

Programma di volontariato 2014

“In Africa, in gruppo”

Lunaria normalmente propone iniziative di volontariato all'estero che coinvolgono partecipanti da tutto il mondo, ma recentemente abbiamo ricevuto molte richieste di poter partire con un gruppo italiano, specialmente per i progetti in Africa, e i nostri amici delle associazioni di volontariato di Togo, Kenya, Tanzania e Uganda ci hanno dato la disponibilità ad accogliere volontari italiani in gruppo.

Lunaria metterà in contatto tra di loro i volontari, appena iscritti, in modo da conoscersi, scambiare esperienze e preparare il viaggio. Inutile dire che sarà comunque necessario conoscere la lingua ufficiale del campo.

La quota di partecipazione è quella standard per i campi: 105 euro quota di iscrizione e 30 euro per la tessera associativa. I progetti nei Paesi del Sud, inoltre prevedono una extra fee da versare all'arrivo: i nostri partner dei PVS non possono contare sulle quote di iscrizione dei volontari in partenza, quindi per organizzare i progetti e garantire il coordinamento di tutta l'associazione hanno bisogno della solidarietà dei volontari internazionali .

Ecco le prime proposte su cui organizzeremo un gruppo/gruppi (4-10) che partiranno dall'Italia.

Uganda

Codice Progetto : UPA/003/14

Luogo : Pakwach Town

Date arrivo e partenza : 03/06/2014 - 21/06/2014

Extra fee : 250 euro

Project Host : UPA Pakwach Branch

Project theme : ‘Promoting Community Hygiene’

Project Location : The workcamp will take place at UPA – Pakwach Branch, Prumdepma premises, Kamana ‘B’ Village, Pakwach Town Council is in Nebbi District North western region. Pakwach Branch is located 420 km (6 -7 hours) drive from Kampala. It’s on the banks of River Nile, 1 km on Kampala – Arua Road.

Project background : The Branch is located in Jonam County, Nebbi District, North western Uganda. Jonam is warm area where little agricultural and fishing activities dominate the activities engaged in by the Local Communities. The Communities mainly live on the scarce natural resources that are strained by environmental degradation. Some food supplies come from neighboring districts to supplement the little production. Situated on the business transit route to Southern Sudan and Democratic Republic of Congo (DRC), Pakwach Town is exposed to multiplicity of preventable and infectious diseases like diarrhoea, worms, malaria, HIV/AIDS etc. These infections are due to many factors like ignorance; (attitude of the people), heavy human traffic and dirty conditions of life normally leading to poor hygiene bearing in mind that the fishing villages are in Pakwach Town itself.

UPA –Pakwach Branch has for a while been engaged in initiatives that address Community hygiene and is committed to designing new methods. The international workcamp is therefore designed to scale up the Community hygiene effort in Phase I at the three fishing Villages (Jabedo wie Gilwet, Wadi Kiboro, Amor Jukaal) and the Communities along the banks of River Nile within Pakwach Town Council.

Project Objectives :

To sensitize the fishing community on primary health care.

Promote sanitation among families in the community.
Providing modern drying racks for the fishing community.
Provision of affordable sanitary facilities at the Fish landing centres.

Activities :

Raising movable drying racks for the fishing Villages.
Cleaning water sources.
Digging rubbish pits.
Cleaning and leveling the Compound, planting flowers, trees, directing drainage channels.
Renovating on the existing pit latrines (walls, floors, Roofing) all with Local materials.
Community dialogue, sensitization, mobilization and advocacy on their own sanitation.

Expected outcome

5-10 drying racks to be established
6 rubbish pits dug with 2 pits each landing site.
3 Fish Landing Sites cleaned and redesigned.
Pit latrines renovated.
The community knowledgeable about sanitation and hygiene in their village.

Cultural and Educational Visits :

Visit Pacer Blacksmith Communities.
Visit the Fish Landing Sites along the River Nile banks.
Viewing of River Nile entry points into Lake Albert delta like in Panyimur.
Country side walks in the Local Community.
Visit the site of 2013 eclipse Owiny Primary School.

Participation : The project expects 15 participants maximum with a composition of people from other regions of Uganda and International volunteer. Participants will work 6 hours daily from Monday to Friday. Weekends are for social interaction and/or excursions unless if the official camp programme has an activity.

