



Erasmus+ Programme

Key Action 2: Cooperation for innovation and the exchange of good practices - Capacity Building in the field of youth - EAC-A04-2014

PANDORA'S BOX

Young Women, Community Development through EU and LA Cooperation

DATES OF THE PROJECT: 1st of October 2015 – 31th December 2016

DURATION: 15 months

THEME: gender issue, women empowerment

GENERAL BACKGROUND: The European Commission launched for the period 2006-2010 a “Roadmap for equality between women and men”; afterwards the “EU Plan of Action on Gender Equality and Women's Empowerment in Development” was launched for the period 2010-2015. Both the actions aimed to enhance gender equality and to promote women’s equal rights and responsibilities, meeting the priorities set in the Convention on the elimination of all forms of discrimination against women – CEDAW, the Beijing Platform for Action and the Millennium Development Goals (MDGs). Indeed gender equality is set as the essential element for growth and poverty reduction and it’s a key point to reach the Millennium Development Goals (MDGs).

However, despite significant progresses over the last few decades, equality is far away to be achieved: women and girls still constitute the majority of the world's poorest, women are the category more at risk of HIV/AIDS and sexual transmitted diseases and reproductive health needs are worldwide still un-fulfilled.

Both in Europe and in Latin American countries gender-based violence is quite spread and in most of the cases, un-reported, while machismo and the perpetration of communitarian models based on men preponderance are numerous. Women are not financially independent and have in some cases, a subordinated role within the family and community. These elements might contribute to their isolation within the society, lowering their self-esteem and the awareness in their capabilities, factors that consequentially reduced the possibility to raise up their voice.

Women are under-represented in governments and decision-making bodies, have scarce access to the remunerated labour market and are paid significantly less than men. Amnesty International, analysing the different factors, speaks about the “gender trap”: women, violence and poverty are often situated in a vicious circle from which it’s hard, or even impossible, to escape.

All the above mentioned reasons show that in the nowadays societies is still very urgent to empower women and young girls, identifying and redressing power imbalances and giving them more autonomy to manage their own lives. Indeed the project aims at meeting the above mentioned needs and priorities, by raising

awareness on the role of women in family, society and economy and by promoting the women empowerment in Europe and Latin America. It will be achieved by providing participants, local organizations and Ngos with new knowledge, tools and methods to favour the women empowerment, to encourage their active participation and involvement within the local communities and at international level.

Lunaria launched in 2012 a medium term strategy that will run till the end of 2016, aimed to explore gender issues in a European and worldwide perspective, enhancing women empowerment by the development of new tools and working methods.

Part of this strategy targeted to young people, youth-social workers, peer educators and Ngos is to empower the capacity building processes among EU and partner countries organizations. The first step was the project "JAMBO Young Women Empowerment to Improve Quality of Youth Work and Volunteering in EU and Partner Countries", Key Action 2. In the same direction is going the action of the EU and LA partners, which participated in 2013 in the project "Learning Bridges to Youth Empowerment, Creativity and Participation", supported by the Youth in Action Programme (Action 3.2). Both the projects developed actions, tools and working methods that will be used and capitalized in the current project.

PARTNERSHIP: European Partners - LUNARIA-Italy, SOLIDARITES JEUNESSES-France, PANDORA MIRABILIA GÉNERO Y COMUNICACIÓN-Spain
Latin American Partners - EL HOMBRE SOBRE LA TIERRA-Mexico, BRIGADA DE VOLUNTARIOS BOLIVARIANOS DEL PERU-Peru, FUNDACIÓN PROYECTO ECOLÓGICO CHIRIBOGA-Ecuador

TARGET: youth workers and peer educators, young people, youth organizations and International NGOs. Priority will be given to the young women participation, while keeping the gender balance in the groups.

AGE:

- Trainings: 18+
- Youth meetings, Study phase and Local Actions Implementation: young people under 18 can be included but the majority of the group should be 18+.

