



OASIS

**Peace-building and Conflict Management
through Non Formal Education**

INFOSHEET

DATES

19th November: Arrival

20th – 27th November

28th November: Departure

VENUE

La Buona Terra,

Località Campagna 26,

Passignano sul Trasimeno (PG), Italy

CONTACTS

Email: scambi@lunaria.org

Lunaria office: +39 06 84242487

Lunaria mobile phone:

Communicated via e-mail and be active only from the evening before the arrival day to the end of the Youth Exchange.

ACCOMMODATION

LA BUONA TERRA is located in a marvellous farm in the countryside, surrounded by nature.

It is composed by: dormitory with bunk beds, a multi-purposed room and an outdoor space for workshops, shared toilets and showers, a professional kitchen, and a dining room for free time and meals. It will be prepared and served by Lunaria's kitchen staff.

Lunaria kindly remind everybody to inform us on scambi@lunaria.org about any specific needs concerning food or allergies.

The venue is managed by following sustainable practices (such as garbage recycling, responsible water and electricity use, etc.) and **participants will be invited to follow these ones.**

Participants will be involved in the **daily maintenance tasks**: cleaning of the common spaces and support in the kitchen management (cleaning dishes, set the tables, etc.).

 **NO WIFI IN THE VENUE**



Erasmus+



THE PROJECT

AIM

To develop skills and competences to strengthen **peace-building** and **conflict management** actions at local, national and European level, through non formal education and **theatre techniques**.

The program includes **two main intensive workshop sessions**, one in the morning and one in the afternoon.

The agenda will not include a visit to the city of the surrounding neighbouring cities.

OBJECTIVES

- to promote exchange, understanding and intercultural learning;
- to raise awareness on peace-building and conflict management, to afterwards promote participation and active citizenship

WHAT TO BRING WITH YOU...

- Original paper tickets: bus, train, and boarding pass, etc.
(All tickets should be uploaded in the shared drive that Lunaria will share with you)
- **Sleeping bag** (*It is possible to rent a blanket directly in the venue instead. The cost is 5€ for the duration of the youth exchange, to be paid only by cash*)
- Towels, shampoo, toothbrush and toothpaste
- Slippers/Flip-flop for shower and indoor spaces
- Comfortable clothes for workshops
- Raincoat
- Trekking shoes or outdoor shoes
- Water bottle
- Anything participants might need away from home (medicines, cigarettes etc. **There will not be time to go to shopping**)
- Typical music, games, food and anything that participants would like to share with the group
- Cash in case of need (using cash is still common in Italy)

...AND

- **Your curiosity** to learn from different situations you might experience in the project
- Your **open mindedness** about the different realities and cultures you might encounter
- **Yourself!** Try to be yourself despite the differences you may have with the others
- Your active **participation**
- A **collaborative attitude** with your fellow adventurers

TRAVEL TICKETS AND REFUND



**BEFORE PURCHASING TRAVEL TICKETS,
READ CAREFULLY THE FOLLOWING INFORMATION.**

TRAVEL ITINERARY AND DATES

The refund of the travel costs is only possible if participants travel from and return to the country of their sending organisation.

Participants are expected to arrive on the official arrival day and leave on the official departure day of the project: **late arrival and early departure are not allowed.**

On the other hand, **regarding the possibility of arriving a few days early or leaving a few days late**, it is possible if necessary, but the total number of extra travel days should not exceed 3 days.

FOR THE ARRIVAL DAY

**MEETING POINT IN PASSIGNANO SUL TRASIMENO TRAIN STATION:
19th November between 4:00 – 7:00 PM CET (Central European Time)**

Lunaria will communicate the precise schedule for pick-up service which participants will be asked to respect.

NOTE: Don't take flights landing in the evening because there are not many public transports to arrive at PASSIGNANO SUL TRASIMENO. **Pick up services cannot be guaranteed.**

FOR THE DEPARTURE DAY

Drop off is planned:

28th November between 7:00 - 8:30 AM CET (Central European Time).

