



**UPA-UGANDA IN CONJUNCTION WITH LUNARIA-ITALY**

**PRESENTS**

**AN INTERNATIONAL WORKCAMP ON ENHANCING COMMUNITY  
DEVELOPMENT THROUGH KNOWLEDGE AND SKILLS  
ACQUISITION**

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| <b>Project Title</b>      | <b>Enhancing community development through knowledge and skills acquisition</b>  |
| <b>Date</b>               | <b>5<sup>th</sup> -23<sup>rd</sup> August 2015</b>   |
| <b>Duration</b>           | <b>3 Weeks</b>   |
| <b>Project Code</b>       | <b>UPA/009/15</b>  |
| <b>Project Host</b>       | <b>Uganda Pioneers Association</b>   |
| <b>Project Theme</b>      | <b>Gender and Education as key aspects in community development</b>  |
| <b>Project Location</b>   | UPA Central Branch is located in Wakiso District at the premises of UPA Head office in Nansana, Ochieng Zone, eight (8) miles Hoima Road from Kampala city.  |
| <b>Project Background</b> | <p>Uganda Pioneers' Association in conjunction with Lunaria Italy are implementing a JAMBO project under the Erasmus + Programme with the theme "<b>Gender issues, Women Empowerment and Youth unemployment</b>". The workcamp is a follow up on the various project activities that have been carried out by various regional partners, that is, <b>KVDA-Kenya, TYCEN-Tanzania, UPA-Uganda and Lunaria</b> as a lead organization.</p> <p><b>UPA aims at promoting</b> community based development, intercultural cooperation and youth participation through voluntary work.</p> <p><b>UPA objectives:</b></p> <ul style="list-style-type: none"> <li>• To encourage the dynamic age group (youth) to take leading roles towards development.</li> <li>• To promote and improve natural and acquired skills useful to the community.</li> <li>• To promote and exchange cultures to create friendship and mutual understanding.</li> <li>• To contribute to the development of community based social services.</li> </ul> <p>Workcamps have been used as means for building local communities. Volunteers from all over the world come together and through common efforts to build community centers, schools, health units,. We also engage in awareness creation through sensitizing communities on topical. Thematic issues including HIV/AIDS, Conflict management, Community sanitation, Reproductive health, Cultural heritage, environment conservation, Peace building to mention a few. Friendships across borders have been created and barriers between people from different cultures broken down.</p> |
| <b>Project objectives</b> | <ul style="list-style-type: none"> <li>• To create awareness on gender issues in the local communities</li> <li>• To promote the spirit of voluntarism amongst the community members.</li> <li>• To ensure that the community members take on the responsibility</li> </ul>  |