AIM: to enhance gender equity and young women empowerment by providing youth social workers, peer educators, local organizations and international NGOs in Europe and Latin America with new tools and methods to favour young women participation in short and medium local and international voluntary service projects.

SPECIFIC OBJECTIVES:

- to raise awareness on the need to promote young women empowerment in EU and LA countries, so to promote equal rights and opportunities;
- to deepen the gender issues in society, economy and family and the women core-role in these fields, in order to draft and propose new role models based on equal rights, responsibilities and opportunities for both males and females;
- to exchange the good practices and the working methods in the field of women empowerment, in EU and LA countries;
- to provide participants with new competences, working methods and know how about project planning and project life' cycle in order to create new projects and initiatives;
- to provide participants with new skills and knowledge that they could afterwards spend to access the labour market and get employed.

PROJECT OUTCOMES:

- development of a pedagogical set of methodology and of training methods for youth workers and peer educators;
- upgrading and testing non-formal learning methods;
- promotion of peer-learning activities, cooperation and networking between LA and EU organization;
- development of a hand book containing the tool kit with the description of the non formal education activities implemented during the 3 training courses;
- creation of a video tutorial package to ensure the actions visibility and to show the activities to a wider public, giving them the chance to re-propose and adapt them.

TIME LINE OF THE PROJECT

MONTHS	ACTION	ACTORS
October 2015	project preparation	all the involved organizations
November 2016	project preparation ITINERANT FEASIBILITY VISIT: meetings with local representatives, youth workers, peer educators and local stakeholders in Mexico, Ecuador and Peru 16 th – 22 th November Mexico 23 th – 29 th November Ecuador	all the involved organizations 1 project coordinator and 1 expert from Lunaria joining Mexico and Ecuador
December 2016	ITINERANT FEASIBILITY VISIT 30 th November – 6 th December Peru	1 project coordinator and 1 expert from Lunaria joining Peru
January 2016	TRAINING COURSE on gender issues and non formal education methods in Mexico	* 8 participants/representatives from CHIRIBOGA * 8 participants/representatives from BVBP * 9 participants/representatives from HST * 1 facilitator from HST * 1 support staff from HST
February 2016	YOUTH MEETINGS: national youth meetings held in the LA countries and targeted to young people and other relevant young stakeholders 1 youth meeting in Mexico (long 3 days) 1 youth meetings in Ecuador (long 3 days) 1 youth meetings in Peru (long 3 days)	* 15 young people from HST * 15 young people from CHIRIBOGA * 15 young people from BVBP
March 2016	YOUTH MEETINGS: national youth meetings held in the LA countries and targeted to young people and other relevant young stakeholders 1 youth meeting in Mexico (long 2 days) 1 youth meetings in Ecuador (long 2 days) 1 youth meetings in Peru (long 2 days)	* 15 young people from HST * 15 young people from CHIRIBOGA * 15 young people from BVBP
April 2016	TRAINING COURSE on project management in Peru	* 8 participants/representatives from HST * 8 participants/representatives from CHIRIBOGA * 9 participants/representatives from BVBP * 1 facilitator from BVBP * 1 support staff from BVBP
May 2016 – June 2016	STUDY PHASE - IMPLEMENTATION PHASE: observation period, run by the participants of the trainings and the young people involved in the youth meetings, to study how to meet, through concrete actions, the local need previously identify during the youth meetings	young women, youth workers and peer educators, young people, youth organizations and Local partner organizations in LA
July 2016 – August 2016	LOCAL ACTIONS IMPLEMENTATION: local events/informative meetings/voluntary service actions/small initiatives focused on gender issues to concretely answer to the local needs previously identified. These actions will take place in Mexico, Ecuador and Peru	young women, youth workers and peer educators, young people, youth organizations and Local partner organizations in LA
September 2016	TRAINING COURSE restitution and methods sharing in Italy	* 11 participants/representatives from LUNARIA * 7 participants/representatives from SJ * 8 participants/representatives from PANDORA * 1 facilitator from HST * 1 facilitator from CHIRIBOGA * 1 expert from BVBP
October 2016	Follow up	all the involved organizations
November 2016	Follow up	all the involved organizations
December 2016	Follow up	all the involved organizations