NOTE: Please find flights leaving from Italy in the afternoon/evening. PASSIGNANO SUL TRASIMENO is on average 1.5 hours by train from Rome, so check all travel connections (train + plane).



FINANCIAL CONDITION

In order to be as sustainable as possible, Lunaria invites participants to choose the **greenest travel option** possible (e.g. carpooling, train, bus). Please, check the budget available in the table below.

Participants' travel costs will be refunded only upon the **presentation of all the original travel documents (paper and online)**.

At the end of the activity, after the reception and check of all the original tickets, the bank transfer will be done to the **sending organization bank account** which will then forward it to the participants.

Normally the refund process can take, approximately, **4-6 months**.

The travel costs are refunded according to the Travel Distance Calculator of the EACEA (table below).

TRAVEL DISTANCE	STANDARD TRAVEL	GREEN TRAVEL
• 100 - 499 km	180,00 €	210,00 €
• 500 - 1999 km	275,00 €	320,00 €
• 2000 - 2999 km	360,00 €	410,00 €

NOT REFUNDABLE

- Travel costs not respecting the guidelines above mentioned
- **No proof of payment** presented (no tickets or boarding pass or any invoice)
- **Taxis or Uber** (except in case there are no other public transports available late at night/early in the morning)
- All the costs incurred **out of the official project dates**

TRAVEL TICKETS AND INVOICES

Participants are asked to keep **all the original tickets and invoices** needed for the refund.

By 10 days after the project: participants will be asked to fill and sign the **Reimbursement Request Form** (Lunaria will provide the official template) and all the return tickets in a scanned version (bus/ train /metro /plane /boarding pass).

Lunaria suggests participants to send the way back travel documents in originals (paper version) **to their sending organization.**

FOR ANY SPECIFIC SITUATION FROM WHAT MENTIONED ABOVE, PLEASE CONTACT LUNARIA OR YOUR SENDING ORGANISATION BEFORE PURCHASING YOUR TICKETS.

FOOD AND LODGEMENT COSTS for all the actions

Covered by the coordinating organization at 100%.

HOW TO GET THERE

FROM ROME FIUMICINO AIRPORT TO ROMA TERMINI

(<https://www.adr.it/web/aeroporti-di-roma-en/>)

TRAIN LEONARDO EXPRESS (PLATFORM INSIDE THE AIRPORT) TO ROMA TERMINI TRAIN STATION:

(every 30 min – duration: 30 min – price: 14€)

- Participants can take the train LEONARDO EXPRESS from the platform inside the airport, direction: Roma Termini train station. There is a train each approximately 40 minutes, the duration of journey is around half an hour and the price is 14,00€.
- For more information about Trenitalia: <http://www.trenitalia.com/tcom-en>

REGIONAL TRAIN DIRECTION ORTE TO ROMA TERMINI TRAIN STATION

(Every 15 min – Duration :1h30 – Price: 8€)

BUS COTRAL TO ROMA TERMINI TRAIN STATION:

(duration: 1 hour – price: 5€)

- Participants can take the bus COTRAL, direction: Roma Termini train station. There are different buses during the day, the duration of journey is around one hour and the price is 5,00€. Don't purchase the ticket inside the bus, but in the ticket office, otherwise the price will be 7,00€.
- For more information: <http://www.cotralspa.it/>

BUS SIT SHUTTLE TO ROMA TERMINI TRAIN STATION

(every 30 min - duration: 1 hour – price: 7€)

- Participants can take the bus SIT BUS SHUTTLE, direction: Roma Termini train station. There are different buses during the day around one each hour, the duration of journey is around one hour and the price is 6,50€.
- For more information: www.sitbusshuttle.it

BUS TERRAVISION TO ROMA TERMINI TRAIN STATION

(every 30 min duration: 1 hour – price: 6€).

- Participants can take the bus TERRAVISION, direction: Roma Termini train station. There are different buses during the day around one each hour, the duration of journey is around one hour and the price is 7,00€.
- For more information: www.terravision.eu



HOW TO GET THERE

FROM ROME CIAMPINO AIRPORT

(<https://www.adr.it/web/aeroporti-di-roma-en/pax-cia-ciampino>)

FROM CIAMPINO AIRPORT TO ROMA TERMINI TRAIN STATION:

Only buses to Roma Termini: departure in front of the arrivals exit.

