

Dear Volunteers,

We are very pleased to present our long-term EVS opportunities for the next year to you. In this document you will find detailed descriptions of 2 host projects located in Pultusk and a short description of the town.

Organisation	Location	Theme	Vol	Dates
FIYE Poland	Pultusk, Poland	youth, intercultural/ intergenerational education	1	1 st Feb – 30 th Sept 2016
Nursery School with Integration Classes No 4	Pultusk, Poland	children, education	2	1 st Feb – 31 st Jul 2016

If you feel that any of the projects presented suits you, fill in the application form and send to FIYE Poland: evs@fiye.pl till **24th September**. Selected candidates will be interviewed on Skype or on the phone on 25th September. If you have any pictures, presentations or videos showing your previous experiences or simply presenting you, we will watch them with pleasure!

Please, note that these projects will be submitted for funding to the Polish National Agency of Erasmus+ Programme on 1st October deadline whereas the decision if they are approved will be known in the middle of December 2015.



If you have any questions concerning the project, do not hesitate to contact us (e-mail: evs@fiye.pl, phone +48 23 692 07 53).

Best wishes,

FIYE Poland team

FIYE Poland

International Youth Exchange and Voluntary Service Centre

Project dates: 1st February 2016 – 30th September 2016

Theme: youth (participation, youth work, youth policy); intercultural/intergenerational education

Location: Pultusk, Poland

Website: www.fiye.pl

Number of volunteers: 1



About the receiving organisation

International Youth Exchange and Voluntary Service Centre **FIYE Poland** is an association established in 2008, located in Pultusk, a small town in northern Masovia.

The organisation is focused on popularisation and development of local and international voluntary service, empowering young people as well as strengthening local community ties. The association realises its mission by:

- organising international voluntary service projects (workcamps and individual mid- and long-term projects) and sending Polish youth for such projects abroad,
- supporting local voluntary actions and different forms of local social life,
- promoting local and international voluntary service,
- organising trainings, seminars and other educational activities such as workshops and thematic meetings.

The target group of the activities is mainly youth however many of them involves other age groups. Our activities are organised in cooperation with local partners such as local authorities, social care centres, schools, ngos or enterprises running CSR activities.

FIYE Poland

ul. 3 Maja 19, 06-100 Pultusk, Poland

www.fiye.pl

Role and tasks of the volunteer

The volunteer will be supporting the association in regular activities run on the local level in Pultusk and Pultusk county.

TOPIC	EXAMPLES OF TASKS
International voluntary service	<ul style="list-style-type: none"> - organising and running information meetings about international voluntary service for youth at schools, fairs etc., - cooperation with local partners of our association e. g. teaching English to children at the day care centre, organising cooking workshops for seniors' club, organising thematic meetings for the children's university, - organising intercultural meetings for the local community, e. g. tandem meetings.
Community life	<ul style="list-style-type: none"> - recruitment and management of local volunteers for local voluntary actions e.g. sport events, - collecting information on the needs of local institutions and organisations concerning voluntary service and promoting voluntary offers in the local community, - organising actions integrating the local community such as the Neighbour Day.
Promotion and documentation	<ul style="list-style-type: none"> - preparing posters and flyers, - organising information meetings prior to the activities, - making photo – documentation of the events, - running the blog and chronicles of the association.

Working time: The volunteer will be working mostly from Monday to Friday from 10 AM to 5 PM, however occasionally the association works also in the evenings or at weekends.

Practical arrangements

Accommodation: Shared rooms (2 people in one, spacious room) in a 3-room-flat (2 sleeping rooms and 1 common room). The flat has a fully equipped kitchen and bathroom with a washing machine. The building is located in the main street which makes the place a bit loud.

Food: The volunteer will be receiving 400 PLN (about 95 EUR) per month which is sufficient in a small town such as Pultusk. We expect that the volunteer will be mostly cooking for themselves as in Poland eating in bars or restaurants is still much more expensive than eating at home and is done from time to time.

Local transportation: Many activities are taking place in Pultusk where you can reach most of the places on foot. If there is need to work in villages of the Pultusk county or in other towns, the volunteer will have to use local buses. The costs of tickets will be reimbursed.

Pocket money: 85 EUR per month

Volunteer's profile

- age 18 – 30
- resident of Erasmus+ Programme Country,
- motivated to work as a volunteer (no paid work nor studies are allowed during your project) and willing to learn,
- reliable and diligent,

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- independent and ready to have own ideas and initiative,
- friendly and willing to get to know and work with people of all ages,
- open-minded and open to different cultures and lifestyles,
- ready to dialogue and cooperation in case of conflict situations,
- interested in the topics of voluntary service, active citizenship, youth information and community animation.