DETAILED DESCRIPTION OF THE ACTIVITIES

ITINERANT FEASIBILITY VISIT: meetings with local representatives, youth workers, peer educators and local stakeholders in Mexico, Ecuador and Peru

DATES: 16th November – 6th December 2015

LOCATION: Mexico, Ecuador and Peru,

AIM: two representatives of Lunaria will run the Feasibility Visit joining, in order Mexico, Ecuador and Peru (one week in each country) where they will meet Latin American NGOs and local stakeholders to run the needs assessment; to experiment and assess the methodology conceived for the needs assessment; to prepare, in close cooperation with local partners the following phase (first training course and youth meetings) so that these actions will meet the local needs and specificities; to share the tools that will be used to deepen the gender analysis so to have common parameters and criteria; to make the logistic checks for the trainings; to share at European level the result of the visit.

METHODS:

The Wall and the tree model: to deepen the problems, the needs and the possible solutions, linked to gender issues in the local communities and country and the results will be used to fill in the model;

Questionnaire on Training needs assessment: to reflect on the partner organizations training needs, regarding to gender issues and women empowerment, and to capitalize results in the preparation of first training course;

Short report field visit: short reports to present the aim and areas of intervention of the different realities visited and to share all the relevant information among the consortium;

Questionnaire for local partners: to deepen the gender-related analysis, by better exploring the role of women and young women within the family, the community and economy and to provide a detailed picture of the country situation.

TRAINING COURSE on gender issues and non formal education methods: international training course – ITC, targeting local youth/social workers, both young men and women, representatives of local and international organizations

DATES: 11th – 18th January 2016 (8 days)

LOCATION: Merida, Mexico

AIM: to raise awareness on the role of young women within the family, community and economy, by promoting equal rights and opportunities. The training will focus on the socio-cultural relations between man and women in the different societies, encouraging actions to make them becoming economically independent within their community. The training will also provide the group with new tools coming from the non formal education and that will be applied during the youth meetings phase and the following implementation phase.

METHODS:

Non formal education methodology: to create the group, to enhance active participation and the exchange of opinions and ideas; to promote the horizontal exchange of knowledge and know how; to give value to the individual and group learning processes and to make participants acquire some relevant methods that can afterwards use during the youth meetings;

Mind Map: to visually organize the information and the relevant contents: the major ideas are connected directly to the central concept, and other ideas branch out from the ones more central;

Questionnaire preparation: to involve participants in the design of the macro-thematic areas and the relative key questions that will be included in the questionnaire for the youth meetings. This questionnaire will be used during the youth meetings held in the LA countries and to have a common template, to standardize and capitalize the results.

YOUTH MEETINGS: national youth meetings held in the LA countries and targeted to young people and other relevant young stakeholders

DATES: 01st February – 31st March 2016

LOCATION: Mexico, Ecuador and Peru

AIM: to deepen the needs assessment phase started during the feasibility visit. The idea is that the training course participants, once back home, will train other young people, with the relevant information and sharing the methodologies acquired. These youth will become the active subject that afterwards will run the youth meetings, that will be targeted to other young people of the same age. The meetings have the double goal to gather a more detailed picture of the gender-related issues in the different countries and to transform a consistent amount of young people in the three LA countries, in future peer educators.

