CALL FOR PARTICIPANTS - TRAINING COURSE

« LET'S TALK ABOUT SEX"
GENERAL BACKGROUND

In an increasingly connected, intercultural and sexualized society, young people as well as adults find every kind of information on the internet. The sexual behaviour of young people has evolved with the new resources made available to them.

In addition to being a place of information, the internet has become a place of exchange, flirtation, and a new space of freedom that young people have taken over, but it can also lead to abuses: photo/video exchanges, cyber harassment, revenge porn, threats, blackmail, etc.

Even though medias have an open discourse about sexuality, it often implies many stereotypes, discrimination, and fixed gender/sexual roles.

The health aspect is also revealing despite strong prevention campaigns, it can be emphasised that the number of contaminations with STDs and certain STIs is constantly increasing throughout Europe. However, sex education and gender education remain taboo in many societies.

Moreover, after several decades of steady progress, Europe is facing a new wave of opposition to equal gender and sexual rights, claims gathered under the term “theory” or “ideology” of gender. This opposition manifests itself on various issues, such as the opening of marriage to same-sex couples, abortion, reproductive technologies, sex education, anti-discrimination legislation or the rights of trans people.

At the same time, the 4th wave of feminism emerged. Where previous waves bring voting rights, political representation, access to education, social rights and giving voice to women, the 4th wave focuses on the fight against sexism in everyday life, social representations, the culture of rape and sexual harassment.

Formal education tends to be based solely on an anatomical/biological approach to sex education and gender, while non-formal education focuses on prevention around health risks or around harassment issues.

What is our place as youth workers in non-formal education? What tools are at our disposal to address these important issues with young people?

Professionals working with youth are sometimes lost in all the notions and the variety of tools to be able to talk with young people. There are not a lot of places where youth workers can be trained and reflect upon the subject to be able to propose young people an inclusive and open vision of sexual and gender education.

We want to equip youth workers to be able to address sex education in their project and explore the link between gender stereotypes and what this implies about sexuality.
We are proposing two trainings on gender and sexual education.

**Training 1**
During the seven days of training, participants will first have time for analysis (which will have been prepared in upstream by sending recommended readings from the trainers) in order to fully understand the theme, then a reflection phase with work in small groups before moving on to the experimentation phase in order to implement what has been learned, invent new tools and create a toolbox.

We will alternate theoretical moments with text studies and more playful moments where the use of tools and educational games will make it possible to personalize the reflection.

**Training 2**
The second training will deepen the knowledge of the participants on the thematic of sexual and affective education, with theoretical inputs and knowledge exchanges. Participants will be introduced to the Human Library tool and will put it in practice at a gender movie festival, that will take place on the last days of the training.

All the program will be based on the expectations collected upstream of the participants and will be adapted to the everyday feedback during the training.

**OBJECTIVES**

We wish more specifically to:
- develop knowledge on the concepts linked to gender and sexuality and their history
- develop participants ability to reflect and position themselves on the topics as youth workers
- create educational tools and a toolkit about gender and sexuality useful in the participants’ professional life
- exchange good practices of each participant on the different topics of the project
- encourage a network of european peers working in sexual and gender education and actor’s synergy in future projects
The training will alternate theoretical modules with educational games and group reflections. We will be focusing on sexualities, genders, gender education, gender-based discriminations and we will imagine a utopia/dystopia of the place of gender and sexuality in our society.

