



Workcamps Programme 2018

This is the list of the projects of the NOMADS network, for updates visit go-nomads.eu

To enroll contact your national organizations:

In Estonia: **Estyes** - estyes@estyes.ee

In France: **Concordia** - workcamps@concordia.fr

In Greece: **Citizens in Action** - outgoing@citizensinaction.gr

In Italy: **Lunaria** - workcamps@lunaria.org

In Catalunya/Spain: **COCAT** - outgoing@cocat.org

In Scotland/UK: **Xchange Scotland**

elizabethjordan@xchangescotland.org

Italy

LUNAR 02

“HURRICANE CLUB HOUSE”

Milan

RENOVATION/SPORT

14/06/2018-26/06/2018

VOLS: 10 - AGE: 21-30

SUMMARY: Build up a Club House which will be both a place for socialization and a location to organize new sport/social projects. Let's be part of the Hurricane family enjoying sport and disseminating social and ethical values. #BuildANewWorld #Sport4All #Creativity #Antidiscrimination

PROJECT: The host association “Rubin Carter” was founded in 2008 and from 2013 runs a community gym, with the aim to guarantee economical accessibility to sport for all in the expensive city of Milan. The gym “Hurricane” supports several projects in which an upright fair play represent the natural prevention to discrimination and racism. The gym is completely self managed by the athletes and the coaches, that created and built up it independently in a daily development. The activities are continuously increasing and with the help of workcampers in the past two years there were realized a second floor of the gym and an outdoor workout area. Now it's time to build up a Club House for the socialization before and after trainings, to share and organize new sport and social projects.

WORK: The international volunteers group will help the local volunteers to dispose of trashes, clean up, rebuilt walls, pave floors, do plumbing and electrical works, painting, decorating, setting up the Club House... a lot of hard works! In the free time you can also enjoy the sport classes of boxe, yoga, martial arts, tai chi, break dance, capoeira, theater, belly dance... We will organize workshops about the practice of self building and public moment of community working.

ACCOMMODATION AND FOOD: Volunteers will be hosted at the “Space of Mutual Aid”, a community squat that hosts a lot of social projects and the co-housing of tens of families from all over the world. Here there is one large apartment (130 square meters) entirely dedicated to the volunteers without distinction between males and females. There will be hot water in the bathroom. You can use the Wifi in the building, but not in the room. The food will be prepared together by the volunteers and you can also eat vegetarian.

LOCATION: Milan, Italy

TERMINAL: Milan.

France

CONCF 251

“GREEN INVADERS!”

SAINT JULIEN SUR REYSSOUZE

10/08/2018 - 24/08/2018

12 vols

18-30

PROJECT: They are small, they are green, they seem harmless and yet they are dangerous invaders for environment ... Help us to defeat them!

These invaders are two invasive plants that have settled in recent years in the wetlands around Bourg-en- Bresse: the Brazilian Milfoil and the Japanese knotweed. In their natural environment they pose no danger. By growing in another environment these exotic plants proliferate and threaten traditional ecosystems. Come to participate in a great action to clean the banks of the Reyssouze and ponds to help us remove these plants in order to safeguard the local environment.

This project, organized in partnership with Maison de l'Europe de l'Ain, is part of the 55th anniversary of the town twinning with Bad Kreuznach in Germany. Bourg en Bresse is also twinned with San Severo in Italy. A large Italian community settled in Bourg-en- Bresse originates from there.

WORK: In liaison with a technical coordinator of Concordia and supported by the teams of the river union of the Bassin Versant de la Reyssouze, you will remove the invasive plants by using the most appropriate technique (pulling, mowing ...). The cleaning will be done manually or with non-thermal tools. On the side, you will participate in an enhancement action of the river's bank by cutting down small shrubs (willow).

ACCOMMODATION: You will be accommodated in a non-mixed tent at the Plaine Tonique of Montrevel-en- Bresse, near the workcamp which will mainly take place in Saint-Julien-sur-Reyssouze and occasionally in the commune of Viriat. You will benefit from all the camp site's amenities.

