

# SPECTRUM

## Youth Work Tools to Explore Gender Identities

### PROJECT DESCRIPTION

#### METHODOLOGY:

The whole project will be based on **non-formaleducation - NFE methodology**. It will be proposed a **learning by doing approach**, where each activity is based on specific learning objectives in order to better target the educational action and to ensure a coherent learning process of individuals and groups.

The **training course** will contribute to boost the participants' capacities, to share and experiment methodologies and approaches, within non-formal education and **body movement, to deepen the subject**.

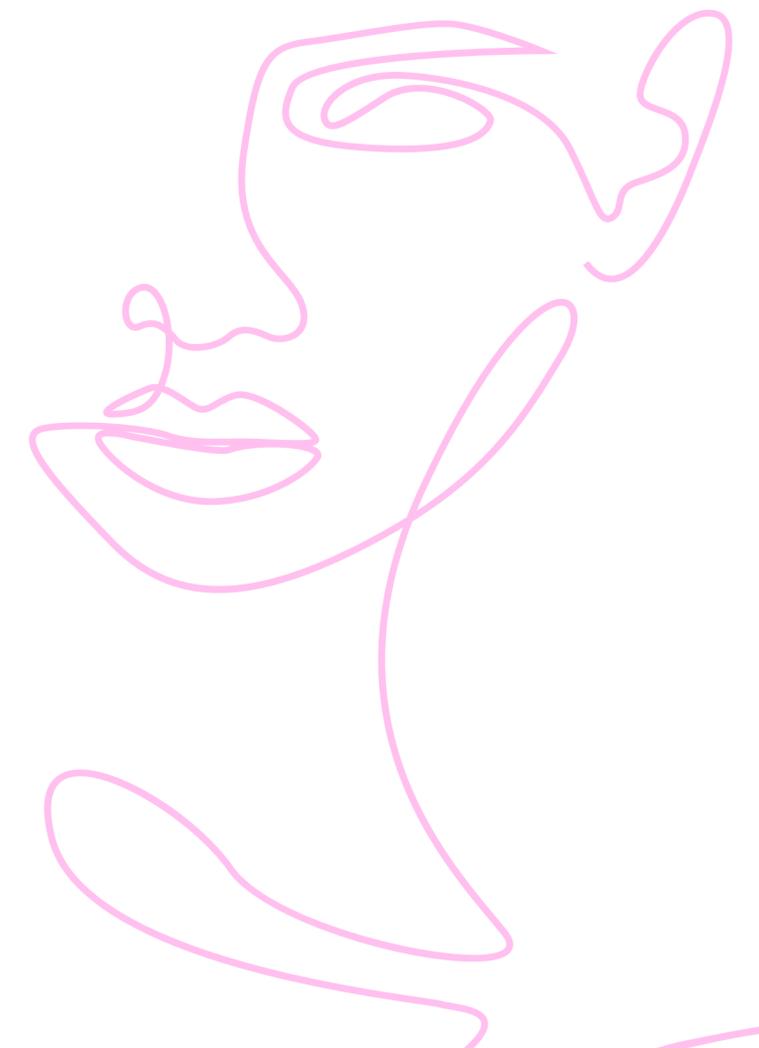
The **youth exchanges** will allow participants to experiment an intercultural learning experience, favouring the exchange with other peers from European countries and to raise awareness on gender-sensitive issues, gender identity and body awareness.

#### TOPICS:

- Gender identities
- Body awareness

#### AIM:

To develop tools and working methods, among youth workers, educators and group leaders, to **raise youth awareness on gender-sensitive issues**.



#### IMPORTANT REMARK:

For each part of the project (the training course and the youth exchanges), there will be a program with two morning and afternoon sessions full of interactive activities.

**The agenda will not include a visit to the surrounding neighbouring cities.**



Erasmus+

# TIMELINE AND VENUES

DATES	ACTIVITY AND OBJECTIVES	TARGET GROUPS	VENUE	PARTNERS
<p><b>05th - 11th March 2024</b> <b>(7 days of activities)</b></p> <p>04th March: Arrival 12th March: Departure</p>	<p><b>TRAINING COURSE</b></p> <ul style="list-style-type: none"><li>to develop social competences and skills to be facilitators and youth leaders</li><li>to gain a deeper knowledge about gender-sensitive issues</li><li>to experiment <b>body movement methods</b> to raise awareness on gender identity (for the upcoming YE)</li></ul>	<ul style="list-style-type: none"><li>Activists, youth workers and facilitators <b>(18+ aged)</b></li></ul>	<p><b>Casa Laboratorio Il Cerquosino, Località San Faustino 22, 05018, Orvieto (TR), Italia</b></p>	<p><b>ITALY - LUNARIA</b></p> <p><b>FRANCE - CONCORDIA</b></p> <p><b>AUSTRIA - GRENZENLOS</b></p> <p><b>SLOVENIA - LUBJANA PRIDE</b></p> <p><b>SPAIN - RED INTERNACIONAL B-LIVE</b></p>
<p><b>Late spring 2024</b> <b>2 days</b></p>	<p><b>ADVANCE PLANNING VISIT</b></p> <ul style="list-style-type: none"><li>to gather the future group leaders in order to prepare the upcoming Youth Exchange - YE</li></ul>	<ul style="list-style-type: none"><li>the <b>future group leaders</b> of the youth exchange, same profile of training course</li></ul>	<p><b>ONLINE</b> (To be confirmed)</p>	<p><b>TURKEY - STAD</b></p> <p><b>ROMANIA - UNIVERSTUR</b></p>
<p><b>03rd - 10th July 2024</b> <b>(8 days of activities)</b></p> <p>02nd July: Arrival 11th July: Departure</p>	<p><b>YOUTH EXCHANGE</b></p> <ul style="list-style-type: none"><li>to promote exchange, understanding, <b>intercultural learning</b> throughout non-formal education activities</li><li>to raise awareness among young people on gender sensitive issues, throughout <b>body movement technique</b></li></ul>	<ul style="list-style-type: none"><li>young people (<b>aged between 18-25</b>) interested in the topic and <b>1 group leader</b> (previously involved in the TC and the APV)</li></ul>	<p><b>Casa Laboratorio Il Cerquosino, Località San Faustino 22, 05018, Orvieto (TR), Italia</b></p>	

## TRAVEL COSTS AND REFUNDS

The travel costs are considered eligible only if the participants come from and return to the country of the sending organisation. Participants are expected to arrive on the official arrival day and leave on the official departure day of the project: late arrival (for example on the second day of activities) and early departure (for example, before the last day of the activity) are not allowed.

Moreover, participants, informing the organizations in advance, will have the chance to opt for the **green travel** using more sustainable and eco-friendly means of transport (train, buses and carpooling).

Participants will be refunded after the end of the mobility (training course, youth exchange, etc), upon the presentation of their travel documents.

The **refund process can take around 4-6 months** and it will be done directly to the sending organizations bank account, not to the participants' bank accounts.

## HOW TO PARTICIPATE

For sending your expression of interest, please contact the official partner in your country, that will provide you with all the necessary documents to be filled in.

## FINANCIAL CONDITIONS

### ● TRAVEL COSTS for all the actions

TRAVEL DISTANCE	STANDARD TRAVEL	GREEN TRAVEL
• 100 - 499 km	180,00 €	210,00 €
• 500 - 1999 km	275,00 €	320,00 €
• 2000 - 2999 km	360,00 €	410,00 €

### ● FOOD AND LODGEMENT COSTS for all the actions

Covered by the coordinating organization at 100%.

