

# VOLUNTEERING IN SVITENE YOUTH CENTER

## What does it mean?

### VOLUNTEER INITIATIVES

Volunteers can come up with different activities themselves for example culture nights, language clubs, sport clubs, workshops, hikes, movie nights, IG challenges, info events ect.

Main target group - young people in Svitene village and surroundings.

### ORGANIZING ACTIVITIES FOR YOUTH



### SCHOOL VISITS

Presenting ESC and Erasmus+ opportunities for students. Helping to write and organize projects for young people.

### PRACTICAL HELP

Welcome young people in our youth center when they use our space and resources. Making our youth center more and more beautiful and practical.

### SOCIAL MEDIA

Making publications on social media about activities before, during and after. Video, posters, posts, reels ect.







**EUROPEAN  
SOLIDARITY  
CORPS**



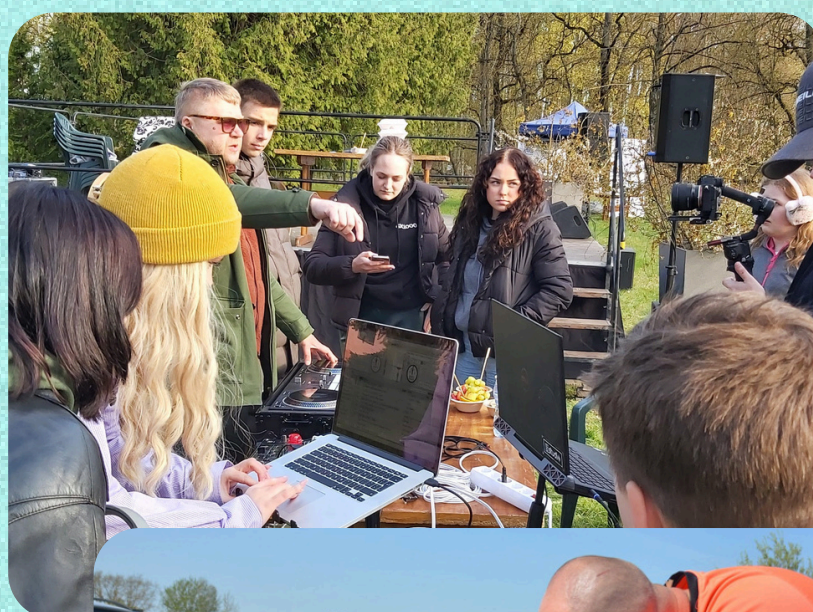
Jaunatnes starptautisko  
programmu aģentūra



# VOLUNTEERING PROJECT

## WHO ARE WE & WHAT'S THE PROJECT ABOUT?

Are you interested in diving deeper into youth work within the youth NGO? Do you have a passion for helping young people grow, encouraging their involvement in decision-making, and supporting youth organizations while promoting European programs' values and opportunities?



**This project offers a volunteering opportunity at the Svītene village Youth Center, where you can also implement your own initiatives.**