The group will be supervised by two animators, a group life animator and a technical one. Together, you will participate in the organization of the collective life (household, activities ...) and the preparation of meals using products that will be purchased nearby. We will promote local products as well as short circuits. Tastings of local specialties may be organized by local producers.

LOCATION AND LEISURE ACTIVITIES: La Plaine Tonique, where you will be accommodated, is also a very popular leisure area in the region of Bourg-en-Bresse. With a lake of 90 hectares bordered by a beach of more than 300 meters, you will discover and enjoy many water activities. A swimming pool will also be available as well as many green areas that are perfect for any outdoor activities.

Located in the heart of Bresse, this site will also allow you to discover a region rich in culture and heritage. You will be able to visit Bourg-en-Bresse, the department's prefecture of Ain, and discover the Royal Monastery of Brou which has been recognized as the French favorite monument. The region is also famous for its gastronomy.

SPECIAL REQUIREMENTS AND REMARKS: Remember to bring gloves as well as clothes and shoes that you don't mind getting dirty. As the workcamp takes place in a wet zone, a pair of boots is necessary. Remember to bring a warm duvet and appropriate clothing in case of rain (polar, waterproof ...). Do not forget also sun protection (hat, glasses, cream ...) and your bath suit for swimming. Friendly times will be programmed in connection with our animators and according to your desires! If you want to share a bit of your culture (recipes, traditional stories, unusual objects ...), do not hesitate to take a small piece of your country in your backpack!

Foreigners belonging to the European Union must bring with them a personal EHIC (European Health Insurance Card), and everybody must, in any case, bring their insurance certificate. If health issues happen on the project, volunteers will have to pay for it, and then be reimbursed once back in their home country.

TERMINAL: Lyon, Genova or Paris

CONCF 011

“IN THE HEART OF THE PYRENEES”

LARUNS

02/08/2018 – 23/08/2018

12 vols

18-30

PROJECT: For mountain lovers! Spend three weeks in altitude on the western Pyrenees Mountains. Laruns, mountain town at the top of the Ossau Valley belongs to the Pyrenees' natural national park. It is the third year that we work with Laruns municipality which happens to be the third biggest county of France (approximately 250 000 km²). This year they want us to open trekking path for hikers. It is a unique opportunity to experience life in the mountains and meet its people.

WORK: With the support of a technical facilitator, you will participate in the enhancement of a trekking path by working on its alignment and setting up signs. The first part of the track was done last year, this summer you should be able to reach an old mountain shelter which will be the object of next year workcamp. During work you will meet hikers. The work place is located at 1400m above sea level and there will be one or two hours walk every day.

ACCOMMODATION AND MEALS: You will be accommodated in the sports hall of the village for the weekends and during the week you will sleep in tents in a high altitude camp with a big tent at your disposal for collective life. You will be able to set up all the commodities you need there; a bread oven, solar shower, toilets... You will share the various collective tasks and prepare meals together.

LOCATION AND LEISURE: Laruns is located 50Km south of Pau city and 30Km from the Spanish border. Hiking, climbing initiation and discovery of local traditions will be offered during leisure times. For more information, visit the following websites: <http://fr.wikipedia.org/wiki/Laruns>

SPECIAL REMARKS: It is necessary to be in a good physical condition and ready to do sport to participate to this project as you'll need to climb the mountain up and down regularly. We ask for a motivation letter when you register. Bring a warm sleeping bag, both lightweight and very warm clothes as well as rain gear, mountain hiking shoes, mosquito repellent, flashlight, batteries, sunscreen and swimsuit. A backpack is necessary to go up and down the mountain daily. Foreigners belonging to the European Union must bring with them a personal EHIC (European Health Insurance Card), and everybody must, in any case, bring their insurance certificate. If health issues happen on the project, volunteers will have to pay for it, and then be reimbursed once back in their home country.

