BREAD and ROSES
Youth work to Raise Awareness on Gender Equality

GENERAL BACKGROUND

Lunaria launched in 2012 a MEDIUM TERM STRATEGY aimed to promote gender equality. The actors, target groups and beneficiaries of the process are young people, youth-social workers, local organizations and NGOs. Within this strategy, Lunaria has already implemented different projects in cooperation with European and partner countries organizations:

- in 2013 TAG CLOUD Respecting and Valuing Gender and Generational Differences: training course aimed to develop new tools in the gender framework for youth workers and to enhance gender equality within the projects and actions they realize at local level;
- in 2014-2015 JAMBO Young Women Empowerment to Improve Quality of Youth Work and Volunteering in EU and Partner Countries: capacity building project aimed to empower youth and social workers from eastern Africa and EU, by providing them with new tools to favour women participation in short term local and international voluntary service projects;
- 2015-2016 PANDORA’S BOX Young Women, Community Development through EU and LA Cooperation: capacity building project to follow up the work already started in Jambo, but this time, developing the action in the field of gender equality in EU and Latin American countries;
- 2016 THE POT OF GOLD Education and exchange to fight hate speech and discrimination: project including a training course and a youth exchange aimed at developing new tools to address the emergence and the spread in youth contexts of hate speech toward individual ad communities LGBT+ and discrimination based on gender and sexual orientation;
- 2017–2018 STAGED! Struggling Against Gender-based Discrimination through Youth Work in EU and Asia: capacity building to follow up the work started in Jambo and Pandora and aimed to enhance gender equity and young women empowerment in EU and SEA, by developing new tools and methods to favour young women participation in projects and international voluntary service activities;
- 2017–2018 GEM Gender Equality and Migration: training course and youth exchange to raise awareness on the daily growth of racism in Europe toward migrants and migrant women and to develop tools and working methods to raise awareness;
2018 UN-FRAMED Youth Work to Raise Awareness on LGBTQ+ Among European Youth: training course and two youth exchanges to raise awareness on LGBTIQ+ sensitive issues among youth and develop new tools and methods to favour inclusion within the youth work framework.

The main PRIORITIES within this strategy were and are:

- to raise youth awareness on the daily growth of discrimination and to share relevant tools to make sensitisation among other peers;
- to provide youth workers and peer educators with new tools to fight the discrimination wide-spread and to promote intercultural approaches;
- to provide local, international organizations and NGOs, with new tools to conceive and implement actions and projects;
- to share good practices and working methods to make more effective the local and global action in Europe and worldwide;
- to create a network of different actors and organizations from the civil society, to promote equality and human rights.

BREAD and ROSES is part of the above mentioned strategy and intends to develop new tools and methods to enhance gender-sensitive approaches within European youth projects and International Voluntary Service activities.

GEWG: the project will be connected to strategic actions and priorities of the Alliance of European Voluntary Service Organizations network, and specifically the Gender Equality Working Group, aimed to promote gender-sensitive approaches and behaves in IVS projects in EU and worldwide.

Furthermore, the project is grounded on the results of a previous project, PEOPLE FIRST Communication Human Rights in the Migration Era, regarding Human Rights, as long as in the important principles expressed in two articles of the Universal Declaration of Human Rights:

- **Article 1.** All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood;
- **Article 2.** Everyone is entitled to all the rights and freedoms set forth in this Declaration, without distinction of any kind, such as race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status. Furthermore, no distinction shall be made on the basis of the political, jurisdictional or international status of the country or territory to which a person belongs, whether it be independent, trust, non-self-governing or under any other limitation of sovereignty.
PROJECT DESCRIPTION

AIM: to develop tools and working methods to raise awareness on the importance of promoting gender equality as an important pillar within the Human Rights and to multiply the raising awareness action within the local communities in Europe.

BREAD and ROSES is a pilot project, including four strategic actions with the following specific objectives:

SPECIFIC OBJECTIVES TRAINING COURSE - TC:

- to draft a clear picture of the situation in in the involved countries, for what concerns gender-sensitive issues;
- to share good practices and pilot experiences to promote gender equality as an important pillar of Human Rights;
- to share the existing methods youth workers and organizations are using to promote gender equality in the involved countries;
- to develop tools and methods to raise awareness on the importance of promoting gender equality and gender-justice approaches and behaves.

