI RAILWAY STATION:**

(<http://www.adr.it/web/aeroporti-di-roma-en-/pax-fcofiomicino>)

TRAIN LEONARDO EXPRESS (PLATFORM INSIDE THE AIRPORT) DIRECTION ROMA TERMINI TRAIN STATION

(every 30 min - duration: 30 min - price: 14€) For more information: <http://www.trenitalia.com/tcom-en>

TRAIN REGIONALE DIRECTION ROMA TERMINI TRAIN STATION

(Every 10 min - Duration :1h30 - Price: 8€) For more information: <http://www.trenitalia.com/tcom-en>

BUS COTRAL DIRECTION ROMA TERMINI TRAIN STATION

(duration: 1 hour -price: 5€) For more information: <http://www.cotralspa.it/>

BUS SIT SHUTTLE DIRECTION ROMA TERMINI TRAIN STATION

(every 30 min - duration: 1 hour - price: 7€) For more information: [www.sitbusshuttle.it](http://www.sitbusshuttle.it)

BUS TERRAVISION DIRECTION ROMA TERMINI TRAIN STATION

(every 30 min duration: 1 hour - price: 6€). For more information: [www.terravision.eu](http://www.terravision.eu)

## **FROM ROME CIAMPINO AIRPORT TO ROME TERMINI RAILWAY STATION:**

(<http://www.adr.it/web/aeroporti-di-roma-en-/pax-cia-ciampino>)

BUS TERRAVISION SHUTTLE DIRECTION ROMA TERMINI TRAIN STATION

(duration: 45 min - price: 6,00€). For more information: [www.terravision.eu](http://www.terravision.eu)

BUS ATRAL SHUTTLE DIRECTION ANAGNINA METRO STATION

(price: 1,20€ - Take line A direction Battistini, get down to Rome Termini) For more information: <http://www.atral-lazio.com/en/ciampino/anagnina>



## FROM ROME TERMINI RAILWAY STATION TO ORVIETO RAILWAY STATION: TRAIN DIRECTION ORVIETO

(each hour – duration: 1h30 – price: 8€ to 17€)

For more information: <http://www.trenitalia.com/tcom-en>

## INSURANCE

Lunaria provides insurance during the project period for civil liability (only for possible accident in project activities or those caused by participants).

Participants are strongly recommended to bring their own Health Insurance Card if they have one and to take a travel insurance.

However, participants are not insured for personal belongings, and neither the host nor Lunaria can be held responsible for these during the project.

# WELCOME

# &

# ≡ *Let's* ≡ START