TERMINAL: Toulouse

CONCF 010

“EAUX BONNES – Into the wild”

Eaux-Bonnes

02/08/2018 - 23/08/2018

12 vols

18-30

PROJECT: For mountain lovers! Come to spend three weeks in altitude on the western Pyrenees Mountains! Eaux Bonnes, mountain city at the top of the Ossau Valley, is a renowned spa resort in the heart of the Pyrenees Mountains and the largest ski area in the region. For the eighth year in a row, Concordia organize a workcamp in partnership with the municipality. It is a unique opportunity to experience life in the mountains and meet its people.

WORK: The workcamp will be located in a wonderful area, right on the “empress boardwalk”, a walking trail linking the village to the belvederes which overlook it. You will have to participate in the renovation of dry walls bordering the path. These walls are hundreds of years old so they suffered from time, water runoff and mountain weather. You will be supervised by a technical animator and members of the municipality staff.

ACCOMMODATION AND MEALS: You will either stay indoors in a new location or in tents at the camping near the village, with access to toilets and showers as well as a room for collective life and activities. You will share the cleaning chores and prepare meals together.

LOCATION AND LEISURE: Eaux Bonnes is located 50km south of Pau city and 30km from the Spanish border. Hiking, climbing initiation and discovery of local traditions will be offered during leisure times.

Special remarks: It is necessary to be in a good physical condition and ready to do sport to participate in this project as you’ll need to climb the mountain up and down regularly. We ask for a motivation letter when you register. Bring a 0-degree sleeping bag, both lightweight and very warm clothes as well as rain gear, mountain hiking shoes, mosquito repellent, flashlight, batteries, sunscreen and swimsuit. A backpack is necessary to go up and down the mountain daily.

Foreigners belonging to the European Union must bring with them a personal EHIC (European Health Insurance Card), and everybody must, in any case, bring their insurance certificate. If health issues happen on the project, volunteers will have to pay for it, and then be reimbursed once back in their home country.

TERMINAL: Toulouse or Bordeaux

Estonia

EST NOMADS 1

“TEENS SPORT COACHES IN SUMMER CAMPS 1”

NOVA

27/06/2018-08/07/2018

2 VOLS 18-30

PARTNER AND PROJECT: The Mens Sana in Corpore Sano is a camp organized for teenagers by youth sport club Lukas-Basket which has been running national youth camps for 15 years and International ones for the past 6 years. International teenage camps will be hosted on seaside in the West of Estonia in Laanemaa County in the municipality of Nova. Beautiful nature, numerous historical places, 200 years long tradition of health resort, unique cultural events are the treasures of the County. The aim of Nova camp is to give young people possibility to have active, healthy and meaningful summer vacations with different sport adventures, to enjoy unspoiled nature and to learn how to live in harmony with it, also to explore and realize their own capacities and limits.

WORK: You will help the local coaches to run the sport program, including water disciplines, sport and ball games, eco-hikes, bicycle trips to places of interest, horse riding, fishing, rowing, sailing with Viking boats, acquaintance with local culture and many other exciting things. Mens sana in corpore sano (Healthy Spirit in Healthy Body) – this is the message of the camp! Besides all this, camp gives possibility for intensive contacts between local youth and their peers from abroad, showing youngsters the diversity of world cultures, broadening their horizons and encouraging active communication through games and creative activities. Finally, there will be some voluntary work for nature protection and to support local community.

For volunteer camp leader the tasks will be

- informing and preparing the international participants of the specific works and activities;
- assisting running the camp daily program;
- monitoring the compliance with the camp's rules;
- facilitating the integration of all the participants – local and international;
- facilitating the communication between the camp's instructors and participants;
- preparing an running evening camp program;

FOOD & ACCOMMODATION: Accommodation in small wooden houses for modest extra charge. Please bring sleeping bag and mat. Showers, toilets are provided in the school. You will also try traditional Estonian sauna. Catering Three times a day. There are also multiple water machines with cold water in the school complex. Catering takes place in the schools mess hall or into the lager tent outside near the mess. Meals are cooked by professional cooks. Participants will be asked to help cleaning.