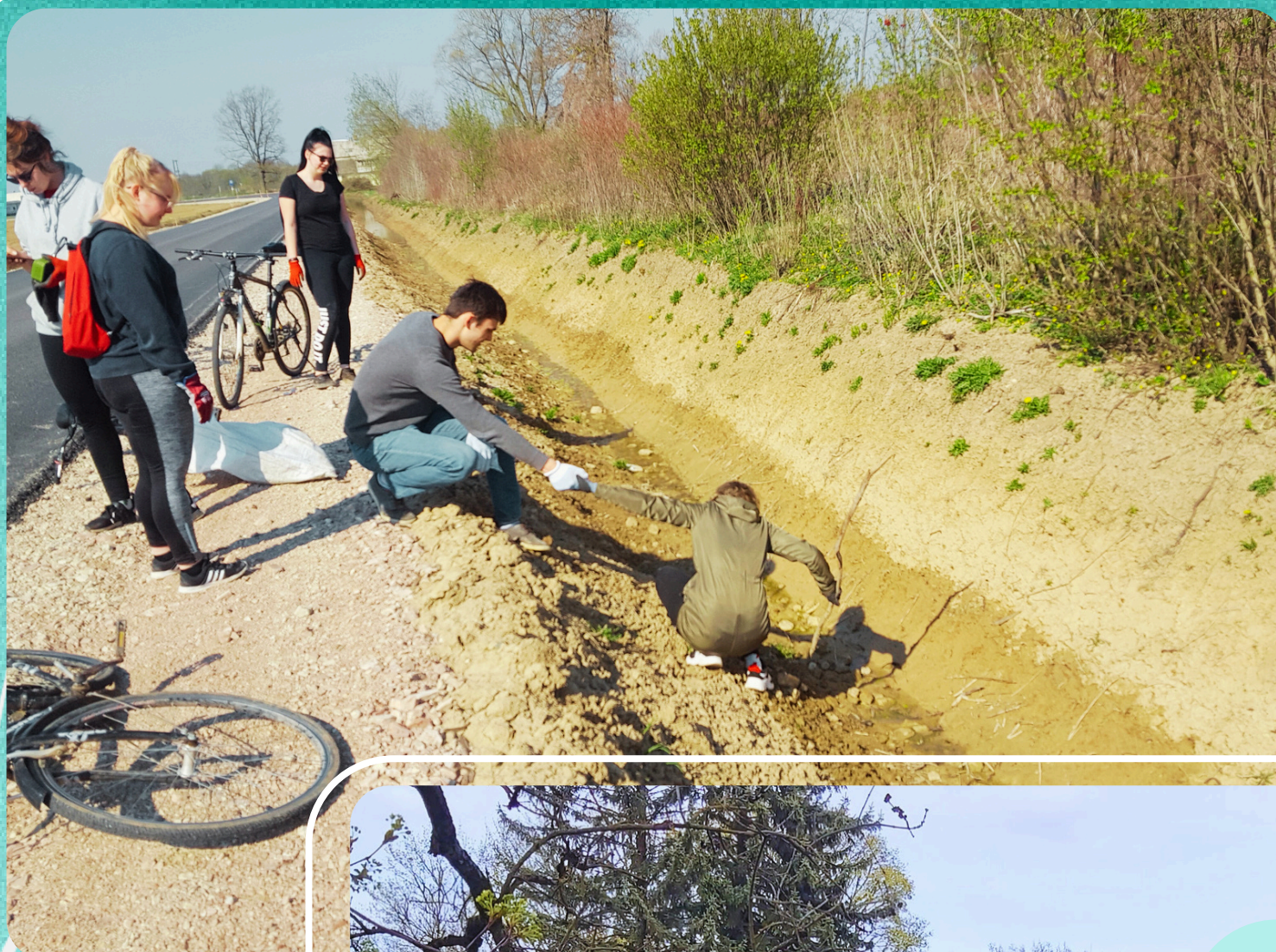


**The aim of the project is to provide young people with quality free time activities, promoting awareness of tolerance for diversity and prevention of discrimination in various aspects, as well as promoting activities and NGO work in social media. It's a chance to gain insights into youth organization, project management, event planning, social media management, and more!**



**You will collaborate with youth worker, project manager, and local volunteers. We view this volunteering project as a valuable exchange of fresh ideas, perspectives, and daily support for our challenges, as well as a fantastic learning opportunity for the volunteer.**





Where?  
**SVITENE  
LATVIA**



When?  
**AUG 2024-  
FEB 2025**





# ABOUT US



## MPP MISSION:

To improve the quality of life of young people in the RURAL areas,  
so that the Latvian countryside remains ALIVE.

## MPP VALUES:

**A team:** We are a strong team based on respect, trust and family.

**Initiative:** We bring our ideas to life by doing, creating, engaging.

**Responsibility:** We finish the started work without letting our team down.

**Creativity:** Allows us to look at the world more broadly and see the untapped opportunities.



# WHAT IS MPP?



We are a youth organization that cares about the environment of Svitenes village and the development of its youth.