Who qualifies to participate :

Open minded, ready to interact with other people of different cultural background
Willing to share his/her experiences
Flexible to live/stay in simple life conditions
Flexible to the taste of local and basic foods
Ready to work on the projects
No experience needed

The Host Community : The people found in North Western Uganda are multi tribal and the tribes found along the river Nile are the Jonam (Luo). The major language spoken are Luo/Alur/Jonam with also a big percentage of the people speaking English very well. Like most regions in Uganda, people in this Community always welcome visitors and always interested to talk/work with people from other Cultural backgrounds. Volunteers on this Project will have the opportunities to interact with mostly the fishermen/fish wives and Community at large.

Accommodation : Accommodation will be in simple rooms. Participants will be required to carry own mat and sleeping bag. The camp site has simple bathrooms and pit latrines no showers, A simple cooking shelter (Kitchen), Participants are requested to bring with them mosquito nets.

Meals : The food is basic and simple. Be ready to take the same dish for some days in a row. Fruits can at times be availed for the campers from local markets. Participants will chose food to prepare depending on the availability. Workcampers will use charcoal or firewood to prepare the meals. If you need more fruits/extra meals/special diet you can get it on your own cost.

Health Services : Pakwach Health Centre IV is only 1km away while Nebbi and Angal St. Luke Hospitals are 34 km and 12km respectively. Private Health Service Units being managed by registered Medical Doctors are also available within the dignity.

Water Sources : The project Site has access to piped water and also river Nile is only 250 meters away.

Climate Weather : Uganda currently faces a very changing weather. The month of July/August

continues to be characterized with a mixture of some little rain and good sunshine. It is therefore occasionally wet.

Bringing a rain coat, rubber boot/shoes, warm cloth and umbrella will be advisable.

Please bring some light clothes too because it may be hot/warm for some long days

What to bring :Participants shall be required to bring own sleeping bag, mat, pillow, mosquito net, sun cream, mosquito repellent, working gloves and boots/shoes. Light working clothes during working hours and warm clothes at night, as it may turn out to be chilly or cold; Musical instrument (optional); torch or flash light; water purifiers (optional); Personal effects (i.e. soap, toothpaste, toiletries)

It would be nice if you can bring your national flag, common art facts of your country, stories, games, pictures and local recipes. It would be helpful for the cultural presentations about your country and for any social interactions. Above all do not forget a happy and positive attitude.

NB: Shorts, dresses and skirts should reach knee length for cultural consideration.

Smoking in public is illegal while engagement in drug/harsh carries a life prison sentence,

Codice Progetto : UPA/006/14

Luogo : Arua District

Date arrivo e partenza : 17/06/2014 05/07/2014

Extra fee : 250 euro

Project host : UPA Terego Branch

Project theme : High hope and positive Attitude to ending Domestic Violence Against women and girls in Randra-Odupi Arua District, Uganda.

Project location : Siripi – Imvepi Parish, Odupi Sub-County, Arua District. Greater west Nile Region (Uganda).Uganda Pioneers association – Terego Branch office 575 kilo Metres away from Kampala city of Uganda or 33 miles from Arua Town – Yumbe / Moyo road in Odupi subcounty.

Project back ground : Uganda Pioneers Association – Terego Branch (UPATB) a community non Governmental organization was established by the group of Women and youths in Terego county, Arua district in greater west Nile region and registered with District community Development department Arua Office 2008. The Project will be implemented by the Uganda Pioneers Association and the Randra-Odupi community Club members to bring and change the Negative attitude of two different sex especially women and men to understand the four major causes of Domestic violence and how to solved in their Families (societies). Randra-Odupi community has hosted the large number of two country refugees E.g. Sudanese and Congolese. The women and girls in Randra – Odupi community and also the refugees settled there are not well educated but they are all hardworking house wives and capable caring for their children and families. Most household incomes are dependent on women and girls who often have to deal with the day to day needs, e.g. providing food, clothing, health care needs, working in the garden etc.

The project targets both nationals and refugee violated women, girls, school girl dropouts and under aged marriages between 13-65 years to acquire the knowledge and skills in order to manage their families and continue to form village civic education clubs to educate other community members who are facing domestic violence.

The surveys and feasibility studies drawn from experiences have all provide this to be true, so since July 2013, the project committee members have been meeting to find some solutions to this situation. Consultations and debates organized showed that, in order to end the domestic violence against women and girls, there was need to carry out monthly community outreaches and formation

of village civic education clubs in each village and clusters in refugee settlement camps.

Project objectives :

To offer violated women and girls opportunity to interact and share good practices as means to reduce stigma and discrimination in societies through writings/group discussions.

To promote partnership and networking amongst the community based organizations.

To promote gender equality in the community through women and girls empowerment.

To improve on nutrition and immunity amongst children to reduce their vulnerability to preventable diseases.

Activities :

Meeting with Sub-county and refugee leaders.