LOCATION: Nova with warm sea, white sand, mushroom and berry crops, picturesque lakes, cobblestone road and many places of interest is ideal place for leisure.

REQUIREMENTS: Volunteers should lead teenagers sport activities: it is needed to have previous experiences in being coaches or being motivated to help the local coaches in different disciplines.

Project photos, videos are available here

www.youtube.com/channel/UCBxgSUxDc5VUrRTc-31Q3cA,

www.facebook.com/media/set/?set=oa.1160020667388292&type=1

EST NOMADS 2

“TEENS SPORT COACHES IN SUMMER CAMPS 2”

NOVA

07/07/2018-18/07/2018

2 VOLS 18-30

PARTNER AND PROJECT: The Mens Sana in Corpore Sano is a camp organized for teenagers by youth sport club Lukas-Basket which has been running national youth camps for 15 years and International ones for the past 6 years. International teenage camps will be hosted on seaside in the West of Estonia in Laanemaa County in the municipality of Nova. Beautiful nature, numerous historical places, 200 years long tradition of health resort, unique cultural events are the treasures of the County. The aim of Nova camp is to give young people possibility to have active, healthy and meaningful summer vacations with different sport adventures, to enjoy unspoiled nature and to learn how to live in harmony with it, also to explore and realize their own capacities and limits.

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- assisting running the camp daily program;
- monitoring the compliance with the camp's rules;
- facilitating the integration of all the participants – local and international;
- facilitating the communication between the camp's instructors and participants;
- preparing an running evening camp program;

FOOD & ACCOMMODATION: Accommodation in small wooden houses for modest extra charge.

Please bring sleeping bag and mat. Showers, toilets are provided in the school. You will also try traditional Estonian sauna. Catering Three times a day. There are also multiple water machines with cold water in the school complex. Catering takes place in the schools mess hall or into the lager tent outside near the mess. Meals are cooked by professional cooks. Participants will be asked to help cleaning.

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EST NOMADS 3

“TEENS SPORT COACHES IN SUMMER CAMPS 3”

NOVA

17/07/2018-28/07/2018

2 VOLS 18-30

PARTNER AND PROJECT: The Mens Sana in Corpore Sano is a camp organized for teenagers by youth sport club Lukas-Basket which has been running national youth camps for 15 years and International ones for the past 6 years. International teenage camps will be hosted on seaside in the West of Estonia in Laanemaa County in the municipality of Nova. Beautiful nature, numerous historical places, 200 years long tradition of health resort, unique cultural events are the treasures of the County. The aim of Nova camp is to give young people possibility to have active, healthy and meaningful summer vacations with different sport adventures, to enjoy unspoiled nature and to learn how to live in harmony with it, also to explore and realize their own capacities and limits.

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- facilitating the communication between the camp's instructors and participants;
- preparing an running evening camp program;

FOOD & ACCOMMODATION: Accommodation in small wooden houses for modest extra charge.

Please bring sleeping bag and mat. Showers, toilets are provided in the school. You will also try traditional Estonian sauna. Catering Three times a day. There are also multiple water machines with cold water in the school complex. Catering takes place in the schools mess hall or into the lager tent outside near the mess. Meals are cooked by professional cooks. Participants will be asked to help cleaning.

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EST NOMADS 4

“TEENS SPORT COACHES IN SUMMER CAMPS 4”

Nova

27/07/2018-07/08/2018

2 vols 18-30

PARTNER AND PROJECT: The Mens Sana in Corpore Sano is a camp organized for teenagers by youth sport club Lukas-Basket which has been running national youth camps for 15 years and International ones for the past 6 years. International teenage camps will be hosted on seaside in the West of Estonia in Laanemaa County in the municipality of Nova. Beautiful nature, numerous historical places, 200 years long tradition of health resort, unique cultural events are the treasures of the County. The aim of Nova camp is to give young people possibility to have active, healthy and meaningful summer vacations with different sport adventures, to enjoy unspoiled nature and to learn how to live in harmony with it, also to explore and realize their own capacities and limits.

