ESDA-GOATS



TYPE OF PROJECT: LTV; Long-term volunteering; ENVI-ANIM-AGRI

PERIOD: minimum of 1 mounth of the project any time of the year; dates after the agreement with De Amicitia

EXTRA COSTS: 150 euros per each mounth

LOCATION: San Mames, Madrid, Spain

VACANCY: 1-2 volunteers at the same period

of time **REQUIREMENTS:** medium level of SPANISH and motivation letter

ABOUT:

The project supports a local, traditional and ecological cheese and goat farm. Volunteers will help with taking care of animals (goat, cows), they will learn how to milk goats and make a cheese. The hosting farm is leaded by a very charming and friendly spanish farmer, who will teach volunteers about ecological farming. As the work is difficult to learn, volunteers are asked to come for at least 1 month and we require a motivation letter in Spanish as well. After their stay, it is possible to get a certificate about ecological farming and making cheese. The farm itself is a working livestock farm which still uses many traditional methods of farming.



ACCOMODATION AND FOOD

will be provided directly on the cheese farm. Accomodation is basic; volunteers will have a room for themselves; shower, toilet and kitchen are available. A bicycle will be provided to the volunteer as well.

LOCATION:

San Mamés is little village in northen mountains of Madrid. The nearest town with banks and shops is 15min. bus ride away from this village. Farm is located cca 600 metres from the center of the village. San Mamés is about 80km far away from Madrid - 1,5 hour bus ride. Northen mountains offers a huge diversity of rural tourism - lakes, natural pools, monateries, medieval castles, horse-riding, paragliding, canoeing and other sports for the free time.



THE "GOAT-LEADER"

We also search for volunteers for this project in period of May-July, who will finish the project by helping to organise and leading a workcamp in July. These volunteers will receive a formation for leaders; their work will be to facilitate the necesities of the group and organise their work on the farm.

HOW TO GET THERE:

★In Madrid, take metro to Plaza Castilla (lines 1, 9 and 10) From the airport take line 8 to Nuevos Ministerios, then take line 10 to Plaza Castilla (2 euros).

★ Go to Suburban Bus station (Terminal del Autobuses Interurbanos)

★ Search for stop number 36 and take bus 191 to Buitrago Del Lozoya. Buses leave every hour from 6am till 10pm. (6:00, 7:00, 8:00, etc.) You will have to pay on the bus; it costs a little over 5 euros. It takes approx. 1hr30.

★ From Buitrago there is circular local bus n. 195 (either n. "195A" or "195B", both will take you to the right place) to San Mames. Nevertheless, it is better the take the bus 195B, which takes 15 min. It leaves from the same stop at: 6:00, 9:00, 12:00, 15:00 and 18:45. (Bus 195A also goes to San Mamés, but it takes 55 min. It leaves from the same stop at: 7:15, 10:15, 13:15, 17:00 and 20:15.)
★ For more information check: http://www.ctm-madrid.es/ or http://www.ctm-

madrid.es/como_ir_a/bus/como_ir_a_bus1.jsp?CODPANTALLA=0&CODBOTON=202

Travelling in Spain is quite safety and structured, but try to be always at the bus stop some minutes in advance!

