

Ferme du Faï LONG TERM VOLUNTEERING

PROJECT: The "Faï" is a farm that has been converted into a national and international meeting center. Our project aims at bringing together people from very different social and cultural backgrounds. Every year, international volunteers, families, disabled people, youth with social disabilities or tourists come during their free time to take part in the restoration of the farm, to take a holiday or to organize a specific project (theater plays, seminars...).

The participation of international volunteers in our project is a unique chance for all the residents to discover new cultures and promote volunteering. For the young people, volunteering in le Faï is an original way of discovering our social and environmental project and to take on responsibilities.

SOCIAL ENVIRONMENT: Our project is based in a very rural environment. The first village is 20min far walking. Although there are no shops there and only 80 inhabitants, people are very dynamic and friendly. They are working hard to maintain a social and economic life in their village and will be very happy to meet with you and invite you for a meal!



GEOGRAPHICAL ENVIRONMENT: The farm is situated in the low Alps (alt 1000) and is set behind a gigantic semi circled cliff of 400metres high. This cliff is used as a "natural organ" for our music festivals as it has a very original sound effect. The weather is the one you get in the south of France, it is sunny and dry although it gets quite chilly at night since we are in the mountains.



Tél. : 01 55 26 88 77 Fax : 01 53 26 03 26 secretariat@solidaritesjeunesses.org www.solidaritesjeunesses.org





LONG TERM VOLUNTEERS' MISSIONS:

- Welcome, orientate and support the short term volunteers as well as the individuals, groups and families who stay at the farm.

- Take on responsibilities in the organization of collective life: organize rotations so that everybody take part in daily tasks (cooking, cleaning, preparing the menus, making shopping lists, watering the plants, feeding the animals, taking care of our garden)

- Set up activities for all the residents of the farm with the support of the staff. There is a large range of possibilities to do so (festive evenings around our traditional bread oven, barbecues, thematic evenings, organizing a concert, a party, a debate etc...).

- Organize collective outings and visits throughout the region with the group of volunteers.

- Take part in the organization and the promotion of the local festivals taking place in the villages roundabout (this is one of the best ways to meet with the locals!).

If you are interested in becoming a group leader in some of the international workcamps that take place in the villages, you are most welcome to do so. In this case, you will be trained by our team and/or in partnership with other regional delegations of Solidarités Jeunesses.

THE GROUP: There are up to 6 international volunteers in the lowest part of the season (April-May; September-October) and up to 15 international volunteers in the heart of the season (July and August). However, we strongly encourage you to meet with the other residents of the farm who come to work and meet with you (families, young people etc.) instead of creating a separate group.



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LANGUAGE: Although many people understand English, we hope that you will try some words of French. Most of the people that you will get to meet have not been to University and cannot speak a foreign language!

FREE TIME: The farm is set in a splendid natural environment. On a daily basis, there are many possibilities of trekking in the mountains, meeting with the shepherd, swimming in the cascades...

You will also be able to discover and visit the region during your free time. Please be aware that you may be asked to help out our staff on some of your week-ends (especially in the months of July and August), as most of our activities do not stop on the week-ends. In this case, we make our best so that you can catch up during the week.

ACCOMODATION: You are host in a bedroom with a maximum of four roommates during the peak of the season (July and August). We provide long term volunteers with a pair of sheets and blankets. However, do not forget to take a sleeping bag for your weekends and travels out of the farm.

INTERNET ACCESS AND TELEPHONE: Although there is an Internet access at the farm, volunteers are not allowed to use it as it is reserved for the staff. The closest Internet centre is in Veynes (20km) and is free. However, in case of an emergency, homesickness or any urgent matters, please do not hesitate to ask for help, we have never denied it to anybody so far! There is a phone point at the farm which works with telephone cards and where you can be joined.



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FAMILY AND FRIENDS: Your family and friends are welcome to visit you during your volunteering. We ask for a participation fee of 5€ per day per person for board and lodging.

DON'T FORGET: Rucksack, sleeping bag, a K-way, warm clothes, working clothes, good shoes, a swimsuit, a flashlight, your music, energy and documentation or pictures of your country.

TRANSPORT: Only transportation linked to the workcamp or to collective outings will be organized and undertaken by the host organization.

INSURANCE: Your registration includes civil responsibility and accident insurance. This insurance does not cover illnesses that may arise during your stay. EVS volunteers are covered by AXA.

MEETING POINT: It is better to arrive on a Monday, or otherwise another day if the week, not during the week-end. We will come to collect you at the station in Veynes, and we will go to le Faï together. It is essential that you confirm your arrival a few days in advance (Email is the best). When you arrive at the station, please call us on 00 33-4.92.58.07.07 to let us know that you are there. Don't forget to take some change and a telephone card.



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HOW TO ARRIVE

BY PLANE

You can fly to Lyon and take the train to Grenoble. If you fly to Paris, you will also have to take a train to Grenoble. From Grenoble, take another train (see below).

BY TRAIN From Paris (Gare de Lyon), go to Grenoble. From Grenoble, take a train in the direction of Gap and stop at VEYNES. From Marseille, take the direction of Veynes or Gap, stop at VEYNES Check train timetables on: <u>http://www.voyages-sncf.com/</u>

WORKCAMP ADDRESS

Jean-Michel PILLONE Ferme du Faï 05400 LE SAIX Tel : + 33 4 92 58 07 07 Mail : lefaijmp@gmail.com

REGIONAL DELEGATION ADDRESS

Clotilde FENOY 39 rue Surville 05400 VEYNES Tel : + 33 4 92 57 26 80 mail : <u>villagesdesjeunes@free.fr</u>

To know more: SOLIDARITES JEUNESSES is an association of the Law of 1901. It was the French branch of the international movement Youth Action for Peace founded by French and German Protestants in 1923, in the aftermath of the First World War. From the beginning, YAP has been a lay movement, convinced of the necessity of crossing national, cultural and religious borders in order to work for peace.

Solidarités Jeunesses has a regional network of associations, and has used these to develop an action towards and with the youth, during international workcamps, places of multicultural and intergenerational exchange and active solidarity.



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