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- preparing an running evening camp program;

FOOD & ACCOMMODATION: Accommodation in small wooden houses for modest extra charge.

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EST NOMADS 4 (EST 38)

“TAEVASKOJA YOUTH CAMP I”

Polva

14/07/2018 - 31/07/2018

3 vols 19-30

EST NOMADS 5 (EST 39)

“TAEVASKOJA YOUTH CAMP II”

Polva

04/08/2018 - 21/08/2018

3 vols 19-30

Project

Taevaskoja Youth Camp is adventurous hiking camp that has been active for 23 years. The aim of Taevaskoja camp is to support children's development through non-formal education. During the youth camp kids participate in different workshops about health, safety, culture and enjoy climbing and hiking activities. Taevaskoja is located in South-Estonia, about 230 km from Tallinn. The camp site is very close to the one of the most popular natural touristic place – Suur Taevaskoda (The Large Heaven's Hall), surrounded by beautiful forest and close to the one of the longest rivers in Estonia. Such location brings children closer to unspoiled nature and gives them an excellent opportunity to get acquainted with Estonian national heritage richly presented in the area. Each summer the camp aims to develop children's knowledges about different cultures and support the growth of tolerance. To do that Taevaskoja Youth Camp invites international volunteers to join the camp as animators. Children come to Taevaskoja camp from all over Estonia. Most of them have basic knowledge of English and are very happy to have a chance to practice it. More information on www.taevaskoja.ee/taevaskoja-noortelaager/ Camp has 2 periods:

Camp I with 2 shifts: 15.-21.07 (children aged 8-12); 23.-30.07 (youngsters aged 12-16). Days off are 21-23.07.

Camp II with 2 shifts: 05.-11.08 (children aged 10-14); 13.-20.08 (youngsters aged 13-18). Days off are 11-13.08.

Work

Each day of the camp will have a program completed by local coordinators and the volunteers will be helping to realize it. We expect that volunteers would lead workshops connected with their **culture (traditional dances, games, everyday life, food etc)**. The main activities will be intercultural learning through finding differences and similarities between Estonia and countries, where volunteers come from (history, traditions, language, singing, dancing, etc). It will be done through games, drama, sport, discussions. We expect active volunteers with the good knowledge of history and culture of their country and ability to present it. After placement volunteers will be contacted by organizers to get involved in the preparation of the program before arrival to Estonia. Volunteer will work in partnership with professional local educators and youth workers – 9 staff members.

Accommodation

In the same house with kids, separate room for volunteers and staff members (2-3 people in the same room). Volunteers will eat together with children and staff in the canteen. Showers, toilets and Wi-Fi are available.

Location

Taevaskoja is a tiny village in South-Estonia with 90 habitants. However during summer period it is one of the most visited natural sightseeing places. Distance from Tallinn is 230 km.

<http://www.taevaskoja.ee/taevaskoja-loodus>

<http://www.visitestonia.com/en/suur-ja-vaike-taevaskoda-sandstone-outcrops>

Terminal

Airport, harbour, bus & train stations in Tallinn or Riga (capital of Latvia). From these cities it is easy to travel to Tartu by bus and from Tartu it is possible to arrive to Taevaskoja by bus or train. If necessary we will provide transport from Tartu to Taevaskoja by car. We are expecting volunteers to arrive to Taevaskoja one day before the youth camp starts to make all the preparations.

Special requirements

You have to be minimum 19 years old, love kids and be really **motivated to work** with them. **The work demands 24-hours commitment and it can be pretty hard sometimes.** Weekends not free! Experience in work with children is an advantage. We expect active volunteers with the good knowledge of history and culture of their country and ability to present it. All exciting ideas of activities for kids, games etc are welcome. Good ability to communicate in English is necessary and knowledge of Russian may be useful.