SPECIFIC OBJECTIVES ADVANCED PLANNING VISIT - APV:

- to gather the future group leaders of the two Youth Exchanges - YEs in order to prepare the upcoming steps, run the logistic check, develop the final agendas and select the working methods to apply during the two YEs.

SPECIFIC OBJECTIVES YOUTH EXCHANGES – YEs:

- to raise awareness among young people on gender-sensitive issues within an intercultural perspective;
- to raise awareness among young people on gender-based stereotypes and their potential consequences and on the importance of promoting gender equality;
- to make the young people experimenting new tools, such as graphic facilitation and photos, to afterwards raise awareness on the importance of gender equality among groups of peers.

TARGET GROUP

TRAINING COURSE - TC: youth workers and activists interested in sharing and developing new working methods to promote the raising awareness process on gender equality;

YOUTH EXCHANGES - YEs: young people and young people at risk of exclusion (aged between 18-25).

GENDER-SENSITIVE APPROACH: a gender-sensitive approach will be applied all along the whole project, as well as while selecting the candidates for the different actions, ensuring gender diversity and representation within the group.
GENERAL REMARK: the project is structured to include two internal follow up activities, which are the two youth exchanges. For this reason, some of the TC participants will be involved as follows:

- **Youth Exchange – April 2019**: 5 participants of the TC will support their sending organizations (the ones involved in the Youth Exchange taking place in July) in the youth group preparation and in the pre-departure activities. They will also join the YE as group leaders and lead some of the workshops.

- **Youth Exchange – July 2019**: 5 participants of the TC will support their sending organizations (the ones involved in the Youth Exchange taking place in September) in the youth group preparation and in the pre-departure activities. They will also join the YE as group leaders and lead some of the workshops.

- **Advanced Planning Visit – March 2019**: the 10 future group leaders of the organizations involved in the youth exchange of July and the one of September, will jointly participate in the Advance Planning Visit in Italy to prepare the two YEs.

The participation is compulsory to ensure continuity in the pedagogical approach and the learning process.

Please, consider this before applying for the TC.

**METHODODOLOGY**

The whole project will be based on non formal education - NFE methodologies and for this reason, it will be articulated following the **NFE main pillars**:

- flexibility, being learner-centred, contextualized and based on the promotion of participatory approaches;
- horizontal cooperation, where facilitators and experts create a shared learning path with participants and trainees, encouraging the exchange of knowledge;
- personal empowerment though self-esteem raising, development of the self-confidence, competences and skills development.

During the project it will be proposed a **LEARNING BY DOING APPROACH**: the specific learning objectives are organized to be practically experimented through interactive activities and to ensure a coherent learning process. Furthermore, **METHODS WILL BE RE-ADAPTED** during the process, taking into account the needs of participants and of the different actors involved.
# TIMELINE OF THE ACTIONS

<table>
<thead>
<tr>
<th>ACTION</th>
<th>DATES</th>
<th>ACTIVITY - LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>01/08/2018 STARTING DATE OF THE PROJECT</td>
<td></td>
</tr>
</tbody>
</table>
| A1     | 11th November 2018: arrival day | TRAINING COURSE-TC  
Morrano  
Orvieto (TR), ITALY  |
|        | 12th – 17th November 2018 (6 days) |  |
|        | 18th November 2018: departure day |  |
| A2     | 01st March 2019: arrival day | ADVANCE PLANNING VISIT- APV  
Poggio Mirteto  
(RI), ITALY  |
|        | 02nd – 03rd March 2019 (2 days) |  |
|        | 04th March 2019: departure day |  |
| A3     | 02nd April 2019: arrival day | YOUTH EXCHANGE 1- YE1  
Poggio Mirteto  
(RI), ITALY  |
|        | 03rd – 10th April 2019 (8 days) |  |
|        | 11th April 2019: departure day |  |
| A4     | 1st July 2019: arrival day | YOUTH EXCHANGE 2- YE2  
Poggio Mirteto  
(RI), ITALY  |
|        | 2nd – 9th July 2019 (8 days) |  |
|        | 10th July 2019: departure day |  |
|        | 30/11/2019 ENDING DATE OF THE PROJECT | |