METHODS:

Non formal education methodology: to create the group, to break the ice and create a relaxed and trustful atmosphere, basic element to fulfil the needs assessment inquiry;

Questionnaire: to gather information, to standardize and capitalize the results so to use them as a starting point for the Mind Map drafting;

Mind Map: after all the questionnaires gathering, the young people in charge for the youth meetings will extract the more significant information and will include them in the Mind Map, which aims to represent, in a visual way, the main information collected and to share within the consortium. The Mind Maps will be afterwards used during the second training course to present the youth meetings outcomes.

TRAINING COURSE on project management: international training course – ITC, targeting local youth/social workers, both men and women, representatives of local and international organizations

DATES: 11th – 18th April 2016 (8 days)

LOCATION: Lima, Peru

AIM: to share among the group, new tools and information on how to conceive and draft projects, on the project life cycle, project management, funding lines, budget compilation and project coordination. The idea is that participants could use the knowledge gained in the following phase “Local Actions implementation”, where they will run local actions in their regions taking into account the needs assessment run during the feasibility visit and the youth meetings. Furthermore the set of competences developed in this phase, could be afterwards used in the draft and implementation of new projects proposals during the follow up phase to set a concrete social action planning to intervene in the local communities.

STUDY PHASE: observation period, run by the participants of the trainings and the young people involved in the youth meetings, to study how to meet, through concrete actions, the local need previously identified during the youth meetings

DATES: 01st May – 30th June 2016

LOCATION: Mexico, Ecuador and Peru

AIM: to define the events/informative meetings/voluntary service actions/small initiatives, that they will realize in July/August 2016.

The study phase should be run taking into account the results of the youth meetings outcomes (needs assessment run locally) and matching them with the competences acquired in the two training courses (deepening of gender issues, working methods and project management).

LOCAL ACTIONS IMPLEMENTATION: local events/informative meetings/voluntary service actions/small initiatives focused on gender issues to concretely answer to the local needs previously identified

DATES: 01st July – 31st August 2016

LOCATION: Mexico, Ecuador and Peru

AIM: to implement local events/informative meetings/voluntary service actions/small initiatives focused on gender issues to concretely answer to the local needs previously identified. Each partner organization and group will be free to choose the more indicated and relevant action, taking into account the local needs and giving new input to the local community members. The common objectives to the actions are: to raise awareness on gender issues; to promote gender fair approaches and the respect of human rights; to enhance the women participation and their empowerment. The actions will be documented with photos and report and the outcomes will be shared within the consortium member organizations.

TRAINING COURSE restitution and methods sharing: international training course – ITC, targeting local youth/social workers, both young men and women, representatives of local and international organizations

DATES: 19th – 26th September 2016 (8 days)

LOCATION: Rome, Italy

AIM: to share within the European partners the outcomes of the previous steps, all the relevant information gathered and to present the methods that can be used to train the EU volunteers taking part in pre-departure training courses before to join projects in LA countries. During the training, participants will be provided with new tools to analyse the gender-related issues in LA countries, deepening also the current ones in Europe. The tool kit with the methodology applied in the previous trainings to tackle the different gender-related aspects will be presented and participants will run an assessment of the methodologies that could be used and re-adapted in their pre-departure training courses.

FOLLOW UP activities to spread the project outcomes, to capitalize the results and to involve new beneficiaries, targeted to local youth/social workers, both young men and women, representatives of local and international organizations

DATES: 01st October – 31st December 2016

LOCATION: Italy, France, Spain, Mexico, Ecuador, Peru

AIM: participants, supported by their associations, will spread the information about the contents learn, spreading the knowledge and methodologies acquired during the experience.

Furthermore, they will work in cooperation with their local organization and communities to implement new activities and initiatives to raise awareness on gender issues and to actively promote women empowerment and the promotion of equal opportunities.

GENERAL REMARQUE ABOUT METHODS: the above presented methods are part of a methodological package that Lunaria has been developed during the Capacity Building project “JAMBO Young Women Empowerment to Improve Quality of Youth Work and Volunteering in EU and Partner Countries”. This project explores gender-related issues in three different African societies, deepening the causes behind the lack of young women participation in IVS projects. It aims to increase the active participation of young women in community based action and IVS projects, by developing new working methods to approach gender sensitivity and gender issues through non-formal education approaches.

