



## European Solidarity Corps (ESC) OFFER:

### Volunteering to help people with mental disabilities

#### Janvier 2022 – August 2022

Concordia is a French national non-governmental and non-profit making organization, founded in 1950 by English, German and French young people. Their vision was to enhance the values of tolerance and peace after the 2<sup>nd</sup> world war by organizing international workcamps of young volunteers.

**The main missions of Concordia are the following:**

- ❖ **Education** - helping young people to grow up by acquisition of collective life.
- ❖ **Culture** - favoring youth exchanges on an international level, always emphasizing the values of peace, friendship and mutual respect.
- ❖ **Social** - taking part in concrete actions of solidarity, as well as supporting a civic attitude.
- ❖ **Social economy** - contributing to realization of local development, in favor of the environment, patrimony, tourism and socio-educational animation.

#### Project environment

This CES project takes place in the region of Aquitaine, south-west of France in a little village called Saint Caprais de Bordeaux, 20 kilometres far from Bordeaux. This region is well known for the diversity of landscape, ocean (1h30), mountains (3h) and touristic places such as Saint Emilion, la dune du Pilat, le bassin d'Arcachon... Moreover, the area is rich in its cultural and environmental heritage and vineyard is also a very important activity of the region.

#### Tasks and activities

The main task of the volunteer is to work with mentally disabled people who live on their own in order to break their cycle of loneliness, restoring/ maintaining social links and helping them to regain their self-confidence. This mission will be at our partner organisation EntreActe in Cadillac.

In particular the volunteer will:

- Help out the social worker
- Organize activities with the patients about the country or the passion of the volunteer (cooking, relaxation, helping them to write the newsletter of the association Entracte, painting, acting...)
- Participate in outdoor activities with them
- Participate in the weekly meeting with the team

The detailed activities will be proposed by the volunteer according to his/her skills and interests and with the support of the pedagogical team. The project will also allow the volunteer to know and develop new pedagogical techniques in terms of work with mentally disabled people.



During the summer, the volunteer will lead or co-lead an international volunteers' work camp with Concordia and will have training for that.

As we believe that doing an CES is also to be involved in the activities of the association, we invite the volunteers to take part to the local events and activities that Concordia Aquitaine and the area organizes (Organization of the Christmas market, support to the local fair trade grocery shop, opening days of Concordia, special associative days or weekend organized by others volunteers, helping in the garden of the association...).

In July and August the volunteer will participate in the workcamps with Concordia as a co-leader or leader. Indeed, the workcamps are the historic activities of Concordia and it is important for us that the volunteers get involved in the workcamps activities.

## Requirements

- Basics knowledge in French or motivation to learn french
- Motivation to work with children and teenagers
- Be flexible and open to meet/live with new people, to think outside of the box
- Cultural, artistic or sport skills are more than welcome
- Be willing to develop a personal project
- Motivation to discover the associative world and all its activities
- Be active and participative
- Driving License
- **Availability to start in January 2022 to August 2022**

## Practical conditions

### Working Hours:

The volunteer will work approx. 32 hours per week.

### Working and living conditions:

Accommodation will be provided. The volunteer will be accommodated in an own room in the house of Concordia, next to the offices of the association, with 4 or 5 other volunteers. The volunteers will have to adopt a collective life which means cook and eat together, propose activities in group and participate in the associative events that we organize once a month in the house of the volunteers. The volunteer will get pocket money (5€ per day) and money for food (7,50€ per day). Internet is available in the house but it's better to bring your own laptop.

**It is also important to know that the same house is also used by the association to organize events but also by people involved in our local activities. By living in the house, you will meet a lot of new faces!**

### Transports:

There is few public transport in this area, it is possible to find bicycles and the volunteer will have access to the car of the association to go to work and to do some shopping for the house.





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## More information

Website: <https://www.concordia.fr/>

Facebook : <https://www.facebook.com/pg/concordia.aquitaine/about/>

## How to apply ?

If you are interested in this project, please send your CV and motivation letter to Melanie KESSLER [cd.aquitaine@concordia.fr](mailto:cd.aquitaine@concordia.fr). After receiving the applications, we may arrange Zoom interviews.

Deadline : 31/12/2021





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