Mobilize and conduct community sensitization outreaches.

Formation of village civic education clubs.

Distribution of supplies/equipments to club members.

Forum Theater Trainings.

Radio talk shows.

Home visits to violated women and girls families.

Singing and dancing with the club members e.g. Ugandans, Sudanese and Congolese.

Community debates/recording.

Two days competitive sports day gala.

20 drying racks constructed

Construction of classroom blocks

Expected outcome :

Improved family and community hygiene

Increased enrollment in the schools

Increased knowledge on gender equality and how to address cases of abuse

Improved standards of living for both refugees and local community members

Cultural and historical visitations : Climbing mountains and hills for good viewing, River Nile and water falls in Obongi and Rhino camp Bases, Ajai Game reserves (Madi Ogoko), Refugee settlements Rhino camp and Imvepi Settlements, Agro and Forests, The Outings are on a voluntarily basis and on the own expenses.

Beneficiaries : Native and refugee women / Girls.

Workcamp participants : Community members, Community based organizations

Participation : The project expects 15 participants maximum with a composition of people from other regions of Uganda and International volunteer. Participants will work 6 hours daily from Monday to Friday.

Weekends are for social interaction and/or excursions unless if the official camp programme has an activity.

Who qualifies to participate :

Open minded, ready to interact with other people of different cultural background

Willing to share his/her experiences

Flexible to live/stay in simple life conditions

Flexible to the taste of local and basic foods

Ready to work on the projects

No experience needed

Note

Both Skilled/Unskilled required however, participants with skills in handling Domestic Violence, Games and sports stand an added advantage.

The host community : The people found in greater west Nile Region are multi tribal with the majority population being Lugbara, and the major Language spoken is Lugbara with also a big percentage of people speaking English and Kiswahili well.

Accommodation : Accommodation will be in grass thatched houses at UPA Terego branch office. Accommodation will be in simple rooms.

Participants will be required to carry own mat and sleeping bag.

The camp site has simple bathrooms and pit latrines no showers

A simple cooking shelter (Kitchen)

Participants are requested to bring with them mosquito nets.

Meals : The food is basic and simple. Be ready to take the same dish for some days in a row.

Fruits can at times be availed for the campers from local markets.

Participants will chose food to prepare depending on the availability.

Workcampers will use charcoal or firewood to prepare the meals.

If you need more fruits/extra meals/special diet you can get it on your own cost.

Health services : There is a Health Centre III near the project site only 500 metres and a HealthCentre IV is also 6 km from the project site. For the serious cases, the main referral hospital is in Arua Town (33 miles).

Water source. The Workcamp site has access to clean water points that is boreholes located 350 meters away the camp site, in case of emergency Siripi refugee settlement camp can provide the workcamp site with clean water stored in 2000 litres Tank.

Weather and climate : June usually marks the beginning of the dry season in Odupi-Arua district Greater west Nile region – Uganda. The weather is hot but at times may be wet with warm temperatures usually ranging between 22-28 degrees centigrade on average.

What to bring : Participants shall be required to bring own sleeping bag, mat, pillow, mosquito net, sun cream, mosquito repellent, working gloves and boots/shoes. Light working clothes during working hours and warm clothes at night, as it may turn out to be chilly or cold; Musical instrument (optional); torch or flash light; water purifiers (optional); Personal effects (i.e. soap, toothpaste, toiletries) It would be nice if you can bring your national flag, common art facts of your country, stories, games, pictures and local recipes. It would be helpful for the cultural presentations about your country and for any social interactions. Above all do not forget a happy and positive attitude.

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Togo

Codice Progetto : FAGAD 05

Luogo : Nadoba, Koutammakou

Date arrivo e partenza : 14/07/2014 – 31/07/2014

Extra Fee : 235 euro

Project Background : Koutammakou, the land of the Batammariba, is 500 km² and comprises four (04) cantons(Kounadowou, Koutougou, Warengo et Agbonté) . Nadoba is some 620 km from Lomé in northern Togo. The site has been classified as an element in the World Patrimony of UNESCO in 2004. Bénin is 4 kms from Nadoba.

The Batammariba are farmers and hunters. They live in mud houses in the form of chateaux, known as Tata, based on a very special form of architecture. Le language spoken by the Batamariba is called Ditammari, but by deformation has become Tamberma. The principal beliefs of the Batammariba are based on animalisme. Fetiches, which they worship are to be found at the entrance to the Tatas, and take diverse forms. Depending on the forms, they can represent simultaneously their ancestors with whom they communicate; the outstanding exploits of hunters;

the members of the family still living, the different ceremonies.

