

## INFOKIT

### (RE)CREATIVE SPACES

#### Social Inclusion through Free Time, Creativity and Diverse-Abilities

13th-20th November 2015

(Arrival: 12th November; Departure: 21st November)

Albergue Las Moreras, Benaocaz, Cadiz, Andalucia, SPAIN

In Benaocaz, in the very heart of the slopes of the Grazalema, Las Moreras sits beautifully within the mountainside of the Natural Park, where the participants will reside in shared rooms with shared bathrooms. There will be a cook to prepare the meals however the participants will be required to partake in the daily tasks which allow living together to be an easier experience; preparation and giving a hand in the kitchen, cleaning the common areas etc. The workshops will also be held in the multi-use room of Las Moreras.

One of the "white villages" of Andalucia, Benaocaz has 740 inhabitants and a rich history still visible in its Arabic Nazari neighbourhood and Roman ruins around the area, local Andalusian squares and streets.

#### Partners:

Asociación EQUA	Spain	4 participants
Fundacio Trinijove	Spain	4 participants
Lunaria	Italy	3 participants
Keffiyeh Center	Palestine	4 participants
Asociatia Universitur	Romania	4 participants
Utilapu	Hungary	4 participants
Duha Tangram	Czech Republic	5 participants

All travel costs will be refunded directly to the sending organisations of the participants.

**Age:** 18+

**Target Group:** Youth workers and social workers or volunteers intending to work in this area, active at local or international level working with young people in the field of social inclusion, participation and/or transformation. It is not necessary to have experience working or volunteering with people with disabilities, however participants should have either experience or interest in working with heterogeneous groups and topics of diversity and equal opportunities as well as being motivated in using free time activities, open and public spaces, art and creativity as tools for this area of work.

**Aim of the Project:** Build together and share a working methodology which serves as a strategy for INCLUSIVE social development for territories in differing situations of economic, social and political crisis, which is transferable and applicable to the different realities of the partner organisations and collaborates with the social and labour inclusion of the young people of these organisations and their local communities through methods of Popular and Non Formal Education, alternative and creative uses of public spaces.

**Specific Objectives:**

- Develop professional and enterprising competences which are applicable in youth work in the European and international field through social and artistic techniques and self-managed activities for the community which, moreover, are used to raise awareness about diversity and social and professional inclusion of young people in general as well as young people with functional diversity in particular.
- Generate a space which allows intercultural learning, dialogue and debate around the current situation for young people in Europe and in neighbouring countries and promote artistic, educational and free time open air activities which foment critical analysis and creation of proposals for transformation through social and cultural animation and young enterprising, which can give way to new projects working alongside each other within the same itinerary in the framework of the Erasmus Plus Programme.
- Strengthen the feeling of European citizenship and solidarity through the creation and transmission of messages and activities related to the opportunities which Erasmus + offers as a strategy for social inclusion carried out for and by young people.

**Content Areas:**

- The "Group" and Popular/Non Formal Education
- Inclusion/Exclusion, Diversity and Diverse Abilities
- Project Cycles, Inclusion Strategies and Adaptations for People with Less Opportunities
- Art, Creativity and Free Time Activities as a Tool for Transformation
- Mediation, Empowerment, Conflict Resolution and Disability
- Good Practices, "Putting into Practice" (Final Activity) and Future Steps

These contents and objectives are outlined through training workshops with participatory methodology in Popular and Non Formal Education, learning by doing and Education in Values, applying creative tools such as movement, theatre, arts and crafts, photography, music/rhythm, self-managed activities in learning and living together and inclusive free time and leisure, sharing Good Practices from the partner organisations and the coordinating association, and a final Community Action which will be carried out in the public spaces of the village where the Training Course takes place.

This Action will show the competences and techniques which have been developed during the Training, as well as facilitating a space for visibility of the project and social, intercultural and intergenerational dialogue between the participants, the local population and the other social organisations involved from the community of Benaocaz and that of Cadiz. This will be the immediate local impact, as well as empowering a group of young people with diverse abilities, giving visibility to their project and to the currently difficult territorial and economic context.

At a European and international level and more long-term, this project generates an international associative network which plans and itinerary of joint work, following the line of art as a tool of transformation and inclusion in the work with young people with diverse abilities, analysing results, giving visibility and providing an element of transferability to other projects and other organisations.

**Travel Costs:**

- for travel distances between 100 and 499 KM: 180,00€ per participant
- for travel distances between 500 and 1999 KM: 275,00€ per participant
- for travel distances between 2000 and 2999KM: 360,00€ per participant
- for travel distances between 3000 and 3999 KM: 530,00€ per participant

for travel distances between 4000 and 7999 KM: 820,00€ per participant  
for travel distances between 8000 and 11000 KM: 1.100,00€ per participant  
**Please contact us and wait for confirmation before reserving the tickets.**

Food and accommodation costs are covered by the project.

It is important that although the duration of the journey takes longer, that all participants arrive in Cadiz on the 12th November as we will depart all together in a private bus to the village (public transport is not so accessible in the mountainside). Early departures will also not be accepted as we will depart all together early morning of the 21st November to Cadiz. It is possible to reserve the flights up to 2 days prior or posterior to the arrival and departure date if the participants would like to spend free time in the area, the travel costs will be covered the same, however outside of the project dates the food and lodging will not be covered by the project.

**Preparatory Work:**

- Unusual/unknown/unexpected facts, your favourite music, food, drink, jokes...etc. from your country.
- A short presentation of your organisation.
- Examples of Good Practices from your organisation and/or local community.

**Please inform us of any type of allergy or specific needs.**

**What to bring:**

- Original tickets and boarding passes;
- Sleeping bag and towel;
- Comfortable clothes and shoes for workshops and walking;
- Your own medication if necessary;
- Electric torch;
- Food/drink/music from your country;
- An object that personally represents you.

Asociación EQUA holds insurance for civil liability during the project. However, neither Las Moreras nor Asociación EQUA can be held responsible for your personal belongings during the project. It is recommended that the participants have their own health and travel insurance and that, in the corresponding cases, they bring their European Health Cards.

**How to Arrive:** Flights might be taken to Jerez, Seville, Malaga or Madrid (depending on connections, and by order of proximity). From any of these you can see train connections to Cádiz at [www.renfe.com](http://www.renfe.com) or buses from differing companies depending on the city from which you are arriving. Please do not hesitate to contact us for advice on the best or most economic way of travelling from different Spanish cities once you know where best you can fly to.

There will be an organised meeting point in the city of Cádiz depending on the times of arrivals. Please look into your travel as soon as possible so that it is possible to organise these meeting points and the hired bus for everybody to arrive together to Benaocaz.

**Please return the completed Application Forms of the participants of your organisation by Thursday 8<sup>th</sup> October and their travel proposals for confirmation before buying the tickets.**

**Contacts:**

Morgaine Green [morgaine.equa@hotmail.com](mailto:morgaine.equa@hotmail.com)

Enrique Beca [beca.equa@hotmail.com](mailto:beca.equa@hotmail.com)

+34 669 67 13 50

+34 956 21 18 05