## WHAT DO WE DO AT THE YOUTH CENTER

Our areas of experience:

- ensuring quality leisure time opportunities for youth;
- supporting the improvement of young people's competences;
- organizing workshops, seminars, brainstorm sessions, game nights etc.;
- provide knowledge for youth on mental health, time management, teamwork, inclusivity and discrimination etc.;
- support young people in their road to active participation and initiative, inform them about their opportunities, projects and various European programs.



# YOU WILL HAVE A CHANCE TO:

## WORK WITH CHILDREN AND YOUTH

It offers the opportunity to shape young minds, instill positive values, and help them navigate the complexities of growing up. By providing mentorship, education, and support, you can play a crucial role in their development and future success.

Engaging with children and youth also allows for creativity and fun. Whether through educational activities, sports, arts and crafts, or simply lending an ear, every interaction can make a difference. It's a chance to foster a sense of community, encourage self-expression, and build lasting relationships.

Ultimately, dedicating your time and skills to children and youth is an investment in a brighter, more hopeful future. It's about planting seeds of kindness, resilience, and knowledge that will grow and flourish in the years to come.



## TO CREATE YOUTH ORGANIZATION SOCIAL MEDIA

You get to be a social media superhero for our youth organization and community. We're talking creating killer content, video, photos, posters, sparking epic conversations online, and basically being a virtual hangout for cool young people in Latvia.

Become a legend in the eyes of the youth and locals. Plus, you get to hone your social media skills in and make a real difference in their lives.

What's the benefit for the youth and the community? You'll be their online guide, helping them navigate the ups and downs of growing up. Plus, with your creative genius, you'll be crafting content that inspires, informs, and connects them with each other. Imagine a giant online hangout for positivity and good vibes - that's what you'll be building! ✨



## Both are important to speak about EU values

By fostering a sense of community and shared ideals, the European Union aims to create a more inclusive and harmonious society.

Discussions around these values not only highlight the achievements and progress made but also address ongoing challenges and areas for improvement.



# IMPLEMENTING YOUR OWN INITIATIVES WILL BE AN IMPORTANT PART OF THE PROJECT

Both volunteering options - social media and work with children and youth - will give you space, time and all the support needed to create and carry out your own ideas, events and activities that further support and strengthen the main goals and values of this project.

## SOME TOPICS OF YOUR OWN INITIATIVE MIGHT BE...

**Career spotlights:** Interview professionals in different fields to give young people a peek into potential career paths.

**"You Matter":** Highlight the importance of anti-bullying and social inclusion

**Food Fridays:** Share recipes or host live cooking demonstrations with young Latvian chefs.

**Local history highlights:** Share interesting facts about Latvian history or culture in bite-sized pieces.

**"DIY Crafts":** Share easy and fun craft tutorials young people can do at home.

**"Pet Pics":** Host a contest for the cutest pet photos submitted by young Latvians.

**"Tech Talk Thursdays":** Offer tips on safe and responsible internet use.

There are not many entertainment options in the countryside, we mostly take care of them. Therefore, it is important that you have a passion - books, handicrafts, walks, training, studies, self-discovery, ect.- to fill your time and share these skills, knowledge with others. But if you go to Riga in your free time - there are entertainment options on every corner ;)



# ALSO



.. you will have a chance to work together and cooperate with other youth organisations in Bauska region.

...it will be an opportunity to learn more about youth work in Latvia, including municipalities, the formal education system, non-governmental organizations, project management, event coordination, youth support, and many other important aspects.



...and, of course, to get to know the country, culture and local people!



# YOUR WORKPLACE



NGO Mums pieder  
pasaule office

School and other  
youth NGO's  
events



Svitene Community  
house and Svitenė  
Manor events

Outdoors





# LIVING & TRANSPORT



You'll have your own room in a two-room apartment with the other volunteer. Facilities include fully equipped kitchen, shower, washing machine, free wifi.

Many nice places are a walking distance - enjoy walking or running!



Public transport is a rare phenomenon in the countryside, so - Bicycle! if you will be interested in it, we will provide the bike to explore and enjoy



Project covers your: arrival/departure, accommodation, local public transport to and back from work, food (150 EUR/month), activities with a mentor, and project activity costs. Programme provides health insurance. You'll get a daily 5 EUR pocket money. Spend it as you like!



