

## STAGED! International Workcamps for Women Empowerment and Gender Equality in SEA

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### DESCRIPTION OF THE INTERNATIONAL WORKCAMP IN MYANMAR

<p><b>PRESENTATION OF THE ORGANIZATION</b></p>	<p><b>Charity-Oriented Myanmar (COM)</b> is a national youth-led civil society organization dedicated to promoting democratic culture and socio-economic development in Myanmar by empowering youth and women, strengthening political institutions, raising political awareness among the public, participating in the peace building process and working for the development of rural and urban communities.</p> <p>COM, although currently doing many projects at the national level with the international links and support, was born as a small team in 2005 by a local youth group with the purpose of working for the community development. In 2008, after Nargis Cyclone hit, we provided humanitarian aids and psychosocial supports to cyclone victims and carried out rehabilitation programs at affected areas for two years.</p> <p>The youth-led organization is growing day by day under the youth's leadership with the collaboration and support of many stakeholders both national and international. It has come to exist as a civil society organization and begun to promote community mobilization and engagement, human rights and democracy, mobilize the public to participate in the state building, raise the participation of women and youth in the leadership role at all levels and empower political parties starting from 2010. Moreover, we conduct advocacy workshops with both state and non-state actors who are playing a major role in the politics. In addition, we work for the development of rural and urban communities with the help of international volunteers through International Voluntary Service Programs. Now we, motivated by the</p>
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	<p>aspiration to pursue initiatives towards a peaceful and just society.</p> <p>Our vision is “<b>Peaceful and just society</b>” and the main goal is “ <b>To achieve socio-economic development and the best practice of democratic culture in diverse society</b>”. Our motto is “<b>Praise Youth and It Will Prosper – Think Peace</b>”</p> <p><b>Website:</b><a href="http://www.commyanmar.org.mm">http://www.commyanmar.org.mm</a></p>
<b>TITLE OF THE WORKCAMP</b>	<b>LWEI BAUNGWORKCAMP</b>
<b>LOCATION</b>	The workcamp will take place in <b>Lwei Baung Village</b> , Naung Taya township, Southern Shan state, Myanmar.
<b>STARTING DATE/ ENDING DATE</b>	<p><b>Arrival date: 03<sup>rd</sup> March 2018</b></p> <p><b>Orientation date: 03<sup>rd</sup> March 2018</b></p> <p><b>Workcamp dates: 04<sup>th</sup> -17<sup>th</sup> March (14 days)</b></p> <p><b>Departure day: 18<sup>th</sup> March</b></p>
<b>GROUP COMPOSITION – BILATERAL WORKCAMP</b>	<p><b>16 Participants</b></p> <p>Italian group: 7 volunteers + 1 camp leader</p> <p>Burmese group: 7 volunteers + 1 camp leader</p>
<b>WORKCAMP LANGUAGE</b>	English
<b>WORKCAMP OBJECTIVES</b>	<ul style="list-style-type: none"> <li>• to promote voluntary service in Myanmar</li> <li>• to raise awareness on gender-sensitive issues among the local communities in Myanmar</li> <li>• to promote the intercultural exchange and to support the local communities in Myanmar</li> </ul>
<b>WORK_GENERAL PRESENTATION</b>	<p>The workcamp includes different activities to insure the raising awareness action and to join different target groups. The set of activities below will see the active involvement of Italian and Burmese volunteers and the participation of the local community.</p> <p>The project includes the following activities to realize:</p> <ul style="list-style-type: none"> <li>• support to the activities daily management and maintenance of the school (e.g. daily shift for cleaning supporting the local students)</li> <li>• support in the English lessons within the language classes for the local students</li> <li>• building and setting of a small library for the local students.</li> </ul>
<b>GENERAL BACKGROUND</b>	<p>Baung Yaycho Charity Monastery was built from Pa Oh national development. There are over 120 boys students and they stay the whole year as dormitory in the monastery to attend government high school from the village. The landscape is surrounded by mountains and farms, the area is peaceful and calm but it's quite isolated and the local students have scarce possibilities to interact with other young people and even less with youth coming from other countries. There is hardly ever have phone connection at Lwe Baung. Local people live is mostly based on agriculture, as planting tea leaves, avocados, chili, oranges and vegetables.</p>