Any talents and hobbies such as playing instruments, painting, dancing, cooking etc. are welcome 😊

More information

Volunteers' blog: www.evsinpultusk.blogspot.com

Facebook: www.facebook.com/fiyepolska

Nursery School with Integration Classes No 4

Project dates: 1st February 2016 – 31st July 2016

Theme: pedagogy and didactics; intercultural/intergenerational education

Location: Pultusk, Poland

Website: www.pm4pultusk.szkolnastrona.pl

Number of volunteers: 2

About the receiving organisation

Nursery School with Integration Classes No 4 is one of 3 municipal nursery schools in Pultusk. It consists of 2 units in No 3 Krajewskiego Street and No 7 Konopnicka Street in Pultusk. Since 2008 the institution has run integration class for children with developmental disorders. The unit in Krajewskiego Street has 5 classes, the one in Konopnicka Street - 3. Each class is run by 2 teachers and 1 person of service staff. The integration class is additionally supported by a teaching assistant.

In everyday work the teachers apply openness and active educational methods meeting the needs of the children and developing their creativity. The children learn through individual play as well as play in a team, which has organisational, corrective and compensatory character and strengthen their integration. During their stay in the nursery school the pupils complete the core Curriculum and have access to wide range of extra classes such as English, dancing, pottery, gymnastics, corrective therapy, Catholic religion and speech therapy. They participate in local events, celebrations and competitions, in which they present their skills and use them in practice.

The nursery school creates conditions for full integration between disabled and non-disabled children during their everyday activities. In addition, the disabled children have access to sensory integration therapy and speech therapy. In the integration class the Montessori's method is also used.

Role and tasks of the volunteers

The volunteers will be supporting the staff of the nursery school in conducting educational activities and everyday care of the pupils.

TYPE	EXAMPLES OF TASKS
Everyday activities	<ul style="list-style-type: none">- help with preparing games and educational activities,- help with preparing educational materials,- help in organising walks and excursions,- help in organising celebrations and special events in the nursery school,- helping children with self-service activities,- looking after the children during their plays inside and at the playground.
Volunteer initiative	<ul style="list-style-type: none">- preparing performances or puppet shows,- running language, artistic or music activities,- running intercultural workshops, eg. cooking, presenting traditions

Working time: The volunteers will be working from Monday to Friday from 9 AM to 3 PM. The work will require some self-preparation at home. The volunteers are welcome to join and/or co-organise the activities offered by the coordinating organisation e.g. tandem or board games meetings.

Practical arrangements

Accommodation: Shared rooms (2 people in one, spacious room) in a 3-room-flat (2 sleeping rooms and 1 common room). The flat has a fully equipped kitchen and bathroom with a washing machine. The building is located in the main street which makes the place a bit loud.

Food: The volunteers will be receiving 400 PLN (about 95 EUR) per month which is sufficient in a small town such as Pultusk. We expect that the volunteers will be mostly cooking for themselves as in Poland eating in bars or restaurants is still much more expensive than eating at home and is done from time to time.

Local transportation: The nursery is located in a walking distance from volunteers' flat.

Pocket money: 85 EUR per month

Volunteer's profile

- age 18 – 30,
- resident of Erasmus+ Programme Country,
- motivated to work as a volunteer (no paid work nor studies are allowed during your project) and willing to learn,
- reliable and diligent,
- friendly, warm-hearted, caring and patient, who makes relationship with children easily,
- independent and ready to have own ideas and initiative,
- ready to dialogue and cooperation in case of conflict situations,
- manual, music, dancing or acting skills or experiences as well as interest in sports will be very, very helpful at work!

Note: The volunteers will have to provide a medical certificate proving that there are no medical contraindications to work with children. It should contain an X-ray and tests for carriers of bacteria of the genus Salmonella and Shigella. The volunteers will also have to provide criminal record check.

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Comments

This will be the first time when the nursery school cooperates with foreign volunteers which means that it may be a challenging period for both sides. Keep in mind that some things may not be well-organised or there will be problems with communication.

The staff does not speak English but some of the teachers are currently learning the language. We recommend the project to people from Slavic-speaking countries or those who are very motivated to learn Polish.

Pultusk

Pultusk is a small and quiet Polish town of about 20 thousands inhabitants. In spite of being a small town, Pultusk has some touristic attractions. You can enjoy boating and kayaking on Narew River, have walks in its green parks or stroll in the old part of the town with the castle (currently a hotel) and old tenement houses. And of course, Pultusk is proud of its town square that is said to be the longest paved town square in Europe.



During the week you will enjoy relaxed atmosphere of a small Polish town and see ordinary citizens' lifestyle. The town has all the modern infrastructure needed— many supermarkets, small shops, sport centre and a swimming pool, several schools and even the Academy of Humanities.

Night life of Pultusk is not that bright and full of events but you will always find a nice place to drink a beer with other volunteers. During the summer events such as concerts or happenings are organized. It is not far away from Warsaw so you can explore the capital of Poland during weekends.

You can see more pictures of Pultusk in the internet gallery of Rafal Grzelakowski:

<http://rafalgrzelakowski.megashot.net>

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