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## VENUES

The project will be hosted in two different venues:

**TC VENUE:** Casa Laboratorio il Cerquosino, Morrano Orvieto (TR), ITALY  
Website: [www.cerquosinoartemide.org](http://www.cerquosinoartemide.org)  
Facebook: @CerquosinoArtemide

**APV and Yes VENUE:** Tenuta Sant’Antonio, Poggio Mirteto (RI), ITALY  
Website: [www.tenuta-santantonio.it/sabina/](http://www.tenuta-santantonio.it/sabina/)  
Facebook: @Tenuta.S.Antonio.Official.Page

Before coming, please, be sure you are aware of where we are going to be hosted.

Further logistic information will be given after the registration of the application forms.
## ORGANIZATIONS INVOLVED and NUMBER OF PARTICIPANTS

<table>
<thead>
<tr>
<th>ORGANIZATION</th>
<th>COUNTRY</th>
<th>N. OF PARTICIPANTS - TRAINING COURSE</th>
<th>N. OF PARTICIPANTS - APV</th>
<th>N. OF PARTICIPANTS - YOUTH EXCHANGE 1</th>
<th>N. OF PARTICIPANTS - YOUTH EXCHANGE 2</th>
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<tbody>
<tr>
<td>LUNARIA + ARTEMIDE</td>
<td>ITALY</td>
<td>4</td>
<td>1</td>
<td>6+2GLs</td>
<td>6+2GLs</td>
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<tr>
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<td>ROMANIA</td>
<td>3</td>
<td>1</td>
<td>6+1GL</td>
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<tr>
<td>GENCTUR</td>
<td>TURKEY</td>
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<td>1</td>
<td>6+1GL</td>
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<tr>
<td>EQUA</td>
<td>SPAIN</td>
<td>2+1AP</td>
<td>1</td>
<td>6+2 (GL+AP)</td>
<td></td>
</tr>
<tr>
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<td>3</td>
<td>1</td>
<td></td>
<td>6+1GL</td>
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<tr>
<td>YOUTHFULLY YOURS SR</td>
<td>SLOVAKIA</td>
<td>3</td>
<td>1</td>
<td></td>
<td>6+1GL</td>
</tr>
<tr>
<td>CONCORDIA MIDI PYRÉNÉES</td>
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<td>3</td>
<td>1</td>
<td></td>
<td>6+1GL</td>
</tr>
</tbody>
</table>

## FINANCIAL CONDITIONS

### TRAVEL COSTS FOR TC, APV and YEs

<table>
<thead>
<tr>
<th>ORGANIZATION</th>
<th>COUNTRY</th>
<th>DISTANCE BAND</th>
<th>AMOUNT per person</th>
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</thead>
<tbody>
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<td>LUNARIA+ ARTEMIDE</td>
<td>ITALY</td>
<td>Between 100 and 499 KM</td>
<td>180 €</td>
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<td>UNIVERSITUR</td>
<td>ROMANIA</td>
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<tr>
<td>GENCTUR</td>
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<td>Between 500 and 1999 KM</td>
<td>275,00 €</td>
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<td>FRANCE</td>
<td>Between 500 and 1999 KM</td>
<td>275,00 €</td>
</tr>
</tbody>
</table>
GENERAL REMARKS

ELIGIBILITY OF EXPENDITURES

The eligibility starting date of the project is the 01/08/2018. All the expenditures occurred before this date are not considered formally eligible and cannot be refunded.

TRAVEL COSTS AND REFUNDS

The amount described above is calculated through the Travel Distance Calculator of the EACEA.

This amount is the maximum that can be refunded.

The travel costs, anticipated by participants, are refunded upon the presentation of all the travel documents in originals, up to the maximum specified in the tables above “AMOUNT per person” and accordingly to the travel documents and invoices received by Lunaria. In the case the travel costs beard will exceed this amount, the amount refunded will correspond to the one fixed in the application form, as approved by the Italian National Agency.

We will refund all the participants after the end of the action, upon the presentation of the travel documents, once we receive all the tickets and airplane boarding passes A/R in original. Normally the refund process can take, approximately, 6 months.

The refunds will be done directly to the sending organizations bank account, not to the participant’s bank accounts.