Price: 6€ - Every 30/60 min - Duration: 30min/1h

Bus companies from Ciampino to Roma Termini:

- Participants can take the shuttle bus TERRAVISION SHUTTLE, direction: Roma Termini train station. There are different buses during the day, the duration of journey is around 45minutes and the price is 6,00€.

For more information about TERRAVISION: www.terravision.eu

- Participants can get a shuttle bus ATRAL, direction: ANAGNINA METRO STATION. From there please take the metro line A direction Battistini and get down to Rome Termini Railway Station. . There are different buses during the day and the cost is 1,20€.

For more information about ATRAL: www.atral-lazio.com

Buses leave from the airport when they are full. Terravision is the cheapest company (4€ one way, tickets can be bought on the bus). The travel time is 60 minutes.

FROM ROMA TERMINI TRAIN STATION TO PASSIGNANO SUL TRASIMENO

TRAIN DIRECTION PASSIGNANO SUL TRASIMENO

(each 30 min - duration: 3h00 - price: 15€ to 25€)

- FROM ROME In Roma Termini train station take a regional train towards Firenze Santa Maria Novella and change in Terontola-Cortona and take a train towards Foligno. Get off in Passignano sul Trasimeno.
- For more information : <https://www.trenitalia.com/it.html>





HOW TO GET THERE

FROM PERUGIA AIRPORT

- If participants arrive to Perugia airport, they can take the Umbria Mobilità bus to Perugia Fontivegge train station. One-way ticket is 2,50 € if bought at the airport bar, 3,50 € if bought on board. **From Perugia train station** take regional train towards Passignano sul Trasimeno. Price: 3,60 €.

FROM FLORENCE AIRPORT

- Take Busitalia Volainbus to BUSITALIA Bus Station nearby the Florence SMN Railway Station. The travel time is 20 minutes and ticket cost: 6,50€.
- There is also an option to take tramway from Florence airport to city centre (Piazza dell'Unità Italiana) The ticket cost: 1,50€.

FROM FIRENZE SANTA MARIA NOVELLA

- Take regional train towards Foligno and get off in Passignano sul Trasimeno. The ticket costs: 12,40€ one-way. From Ancona airport Reach Castelferretti train station, then take a train to Ancona, then to Passignano sul Trasimeno (participants might have to change train in Foligno).

FROM BOLOGNA AIRPORT

- Take Aerobus bus to central station (Bologna centrale). There is a bus every 11 minutes. One-way ticket is 6 €, and tickets can be bought online or directly on the bus. The travel time is 25 minutes. From Bologna Centrale take train to Passignano sul Trasimeno; there are no direct trains, participants will have to change once or twice according to the time of the day. For all train timetables check <http://www.trenitalia.com/tcom-en>

FROM PISA AIRPORT

- Take the direct shuttle bus from Pisa airport to Firenze Santa Maria Novella. During the day, the bus runs to Guidoni tram stop (from Guidoni participants can reach the center of Florence with tram line T2) in the evening and at night the bus terminates at central station Firenze SMN. At the airport, bus tickets may be purchased at the Information Desk (Arrivals Area). One-way ticket is 14 € and return 28€. The Bus Area (P6) is located just outside the Passenger Terminal Arrivals Area. The travel time is 60 minutes. *Note about train tickets in Italy. Tickets can be bought from the ticket office, online or ticket vending machine of Trenitalia. All tickets (not digital) must be validated in the machine prior to getting on the train! If not a penalty of 100 € can be required.



INSURANCE

Lunaria provides insurance during the project period for civil liability (only for possible accident in project activities or those caused by participants).

Participants are strongly recommended to bring their own Health Insurance Card if they have one and to take a travel insurance.

However, participants are not insured for personal belongings, and neither the host nor Lunaria can be held responsible for these during the project.

WELCOME
& *Let's*
START