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|  | <p>for the education of their children.</p> <ul style="list-style-type: none"> <li>• To enhance gender equality amongst community members</li> </ul>  |
| <b>Activities</b>                      | <ul style="list-style-type: none"> <li>• Community mobilization</li> <li>• Community sensitization on gender issues</li> <li>• Workshops on gender issues amongst the participants</li> <li>• Conducting outreaches in secondary and primary schools</li> <li>• Forum theatre trainings for the workcamp participants</li> <li>• Cleaning at Wakiso Health Center IV</li> <li>• Painting and beautifying Nakkuule Health Centre II</li> </ul>                       |
| <b>Expected Outcome</b>                | <ul style="list-style-type: none"> <li>• Community members knowledgeable about gender issues</li> <li>• Students and pupils educated on gender equality.</li> <li>• Improved hygiene at Wakiso Health Centre</li> <li>• More clients attracted to Nakkuule Health Centre</li> </ul>   |
| <b>Cultural and educational visits</b> | <ul style="list-style-type: none"> <li>• A visit to Kasubi and Wamala tombs a 197 years old cultural heritage.</li> <li>• Visiting Nansana Community market</li> <li>• Cultural nights</li> </ul> <p><b>Note:</b><br/>There is also the possibility of visiting the Uganda Museum, Entebbe Wild life Centre and Botanical beach gardens all found in a radius of not more than 40 kilometers from the campsite <b>but at the cost of interested volunteers.</b></p> |
| <b>Beneficiaries</b>                   | <ul style="list-style-type: none"> <li>• International work camp participants</li> <li>• Medium and Long-term volunteers</li> <li>• Nansana Community</li> <li>• Students and pupils in schools</li> <li>• Local authorities</li> </ul>   |
| <b>Participation</b>                   | <p>The project expects 15 participants maximum with a composition of people from other regions of Uganda and International volunteer. Participants will work 6 hours daily from Monday to Friday. Weekends are for social interaction and/or excursions <b>unless</b> if the official camp programme has an activity.</p>   |
| <b>Who qualifies to participate</b>    | <ul style="list-style-type: none"> <li>• Open minded, ready to interact with other people of different cultural background</li> <li>• Willing to share his/her experiences</li> <li>• Flexible to live/stay in simple life conditions</li> <li>• Flexible to the taste of local and basic foods</li> <li>• Ready to work on the projects</li> <li>• No experience needed</li> </ul>   |
| <b>The Host Community</b>              | <p>The people found in central Uganda are multi-tribal with the majority population being Baganda. The main language spoken is Luganda with also a big percentage of people speaking English well.</p> <p>Like most regions in Uganda people in this community always</p>   |

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|                        | welcome visitors and always interested to talk/work with people from other cultural backgrounds. Volunteers on this project will have the opportunity to interact with mostly UPA members and those from the community.   |
| <b>Accommodation</b>   | <ul style="list-style-type: none"> <li>• Accommodation will be in simple rooms.</li> <li>• Participants will be required to carry own mat and sleeping bag.</li> <li>• The camp site has simple bathrooms and pit latrines no showers</li> <li>• A simple cooking shelter (Kitchen)</li> <li>• Participants are requested to bring with them mosquito nets.</li> </ul>  |
| <b>Meals</b>           | <ul style="list-style-type: none"> <li>• The food is basic and simple. Be ready to take the same dish for some days in a row.</li> <li>• Fruits can at times be availed for the campers from local markets.</li> <li>• Participants will chose food to prepare depending on the availability.</li> <li>• Workcampers will use charcoal or firewood to prepare the meals.</li> <li>• If you need more fruits/extra meals/special diet you can get it on your own cost but they are cheap depending on the season.</li> </ul>   |
| <b>Health Services</b> | Nansana has several medical clinics at distance of less than a kilo meter and the main hospitals are situated in a radius of 12Kilometres in Kampala  |
| <b>Water Source</b>    | Participants shall be required to collect water from the nearby spring well only about 600 meters away.   |
| <b>Weather</b>         | August is dry and sunny at times with occasional rains. It is advisable to bring light clothes. The temperatures are warm between 20 – 30 degrees centigrade and the evenings are at times a bit cold.  |
| <b>What to bring</b>   | <p>Participants shall be required to bring own sleeping bag, mat, pillow, mosquito net, sun cream, mosquito repellent, working gloves and boots/shoes. Light working clothes during working hours and warm clothes at night, as it may turn out to be chilly or cold; Musical instrument (optional); torch or flash light; water purifiers (optional); Personal effects (i.e. soap, toothpaste, toiletries)</p> <p>It would be nice if you can bring your national flag, common art facts of your country, stories, games, pictures and local recipes. It would be helpful for the cultural presentations about your country and for any social interactions. Above all do not forget a happy and positive attitude.</p> <p><b>NB:</b></p> <ul style="list-style-type: none"> <li>➤ <i>Shorts, dresses and skirts should reach knee length for cultural consideration.</i></li> <li>➤ <i>Smoking in public is illegal while engagement in drug/harsh carries a life prison sentence.</i></li> </ul> |