# TEENS 4 FUTURE (T4F)

Awareness Raising Tools on Environment, Mobilisation, Inclusion and Sustainability

### PROJECT DESCRIPTION

# METHODOLOGY: (\*\*)



The whole project will be based on non-formal education -NFE methodology. It will be proposed a "learning by doing" approach, where each activity will be based on specific learning objectives in order to better target the educational action and to ensure a coherent learning process of individuals and groups.

The training course will contribute to boost the participants' capacities, to share and experiment methodologies and approaches, within non-formal education, to work with teenagers in short term residential activities, as, for example, youth exchanges.

The youth exchanges will allow participants to experiment intercultural learning experience, favouring the exchange with other peers from European countries and to raise awareness on sustainability and green practices.

### **TOPICS:**

- Knowledge and approaches in teenagers projects
- Group dynamics and group's functioning
- Sustainability and green practices



develop skills and competences to work with teenagers - specifically in youth exchanges - raising youth awareness on sustainability.







# IMPORTANT REMARKS

The project is structured in a chronological perspective. Therefore, in order to ensure the continuity of the methods and topics covered, some of the participants in the training course will be involved as follows:

- The **training course** will be an intensive training experience to experiment educational tools focused on sustainability and aimed to work with teenagers.
- The APV (a preparatory visit targeted to the training course participants selected to be group leaders) will contribute to build the program of activities to be proposed during the youth exchanges. Two coordinators will facilitate the process.
- The **youth exchanges** will involve teenagers (**aged between 15-17**) from the different partner countries. The group leaders will be in charge of the activities program and the delivering of some workshops. They will be supported by two coordinators throughout the youth exchanges exchange.





### **ABOUT THE TARGET OF TC:**

In order to best achieve the objective of the project and to have a comprehensive training, it is important to have experience in the field of the work with teenagers.



## **ABOUT THE PROGRAM OF TC:**

The program of the TC includes **two main intensive** workshop sessions, one in the morning and one in the afternoon.

The agenda will not include a visit to the surrounding neighbouring cities.

# TIMELINE AND VENUES

**DATES** 

### **ACTIVITY AND OBJECTIVES**

TARGET GROUPS

**VENUE** 

**PARTNERS** 

26th February -03rd March 2024

(7 days of activities)

25th February: Arrival 04th March: Departure TRAINING COURSE

- to develop social competences and skills to be facilitators and youth leaders
- to gain a deeper knowledge about different approaches in the work with teenagers
- to deepen the group dynamics, rhythms and functioning
- to make sensitivation on sustainability

Educators and youth workers (18+ aged).

The **future group** 

leaders of the youth

exchange, same profile

of training course.

La Buona Terra
Passignano sul
Trasimeno (PG),

signano sul imeno (PG), Italy

ONLINE or
OFFLINE
To be Confirmed

**ITALY - LUNARIA** 

BELGIUM - CBB

SPAIN - BREGAL

**GERMANY - IBG** 

**HUNGARY - MOPKA** 

FRANCE - SJ

**NETHERLANDS - SIW** 

Late spring (2 days)

(Dates to be defined)

#### **ADVANCE PLANNING VISIT**

• to gather the future group leaders in order to prepare the upcoming Youth Exchanges - YEs

06th - 13th July 2024 (8 days of activities)

05th July: Arrival

14th July: Departure

19th - 26th August 2024
(8 days of activities)
18th August: Arrival

18th August: Arrival 27th August: Departure

### YOUTH EXCHANGE 1

and YOUTH EXCHANGE 2

- to promote exchange, understanding and intercultural learning through sustainable and environmental friendly actions
- to raise youth awareness on sustainability, food and green practices

Young people (aged

between 15-17

interested in the topic and 1 group leader (previously involved in the TC and the APV).

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FRANCE - SJ
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### TRAVEL COSTS AND REFUNDS



The **travel distance** (included in the budget shown on the right side) is calculated according to the main office location of partner organizations and to the Travel Distance calculator of the Erasmus+

Moreover, participants, informing the organizations in advance, are warmly invited to opt for the **green travel** using more sustainable and eco-friendly means of transport (train, buses and carpooling).

Participants will be refunded after the end of the mobility (training course, youth exchange, etc), upon the presentation of their travel documents. The **refund process can take around 4-6 months** and it will be done directly to the sending organizations bank account, not to the participants' bank accounts.

option have 4 days of flexibility (arrival and departure days not included) to travel to the venue. They can manage in the most suitable way for them (e.g. 2 extra days before the official arrival + 2 extra days after the official departure day; 1 extra day before the arrival, 3 extra days after the depature day).

### HOW TO PARTICIPATE

For sending your expression of interest, please contact the official partner in your country, that will provide you with all the necessary documents to be filled in.

### FINANCIAL CONDITIONS

TRAVEL COSTS for all the actions

#### TRAVEL DISTANCE STANDARD TRAVEL

100 - 499 km
180,00 €
500 - 1999 km
275,00 €

• 2000 – 2999 km 360,00€

**GREEN TRAVEL** 

210,00 € 320,00 €

410,00 €