Training 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Day 1</th>
<th>Day 2</th>
<th>Day 3</th>
<th>Day 4</th>
<th>Day 5</th>
<th>Day 6</th>
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</thead>
<tbody>
<tr>
<td>9h-11h</td>
<td>Get to know each other</td>
<td>Return on training 1</td>
<td>Myths and sexualities</td>
<td>Presentation of the</td>
<td>Organisation of</td>
<td>Conclusions /</td>
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<tr>
<td></td>
<td></td>
<td>and the toolbox</td>
<td></td>
<td>Human Library</td>
<td>Human Library</td>
<td>evaluation of the</td>
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<tr>
<td>11h-13h</td>
<td>Presentation of the</td>
<td>Story/History of</td>
<td>Deconstruct our</td>
<td>Organisation of</td>
<td>Evaluation of</td>
<td>tool</td>
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<tr>
<td></td>
<td>training</td>
<td>sexuality</td>
<td>stereotypes</td>
<td>Human Library</td>
<td>the project</td>
<td></td>
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<tr>
<td>LUNCH</td>
<td></td>
<td></td>
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<tr>
<td>14h-16h</td>
<td>Common rules and</td>
<td>Timeline and politics</td>
<td>Climate fresh and</td>
<td>Write you book</td>
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<tr>
<td></td>
<td>daily life</td>
<td>in sexuality</td>
<td>gender inequalities</td>
<td>Human Library in</td>
<td></td>
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<tr>
<td>16h-18h</td>
<td>Coffee meeting:</td>
<td>Taboo on sexualities</td>
<td>Intersectionality</td>
<td>Work on the content</td>
<td></td>
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<tr>
<td></td>
<td>definition of</td>
<td></td>
<td>Moving debate</td>
<td>Movies</td>
<td></td>
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<tr>
<td></td>
<td>common terms</td>
<td></td>
<td></td>
<td>festival</td>
<td></td>
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<tr>
<td>18h-19h</td>
<td>Reflection group</td>
<td>Reflection group</td>
<td>Reflection group</td>
<td>Movies</td>
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</table>
The training will be based on methods and tools of non-formal education. Participants are active in the training, and they will be proposing energizers and workshops, as we can learn better by experiencing tools and being in action.

Theoretical content will be proposed by the trainers with a participative methodology, but most of the training will be based on knowledge sharing and mutual enrichment between the whole group where participants will bring and share their experience on the topic.

Methodologies used (fish-bowl, moving debates, skim reading, etc.) are all participative and developing collective intelligence. Centred on individual and group learnings, the planning will be adapted to the needs of participants.

We are looking for professional youth workers interested in the topics of gender and sexual education. It is important to have participants who will use the learnings of this training in their professional life and who will be able to bring their experience in the training.

The profile can be social workers, teachers, psychologists, health professionals, trainers, youth leaders, who are leading projects related to gender and sexual education, etc.

We encourage the participation of different profiles, experiences and needs. We also would like participants to be able to participate in the two trainings.
The first TC will be held in Cornus, France, a few kilometers from Montpellier.

Accommodation will be in a gite in shared rooms. Each room has its own bathroom.

There will be no WIFI on site.
The second course will take place in Ponta Delgada, in the Azores.

The accommodation is located in the city center.
FINANCIAL CONDITIONS

- Travel costs will be covered based on the unit costs of the program. Please note that participants will be reimbursed the real costs of their transport fees up to a certain limit as per information below.
- 100% lodging and food are covered. Du Grain à Moudre would like to encourage participants to buy travel tickets ASAP to enjoy economical prices.

Please do not buy travel tickets until Du Grain à Moudre has approved your participation.

All the travel costs will be reimbursed the earliest 3 months after the end of the training course. Please note that the process of reimbursement will be carried out directly with the applicant organizations and not with the individual participants.

Contribution to the travel costs of participants, from their place of origin to the venue of the activity and return.

<table>
<thead>
<tr>
<th>Travel distance</th>
<th>Standard travel</th>
<th>Green travel</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 – 99 km</td>
<td>23 EUR</td>
<td></td>
</tr>
<tr>
<td>100 – 499 km</td>
<td>180 EUR</td>
<td>210 EUR</td>
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<tr>
<td>500 – 1999 km</td>
<td>275 EUR</td>
<td>320 EUR</td>
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<tr>
<td>2000 – 2999 km</td>
<td>360 EUR</td>
<td>410 EUR</td>
</tr>
<tr>
<td>3000 – 3999 km</td>
<td>530 EUR</td>
<td>610 EUR</td>
</tr>
<tr>
<td>4000 – 7999 km</td>
<td>820 EUR</td>
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</tr>
<tr>
<td>8000 km or more</td>
<td>1500 EUR</td>
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*Based on the travel distance per participant. Travel distances calculated using the distance calculator supported by the European Commission

*Green travel = Environmentally responsible means of transport - A trip that uses low-emission transport for the majority of the journey, such as bus, train or carpooling.

*Please note that green travel is only available for certain partners. Please wait for confirmation from Du Grain à Moudre to check your eligibility.
You are interested? Apply here!

LINK: https://forms.gle/XpDFQayPYGk8uK6Q9

ATTENTION: Please note that your application does not constitute acceptance.

Please wait for confirmation from the Grain à Moudre team!