Leisure time

Plenty of possibilities: hiking, swimming, sunbathing, sports, games, excursions to the places of interest in the area.

Participation fee

We ask participants to contribute **20 Euro** each towards the costs of general administration. **This fee has to be paid by bank transfer before the beginning of the camp.** If you cannot make bank transfer please contact your sending organization for solution.

Greece

CIA 01

“KOUTSOURAS”

Crete

16/07/2018-31/07/2018

18-30

15 Vols

PROJECT AND PARTNER: Municipality of Ierapetra (Department of Environment), communities of Koutsoura–Stavrohoriou and Oreino, cultural associations of Koutsoura–Stavrohoriou and Oreino. Local partners believe that international volunteers are an incentive to the whole local community to get involved in the solution of local problems. In the last three years, because of continuous International workcamps in the area, a very vast network of local people has been mobilised and have been involved in all phases of the camp life. This involvement has a positive impact not only in terms of work but also in the community cohesion and develops an interesting dynamic.

WORK: Volunteers will be involved in forestry work. In cooperation with local environmental groups and communities, they will work at creating a hiking route, connecting the area of Koutsoura to the monastery of Zoodohou Pigis Ligia (“the life-giving fountain of Ligia”) that hosts a church of archaeological interest. More specifically volunteers will:

- Clean the route from old trees and other materials, as a fire protection measure.
- Create and place sign posts and information panels along the path.
- Create wooden fences in exposed parts of the path and wooden steps if and where needed.

Volunteers will also help in the maintenance of the “gorge of butterflies” hiking route, that was created by volunteering workcamps during the past three years.

The workcamp takes place in the framework of NOMADS project, aiming to promote the common values of IVS and sports for all. In addition to enriching the hiking routes of the area, the volunteers are encouraged to participate and organize sport activities with the local community. In that spirit, at the end of the camp, the volunteers will prepare a “youth sport day”, in cooperation with the “Parents – Teachers Association” of the community of “Kato horio”.

Volunteers will work 5 hours per day, 6 days per week. We might need to adapt the daily schedule (e.g start working at 6 in the morning or work in the morning and afternoon) in order to avoid the hottest hours of the day. Any changes in the working schedule and/or type of work will be discussed and decided as a group and in close cooperation with the local host.

ACCOMMODATION AND FOOD: Volunteers will be hosted at the high school near Koutsouras village, by the seaside. They will sleep on the floor, on mattresses provided by the local host. Toilets and showers with warm water are provided at the gym, within the school complex. Volunteers will be given all necessary equipment and materials from the local host and they will prepare their meals in shifts. We will cook using local products and donated raw or cooked supplies and we will adapt our menu to the supplies we receive.

LOCATION AND LEISURE: Ierapetra, the closest town to Koutsoura, is in the south east of Crete Island. There is the possibility to organize visits and excursions to the most important sites of the area. Volunteers will also have the opportunity to visit and participate in some of the cultural events organised in different parts of the area. Camp-leaders will organise free time activities in co-operation with the volunteers and the local partner. The host organization does not cover free time activities expenses.

TERMINAL: Heraklion (HER) or Sitia (JSH) airports. Heraklion port (if coming from Piraeus or other island by ferry). Ierapetra Bus Station.

NOTES: The work will be physically demanding mainly because of the weather conditions (sun, high temperatures and wind). The recommended travel option is to arrive in Heraklion (either airport or port) before 12:00 on the 16th of July and depart from Heraklion after 12:00 on the 31st of July. Please try to arrange your travel according to the above mentioned dates as we will be not able to help you reach the camp side otherwise.

Catalunya

CAT 15

“REHABILITATION OF THE OLD WINE CELLAR AND SPORTS”

Solivella

23/07/2018 - 03/08/2018,

16 Vols 18- 29

PARTNER AND PROJECT: The workcamp takes place in Solivella, located in the Conca de Barberà County. The workcamp goals are to recover the agricultural industrial estate set, with its headquarters and winery, discover the culture of Conca de Barberà County and last but not least, raise awareness among local people of heritage protection. The workcamp is organized with FEJC, Fundació Escolta Josep Carol.

