

Dear potential participant,

We hear you are interested in taking part in Play Your Hear Out, Otra Escuela's Erasmus+ 5 day training course for youth and social workers, volunteers, activists and local community organisers about PLAY (pedagogy of pleasure, creativity, non formal education and cooperative games) for personal and social transformation (relational care, social justice, education for peace and values).

We would like to share some important information about the course, its surroundings and our team so that you can be in the know before taking the leap. We hope it is useful for you and will motivate and inspire you to join us at our next phase of the journey.

THE TRAINING:

Applicant organisation: [Asociación Otra Escuela](#)

Otra Escuela is an association born more than 5 years ago in Madrid, Spain, out of a Colombian organisation which is over 20 years old. We dedicate our work to educating in and promoting cultures of peace and nonviolence in diverse territories and with different target groups, largely through socio-affective, artistic and playful methodologies. We do this in the shape of training and facilitation of participatory group processes, intervention projects with vulnerabilised territories and groups, accompaniment of community organisations and social movements, research and investigation, namely in fields of positive transformation of conflict, socio-affective methods of art and play, peace and nonviolence, anti-racism and decolonialism, feminisms and LGBTQI+ rights, alternative pedagogies of pleasure and relational care.

Dates:

Monday 8th May - Friday 12th May 2023

- Arrival 07.05.2023 (Sunday)
- Departure 13.05.2023 (Saturday)

Objectives:

1. To explore peace education, social justice and personal development through play, creativity and pleasure pedagogy;
2. To discover and develop diverse and inclusive creative techniques and socio-affective methods for working with young people with fewer opportunities;
3. To reflect on the effects and impact of the pandemic on youth workers and young people (with fewer opportunities) and their current needs, relationships and participation;
4. To encourage ideas and motivation for creating connections and actions in local and international communities.

Methodology:

The work approach will be socio-affective and participatory, fostering a dynamic non-formal learning environment with a focus on learning by doing, learning by playing, artistic and creative methods including theatre, clown and body expression based techniques (among others), games and interactive activities, as well as learning by facilitating tools.

Travel & accommodation:

Travel will be reimbursed on finalising the project (4-6 months after the activity and 1 payment per country made to the sending organisation), on the condition that **all original receipts/reservations (with prices) and tickets/boarding passes (with names) have been submitted** to Otra Escuela. Previously you must send us your travel proposals in order for us to **confirm your itineraries before buying your final travel tickets**.

Accommodation and food will be provided by the project during the days of the training course. Accommodation in Spain before/after the activity is at your own choice and cost.

Partner organisations, n° participants & travel costs(€) per PAX:

Partner organisation (<i>email in link</i>)	Country	PAX	Visa cost/pax	Max. refund/pax
Lunaria Associazione	Italy	3	-	275
Instytut Przeciwdziałania Wykluczeniom	Poland	3	-	360
Asociatia Universitur	Romania	3	-	360
Cyclo Project	Finland	3	-	360
Sivil Toplum Araştırmaları Derneği	Turkey	3	-	360
Keffiyeh Center	Palestine	3	235	530
Asociación Otra Escuela	Spain	3	-	150

THE PLACE:

Somos Garaldea is a community-living project. As it is not a hostel, it is important to read this information responsibly so that the time you spend there is enjoyable for you and all.

Who are we? Somos Garaldea is an ecofeminist space which cares about the collective and hosts different social projects. We have a close and respectful relationship with the nature that we know ourselves to be a part of. We live in community, welcome diversity, encourage personal and group autonomy with relationships of trust, respect and active listening, developing different parts of our being: emotional, spiritual, knowledge...

We are an open and safe space, making decisions in assemblies, creating and cultivating tools for facing conflicts and learning to put limits. We run our project with foundations of permaculture, integral and intersectional feminism (in ideology and in practice), mutual support, vegetarianism and self-sufficiency in terms of food and energy.

Logistics: The bedrooms are shared (4-5 per room) and have bunkbeds, the bathrooms are shared and there are communal kitchen, dining and training areas. The electricity is fotovoltaica and generated mostly by solar panels and batteries, occasionally a generator when necessary, but we should be careful not to have everything plugged in at once and cannot use devices of especially high voltage such as hairdryers. There is running water from the well most hours of the day, except during the watering time of the vegetable garden. The water is not drinkable but we provide plenty of drinking water from sources nearby. The water generator is supplied with the electricity and comes from the same solar panels etc. For moments when it has run out we keep large water containers which you can take the water from to use and there is a tap in the kitchen which works 24 hours a day thanks to a separate deposit. There are several hot water showers.

The meals are vegetarian thanks to the self-sufficiency of Garaldea's food supply. For people who are vegan or have dietary needs such as no gluten we provide adaptations. However, it is difficult to avoid traces in some cases. If it is a serious condition please bring whatever medications necessary and inform us previously.

The cleanliness and tidiness during the stay and of the communal spaces, as well as a few co-living tasks, will be a shared responsibility.

Please bear in mind:

- Alcohol (beer/wine) is allowed to be consumed responsibly in the evenings, but it is not a big party place and it is important we clean up after ourselves and keep nocturnal noise to a minimum.
- The communal spaces as well as two bedrooms and a bathroom are on the ground floor and accesible for wheelchairs. Unfortunately at this time the hot water showers are on the first floor and to the training room there is not a smooth path but gravel.

Please bring your own:

- Sleeping bag and towel
- Games to play together
- Snacks or drinks (from home, Madrid or Ciempozuelos) as there is no store nearby

The pick-up point will be at the nearest station: [Ciempozuelos Renfe](#)

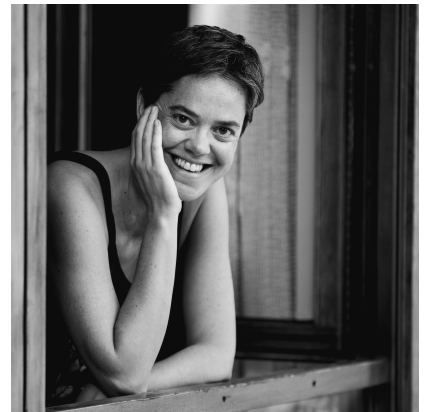


THE TRAINERS:

Morgaine Green - youth worker, project manager and international trainer; master's in Culture of Peace, Conflict, Education and Human Rights; training and practice in project development with an inclusive approach, art therapy for groups, critical intercultural social mediation, positive conflict transformation through art and play; 10 years' work experience in artistic mediation and social intervention with young people with diverse abilities and at risk of social exclusion, community action processes, non-formal education and European projects with international networks; experienced international trainer in areas of inclusion and diversity, training of trainers, reconciliation and peace building, anti-racism and discrimination, gender equality, creative methodologies, humour as a tool for working with young people; dedicates personal playtime to body percussion, tap dancing, avid reading and writing.



Mar Maiques Díaz - feminist political scientist, activist and human rights defender. Specialist in Culture of Peace and master's degree in Women's, Gender and Citizenship Studies; Gestalt therapist; social researcher with extensive experience in social intervention and facilitation of national and international training processes in education for peace, positive transformation of conflicts, gender and women's rights, alternative pedagogies and training of trainers, working with children, youth, social leaders, teams of social and international organisations, indigenous and Afro-descendant communities, displaced people and communities, and victims of armed conflict, among others; passionate about music and photography; a nomad in constant attempts to bring closer together and connect both sides of the Atlantic.



We look forward to meeting you soon!

To apply fill out the application and send it to your respective sending organisation by:

Monday 13th March 2023

For any further inquiries please email:

madrid@otraescuela.org / mgreen@otraescuela.org