

Call for Participants
"BE THE CHANGE:
Conflict Resolution for Intercultural Dialogue"
February 1st - 7th, Laguëpie, France



WHAT IS THIS TRAINING ABOUT?

The training aims at strengthening the role of IVS and youth organisations as actors for peace and intercultural dialogue initiatives. The main objectives of this training is to train the members of IVS and youth organisations on conflict resolution methods and on intercultural communication tools.

The concepts, methods and tools presented will allow the participants to boost reflection and to enrich their daily practice as leader of intercultural groups. Back in their organisations they will have the key elements to foster intercultural dialogue and to transform the conflicts which might be triggered during international youth projects.

WHAT ARE THE OBJECTIVES OF THIS TRAINING?

- To learn about the different approaches and values of conflict: prevention, resolution, management and transformation
- To understand the processes of conflict and the different ways to deal with it
- To manage concepts of intercultural communication
- To develop skills in mediation and facilitation for conflict resolution
- To discover and practice tools in order to manage and resolve conflicts
- To examine the role of facilitators in discussions and conflict resolution
- To develop abilities to listen to each others and to express oneself
- To raise awareness on what can restrict or favour intercultural communication
- To learn how to deal with work difficulties in intercultural context

WHO CAN PARTICIPATE?

This training is addressed to all the youth workers or volunteers leading and facilitating daily and collective activities during long or short term volunteering projects:

- persons in charge of hosting and accompanying volunteers for long term projects
- persons in charge of facilitating international workcamps
- persons working with intercultural groups

WHEN AND WHERE DOES IT TAKE PLACE?

The training will last 5 full days starting from February 2nd to 6th.

The participants will arrive on February 1st and will leave on February 7th. It will take place in the village of Laguëpie in one of the delegation of Solidarités Jeunesses, situated near Toulouse in the South West of France. The training will gather around 22 participants from different IVS organisations.

THE METHODOLOGY

The training methodology will rely on non-formal education. The different workshops will be built around the needs and knowledge of the participants.

In order to ensure participants attention, our efforts will focus on creative and innovative presentations. Therefore the trainers will use methods such as mind-mapping, simulations, real life situations or photo-language methodology, etc. The training will also focus on the theatre of the oppressed method, a creative and collective tool to deal with conflicts. These participatory and innovative methods allow to create real dynamics based on confidence and respect among participants. This methodology will also permit to deal with the thematics in plenary with due regard to personal approaches and situations.

PROVISIONAL PROGRAM

Day 1	Participants arrival and group dynamics Different approaches of conflict Intercultural night
Day 2	Conflict resolution : tools and skills (active listening, reformulation...) Conflict resolution : introduction to Forum Theatre Free evening
Day 3	Intercultural approach by Margalit Cohen- Emerique Case study with intercultural approach by Margalit Cohen- Emerique Film and debate
Day 4	Mediation : Tools and skills : Exercise with real life situations Conflict resolution : introduction to Forum Theatre Free evening
Day 5	Introduction to non-violent communication Evaluation Goodbye party

WHO WE ARE

Solidarités Jeunesses (SJ) is an association for **informal education** which values voluntary commitment, strong political will, and solidarity as its core principles. Our actions are influenced by our ideal vision of society, in which progress is a social activity, respect for human beings and the environment is a fundamental and shared value, and the freedom to choose, to dream, and to resist is innate and encouraged by all.

Our activities are organised for all, regardless of gender, social and cultural background, or nationality. Since its creation, SJ participates in the construction and maintenance of peace by promoting intercultural and international connections here in France and abroad. SJ works through participative pedagogy which supports individual initiative and personal commitment while combining the skills and the collective intelligence of our volunteers and employees.

Solidarités Jeunesses is composed of one national secretary based in Paris, seven regional delegations, and one partner association. Our delegations host volunteers both from France and from all around the world for short or long periods of time year round. Furthermore, these delegations and partners host and provide assistance to young people with fewer opportunities, as part of our efforts for inclusion and solidarity. All of our delegations and partners are situated in unique environments, such as castles, former camp-sites, isolated villages in the heart of mountains, and former factories. These places have all been renovated thanks to the work of our short- and long-term volunteers, workers and permanent staff.

THE VENUE

The training will take place in the village of Laguérie in a hosting centre located a hundred meters from the train station. The participants will be accommodated in rooms for 2 or 4 people with bunk beds and a small bathroom (toilets + shower) in each room. There is a big collective and equipped kitchen, meeting and working spaces. The meals will be prepared by the local team – volunteers and permanent staff of the association Citrus, on of the regional delegations of Solidarités Jeunesses. The place is located on the shores of the Aveyron river and is therefore very pleasant and tree-shaded but may be cold and humid during winter.

WOULD YOU LIKE TO LEARN MORE ABOUT... ?

Solidarités Jeunesses :

www.solidaritesjeunesses.org

Citrus : www.citrus.org

Laguérie : <http://www.laguepie.fr/>

HOW TO ARRIVE TO LAGUÉPIE ?

The airports with the best train connections are:

- Paris: <http://www.aeroportsdeparis.fr/adp/fr-fr/Passagers/Accueil/>
- Toulouse Blagnac: <http://www.toulouse.aeroport.fr/>

All airports have a shuttle service to the main train stations of the respective cities. From there you can continue your journey to the meeting point.

For people landing in Toulouse Blagnac Airport, you can get a shuttle to reach Toulouse city center or Toulouse Matabiau train station. The Flybus Airport Shuttle leaves every 20 minutes from Blagnac airport to Toulouse city center, from 5.30 am to 00.15 am. The bus takes about 20 minutes and costs 5€50. Get informed on the following website:

<http://www.toulouse.aeroport.fr/en/passengers/go/access-airport/airport-shuttle>

From Toulouse train station you must take a train to **Laguérie**. You can check out the timetable and reserve your tickets on the following website: www.voyages-sncf.com or you can use the information we provide further down.

Get off the train at the **Laguérie** station. *A return ticket between Toulouse – Laguérie costs around 20 euros.*

Departure: Toulouse Matabiau, **11h43 / 15h44 / 17h29**

Arrival Laguérie Gare SNCF **13h56 / 17h52 / 19h53**

You can also take a train from Paris to Toulouse, but be careful because it lasts at least 7 hours and costs around 100 to 200 €. More info on : www.voyages-sncf.com

FINANCIAL ASPECTS

The travel costs will be platformed as according to eligible costs by the Erasmus+ program (see the table below)

However we strongly recommend you to buy your flight tickets as soon as possible, starting from January 1st (that is when the project officially starts).

Travel cost will be reimbursed up to :

France 180 €

Spain (Inca) 180 €

Spain (Proyecto Kieu) 275 €

Italy 275 €

Czech Republic 275 €

Greece 360 €

Estonia 360€

CONTACT PERSON

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