# WHERE I AM GOING?



Svitene is a village in southern Latvia, Bauska region, known for its picturesque nature and friendly locals. Enjoy the peaceful countryside life with walks around Svitenes Manor, forests, and meadows.

A one-hour walk or a half-hour bike ride will take you to Latvia's most popular tourist attraction - the Rundāle Palace complex.

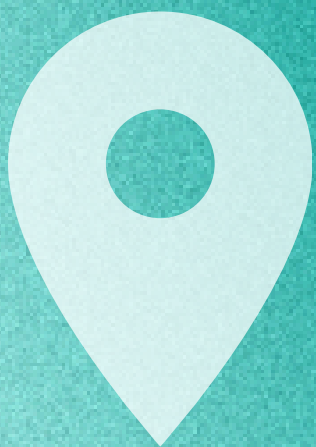


This is a place to enjoy nature, peace, and quiet, to explore Latvian cultural history, and to discover locals and yourself.  
We look forward to welcoming you!

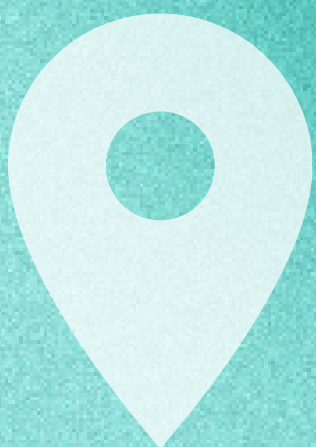




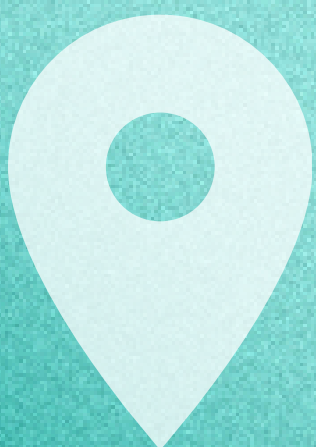
# FACTS ABOUT LATVIA



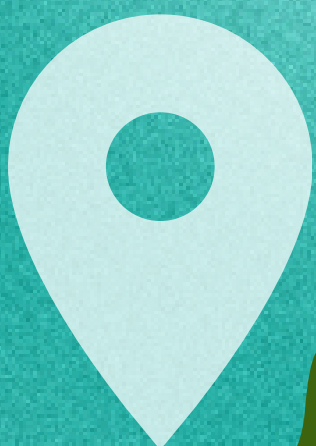
The state language is Latvian but many people speak Russian. English is widely spoken among younger generation.



Depending on your interest, you will have a chance to get support in learning Latvian language and culture. You will also receive an access to online linguistic tool.



Latvian cuisine has evolved over centuries, influenced by its neighboring countries and local traditions. It is a simple yet hearty cuisine that relies on local ingredients such as rye, potatoes, meat, and dairy products.



We have four distinct seasons. This year, we even had snow and temperatures dropped to  $-20^{\circ}\text{C}$ . Be prepared for hot summers with long days, cold, dark winters, and everything in between.





# OUR TEAM



## Eva Reinfelde

Eva is a multi-talented professional with expertise in graphic design, social media management, branding, and creating impactful presentations. She's a strong leader and communicator, evidenced by her role as president of MPP.



## Vita Reinfelde

Vita is a dedicated and experienced individual with a passion for artificial intelligence, arts and crafts, and project management. She brings a wealth of skills and experience to her role as a board member and volunteer project leader for MPP.



## Laura Šterna

Laura is an enthusiastic and engaging person with a passion for leading and participating in a wide range of activities. She brings a contagious energy and a willingness to try new things to every endeavor, making her a valuable asset for MPP.

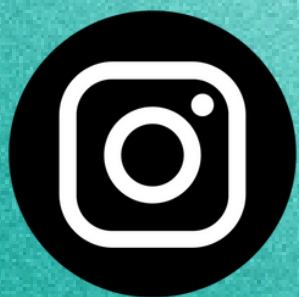




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