<p><b>ACCOMODATION AND FOOD</b></p>	<div data-bbox="507 192 1043 573" data-label="Image"> </div> <div data-bbox="1066 224 1295 253" data-label="Section-Header"> <p><b><u>ACCOMODATION</u></b></p> </div> <div data-bbox="1066 255 1437 528" data-label="Text"> <p>The monastery will arrange accommodation for volunteers. The sleeping area for girls and boys will be separated. Monastery will provide pillow, bed sheet and mosquitoes net for volunteers. Meals will be provided from the monastery.</p> </div> <div data-bbox="555 593 1437 745" data-label="List-Group"> <ul style="list-style-type: none"> <li>• You need to wash clothes and dishes by yourself. And you should bring medicine especially for diarrhea, flu and fever and personal use.</li> <li>• You may need to bring toilet paper since in Myanmar toilets, people use not paper, but water! But you are also welcome to try a local way that can be more comfortable if you're used</li> </ul> </div> <div data-bbox="507 779 769 813" data-label="Section-Header"> <p><b>Shower / Bathing</b></p> </div> <div data-bbox="507 815 1437 875" data-label="Text"> <p>There is bathroom but the volunteer can also experience shower together with student with local way as similar as in picture.</p> </div> <div data-bbox="596 904 935 1308" data-label="Image"> </div> <div data-bbox="995 904 1391 1301" data-label="Image"> </div> <div data-bbox="507 1317 1437 1377" data-label="Text"> <p>Bathrooms are mostly opened and volunteers can experience local way of bathing with Myanmar Longgyi.</p> </div> <div data-bbox="507 1438 587 1467" data-label="Section-Header"> <p><b><u>FOOD</u></b></p> </div> <div data-bbox="507 1469 1437 1653" data-label="Text"> <p>The monastery provided three meals a day and all the meal are rice, salad, fried fish and some local food. Food will be mainly vegetarian. The vegetables are fresh from nature and many appetizers but some local food may oily and salty. There will be meat only at the local market which happens once in every five days. We also prepare coffee and some local fruit for those who want light breakfast.</p> </div>
<p><b>EXTRA FEE</b></p>	<p>NO COM Extra Fees for this project as the expenses are covered through the project</p>
<p><b>FINANCIAL RULES</b></p>	<p><b>Lunaria association will cover the following costs:</b></p> <ul style="list-style-type: none"> <li>• General orientation and information in the pre-departure stage</li> <li>• Insurance costs for the workcamp duration (travel is not covered)</li> <li>• Food costs during the workcamp duration</li> <li>• Accommodation costs during the workcamp duration</li> </ul> <p><b>The volunteers will cover the following costs:</b></p>

	<ul style="list-style-type: none"> <li>• Yearly registration to Lunaria, corresponding to 30,00€</li> <li>• International travel costs</li> <li>• Local travel costs to join the camp site</li> <li>• Visa costs</li> <li>• Vaccines costs.</li> </ul>
<b>LEISURE TIME ACTIVITIES</b>	<p>There will be two days off and volunteers can visit to either Inly lake or ancient pagodas in Tharkhaung village or to Pinlaung city</p> <p><b>Note:</b></p> <ul style="list-style-type: none"> <li>• The travel costs for the visit are not included in the project budget and volunteers will have to cover the costs as transport and meal.</li> <li>• Weekend are free unless if an activity has been planned by the work campers.</li> </ul>
<b>TERMINAL</b>	<p>Closest Airport: Yangon International Airport.</p> <p>Then we will travel to Nyaung Shwe with public air-con (express) over night bus and will arrive to Nyaung Shwe in the early morning of 4<sup>th</sup>. Then we will take truck to get to the village. It takes about 10 hours by bus to Nayugn Shwe and about 3 hours by truck to the village. It is <b>very important to keep the meeting time and place since we will travel with a team if possible.</b></p> <p>Please remember that the volunteers should cover their local travel costs to join the camp site.</p> <p>On the return way, we will leave from village in the 17<sup>th</sup> morning and arrive to Yangon in the 18<sup>th</sup> morning around 7 o' clock, so you have to book your flight.</p>
<b>WHAT TO BRING</b>	<p>Please bring to the project:</p> <ul style="list-style-type: none"> <li>• sleeping bag</li> <li>• sun and mosquito creams/replants</li> <li>• raincoat, umbrella</li> <li>• light working clothes during working hours and warm clothes or sweaters for evenings as it may be chilly or cold</li> <li>• musical instrument (optional)</li> <li>• torch or flash light</li> <li>• personal effects (i.e. soap, toothpaste, toiletries)</li> <li>• recipes that you may need to use during cultural nights.</li> <li>• charger, towels, sandals</li> <li>• big smile.</li> </ul>