The living Batammariba have a very profound spiritual lien with their dead. Effectively, they believe that every living being owes his life to the breath of a dead person who wants him in the other world. In other words: a sort of reincarnation. The funeral rites are associated with the return to life and the secret names of the dead: they are imbued with a vital energy. Their traditional dances are often associated with these ceremonies.

Theme : Project «Action for sustainability » initiated by the by the Centre for World Patrimony of UNESCO and the Committee for Co – ordination for International Voluntary Service (CCIVS) has as its objective is to promote and ensure the survival of the Batammariba culture inside the time and the space of the social – cultural elements, as well as touristic and artistic framework unique to this people. It will enable this people to live well on site with the project of durable development.

Work to be done: Animation (tales and guessing games, traditional singing and dancing, musical concerts inspired by the Tamberma themselves, tamari literary competitions, games, sports, leisure activities).

Exhibitions and sale (artisanal products: pottery, basketwork, jewelry made of grass and stones, sculptures).

Conferences and debates (classification of the site as a World Heritage site: advantages and disadvantages; the Tata, history and sociology of the Tamberma people; contribution and social – cultural as well as economic perspectives of the Tammari people in the development of Togo.

Reafforestation and taking care of the young plants.

Work on the development of the river

Work on clearing up the market area near the developed river.

Installation of dustbins around the site of the developed river.

Initiation to bio agriculture alongside the site of the developed river.

Others:

Tourist sites to visit: Undertake a walking trip to discover Koutammakou; visit Tatas and the Fetiche tree; visit Bénin; visit the Sarakawa animal park.

Possibility to discover southern Togo: an excursion to visit Mt Agou (the highest point in Togo: 986m); the town of Aneho on the road to Bénin, where it is possible to take an excursion to Togoville with a voyage on the Lac Togo, one of the largest in Togo, and visit the town of Togoville. 22 kms from Togoville is a pond of sacred crocodiles and the site where phosphate is mined, and beyond to the hippopotamus pool.

Cultural activities: drums (Djembé) and dancing around the fire.

A day with a family: a day steeped in the life of an African family, organized around the following themes: animism, enthroning a chief, a traditional marriage, a day in the fields.

N.B. It should be noted that all these activities are made available to the volunteers and are based on an internal organization to be seen with the animator, especially those excursions and their cost.

Codice Progetto : FAGAD 12

Luogo : Essè-Zogbédzi

Date arrivo e partenza : 13/09/2014 – 04/10/2014

Extra Fee : 185 euro

According to the census, the population of this village is around 2700 inhabitants. The infrastructures include, for instance, two primary schools, a secondary school (a “ college “ in French terms), a market and a dispensary (a small health center). The dominant activity is agriculture.

Theme : Support to the educational support for SIDA and Educational Support for school children
The youth of rural areas is confronted with serious problems, not only of primary health care, but

also unwanted pregnancies together with illnesses transmitted in the course of sexual relations, notably Sida. Financial resources are lacking, but we must make our modest contribution to attempt to check these scourges which seriously impact the capacity for the development of these areas, which, far from towns and isolated are a little forgotten.

In addition, the primary and secondary schools are faced with a lack of teachers and professors. By way of this project, we attempt to provide aid to pupils for their homework by means of sessions of repetition and other educative methods

Work to be done : Organization of thematic sessions of sensibilization programmed / sketch (theatre, forum) / discussions – debates IST / SIDA and contraception /distribution of condoms and prospectus, Aid teachers in school/ animate repetition lessons with pupils at home/ help them with their homework and work with them in their research in the library.

Others :

Tourist sites to visit : The cement factory in the town of Tabligo, the town of Aneho on the road to Bénin, whence it is possible to make an excursion to Togoville by way of a trip on Lake Togo, one the biggest in Togo and visit the town of Togoville. 22 kms from Togoville is a crocodile pool with sacred crocodiles and site of phosphate mining. At Lacata there is a hippopotamus pool.

Possibility of also visiting northern Togo (the large towns such as Atakpamé, Sokodé and Kara, the Alédjo Fault, the land of the Tamberma, the waterfall at Namtougou...) and the Dam at Nangbéto with the pool for hippopotamus.

Artistic activities: learn the techniques of batik, sculpture.

Cultural activities: drums (Djembé) and dancing around the fire.

A day with a family: a day steeped in the life of an African family, organized around the following themes: animism, enthroning a chief, a traditional marriage, a day in the fields.

N.B. It should be noted that all these activities are made available to the volunteers and are based on an internal organization to be seen with the animator, especially those excursions and their cost.