During the project implementation Lunaria developed a methodological package, including all the above methods, in order to approach different target groups and to facilitate the gathering and capitalization of different outcomes. Being the combination of these working methods very suitable and appropriate for a capacity building project, Lunaria after the first pilot experience, decided to export and to apply it also to the Latin American context. Indeed it will facilitate the information gathering and the data analysis, and even more the standardization on the various information so to provide a wider analysis of the gender-related issues, starting from African and arriving to Latin American framework. This approach will also ensure a long term viability of the action in the field of gender and will guarantee its sustainability all along the time, also at the formal end of the funded projects.

FINANCIAL CONDITIONS FOR LATIN AMERICAN ORGANIZATIONS

COSTS FOR YOUTH MEETINGS HELD IN LATIN AMERICA

- **board and lodging cost:** 3 days (1st meeting – February 2016) and 2 days (2nd meeting – March 2016) for 15 young people each meeting. The Youth Meetings will take place, with the same above mentioned structure, in Mexico, Peru and Ecuador;
- **renting cost for rooms:** to host the 2 Youth Meetings (1st meeting – February 2016 and 2nd meeting – March 2016)

IMPORTANT: the new Erasmus+ Guide state that, in case of trans-national project meetings, the budget can cover the 80% of the following costs: board and lodgement costs, the local transports, rental rooms costs, trans-national travel cost. The 20% of the amount is considered as co-funding from the involved partners.

We will send soon more information concerning the tasks division and the allocated budget for the Youth Meetings in Latin America.

COSTS FOR TRAINING IN MEXICO

- **travel cost:** covering a total of 8 people from each organization (condition valid for CHIRIBOGA and BVBP), calculated according to the Erasmus+ travel distance calculator: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm
- **travel cost:** covering a total of 4 people (condition valid for HST), calculated according to the Erasmus+ travel distance calculator: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm
- **food and lodgement:** covered at 100% by the project for 33 participants: we will get in touch with the hosting organization of the event, to finalize the amount allocated for food and lodgement and the booking.

COSTS FOR TRAINING IN PERU

- **travel cost:** covering a total of 8 people from each organization (condition valid for CHIRIBOGA and HST), calculated according to the Erasmus+ travel distance calculator: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm
- **travel cost:** covering a total of 4 people (condition valid for BVBP), calculated according to the Erasmus+ travel distance calculator: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm
- **food and lodgement:** covered at 100% by the project for 33 participants: we will get in touch with the hosting organization of the event, to finalize the amount allocated for food and lodgement and the booking.

COSTS FOR LOCAL ACTIONS IMPLEMENTATION: local events/informative meetings/voluntary service actions/small initiatives focused on gender issues to concretely answer to the local needs previously identified.

For the partner organizations involved in workcamps: one example of local action implementation can be an international workcamp focused on gender equality and women empowerment. In this case the organizations could support their young people in the development of the thematic workcamp that will have the project label.

NOTE: there is no budget allocated to organize the local actions implementation.

COSTS FOR TRAINING IN ITALY

- **travel cost:** covering 1 facilitator from each organization (HST, CHIRIBOGA and BVBP), calculated according to the Erasmus+ travel distance calculator: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm
- **food and lodgement:** covered at 100% by the project
- **visa and insurance costs:** anticipated and afterwards refunded upon the presentation of the invoices.

FINANCIAL CONDITIONS FOR EUROPEAN ORGANIZATIONS

COSTS FOR TRAINING IN ITALY

- **travel cost:** covering a total of 7 people (for SJ) and 8 people (for PANDORA MIRABILIA), calculated according to the Erasmus+ travel distance calculator: http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm
- **food and lodgement:** covered at 100% by the project