WORK: Recovery and rehabilitation of the old headquarters and winery of the Agricultural Syndicate, which had cinema, theatre, recreation room, courtyards, office, projection room and laboratory. First of all, the volunteers will begin to rehabilitate the entrance, the recreation room, the courtyard and the toilets.

The technical work is divided into 4 phases:

- 1st phase: Western entrance rehabilitation, recreation room, courtyard and toilets.
- 2nd phase: Recovery of the old offices and laboratory.
- 3rd phase: Recovery of the theatre and cinema.
- 4th phase: East entrance recovery and projection room.

The volunteers will also work for the Solivella main festival, which is organized by many city entities, like sports association or Rigor Mortis, a local group of people who dress up like devils and light fireworks during the most important city celebrations.

ACCOMMODATION: The annexed building of Escola Sagrat Cor, which has a big room with beds and a smaller one where the volunteers can put their personal belongings. Sleeping bag needed.

FREE TIMES ACTIVITIES: Many games and workshops will be suggested for the leisure time. The volunteers will be free to use the swimming pool and to participate in many activities also during the night.

REMARKS: Don't forget comfortable clothes to do the technical work.

FEE: 20€

United Kingdom

CODE: XS02 Dean Castle

Kilmarnock

05/08/2018 - 15/08/2018

Vols 10 age: 18-30

PARTNER AND PROJECT: You will be joining partners Dean Castle Country Park, Scotland Sports Futures and East Ayrshire Leisure. Dean Castle Country Park covers over 200 acres and is nestled in the heart of Kilmarnock. The Country Park includes a fantastic 14th century castle, housing world class collections including historic weapons, armour and musical instruments. You can explore the beautiful woodland walks, an adventure playground, urban farm, visitor centre, tearoom, shop using scenic paths and see some fantastic wildlife. Our partner East Ayrshire Leisure works closely with Dean Castle Country Park and provides sporting opportunities to the local Kilmarnock area. You will also be joining Scotland Sports Future a committed partner whose mission it is to Use the power of sport to inspire young people to make positive lifestyle choices. They have special events planned for the European Championships which you will help support.

WORK:At Dean Castle, you'll be carrying out practical conservation work including footpath maintenance and invasive species management. This conservation work at Dean Castle Country Park and across their path network of East Ayrshire is helping improve access for outdoor activities for the community. Additionally, with East Ayrshire Leisure you'll be volunteering at the Ayrshire Athletics Arena, helping run coaching sessions and summer boot camps. We will be doing sports volunteering with partner Scotland Sports Futures when the European Championships comes to Glasgow this August. You will be involved showcasing the incredible opportunities there are for people of all ages and abilities to get active or try a new sport. This will involve a variety of sporting events run at the iconic Glasgow Green!

ACCOMMODATION:The volunteers will be housed at a new residential centre in the country park just along the main drive for the castle. There will be four to a room in bunk beds. There is sufficient space that men and women can sleep in different rooms. There is a kitchen with cooking equipment available for the volunteers to use at the centre as well as a recreational space. Location: Dean Castle Country Park is in Kilmarnock, East Ayrshire. There are places to visit within a short distance, Troon is easily accessible by train (15 mins) with beach and views to Arran and Glasgow is 40 mins away by train.

This project is reserved for NOMADs volunteers, but will be opened up to other volunteers if there are free spaces later in the season (an Erasmus+ project led by Lunaria). Terminal: Glasgow, and then train to Kilmarnock. Language: English. Special requirements: You'll need outdoor clothing that can get muddy, sturdy boots and waterproofs. All volunteers should be over 18, and will need to provide a criminal records check for working with children, and two references. And bring lots of enthusiasm for the project :)