



# -SEEDS-

## Who we are:

SEEDS Iceland was founded in 2005 as a non-governmental, non-profit volunteer organisation with international scope. Our main activities relate to the promotion of environmental protection and awareness, intercultural understanding and peace, through the work on social, cultural and environmental projects in Iceland. We aim to empower, inform and expand the horizons of people of all ages, cultures, and backgrounds, to inform them about the world in which we live and to take an active role in its future development. SEEDS provides opportunities to live, learn, understand and experience, while sharing and cooperating with others from different cultures and backgrounds.

## What we do:

Volunteers performed different types of tasks, for instance ecological research, removing invasive growth, building hiking trails, cleaning up the coastline, reforestation and erosion control work as well as construction or renovation of heritage monuments or community centres. In the cultural/festival/sport events related jobs, SEEDS came into action helping in their organisation and also taking part actively in the events.

Official website: <http://www.seeds.is/>





# Worldwide Friends - Veraldarvinir

Volunteers in Iceland

## Who we are:

Worldwide Friends, also known as Veraldarvinir (in Icelandic) was founded in 2001 as a non-governmental, non-profit organization promoting nature and peace orientated activities for people interested in spending some time in Iceland as volunteers. WF also sends Icelanders abroad who wish to have similar experiences as volunteers. The main activities offered are workcamps, exchange programs and educational seminars.

## What we do:

All our activities are suitable for anybody over the age of 18. In our present time the endeavour of attaining world peace has become a tangible reality, and the development and strengthening of bonds of cooperation and friendship through contact with people from other countries and cultures has proven to be one of the most fruitful means to achieve understanding and unity among nations. Veraldarvinir's main aim is to increase intercultural understanding through offering foreign volunteers the opportunity to take part in nature and peace orientated activities. For volunteers coming to Iceland, such projects will give them a unique opportunity to not only explore and directly interact with Iceland's unique culture and landscape, but also to work with other international volunteers as well as with local inhabitants in demanding and unfamiliar contexts. The direct interaction with unspoiled nature and with people from different backgrounds sharing common interests, generates challenging situations. It provides the participants with invaluable opportunities to learn more about themselves as individuals, their international fellowmen, their respective cultures, and the human and natural richness of Mother Earth. These are all unique possibilities for harnessing world union and understanding in an integrated manner.

Official website: <http://wf.is/>

Official Facebook Page: <https://www.facebook.com/WFveraldarvinir>

